Rule Book



2019 Scenic City Youth Football League

Scenic City Youth Football League Coach's Code of Ethics

The function of a coach in the Scenic City Football League (SCYFL) is to be aware of and provide to the children in their charge the opportunity for fun and enjoyment, teach proper football skills and techniques, to practice good sportsmanship and physical fitness, which are the emphasis of the SCYFL.

The coach shall be aware that they have a tremendous influence, for either good or ill, on each player and thus shall never place the value of winning above the value of instilling the highest ideals of character.

The coach shall uphold the honor and dignity as a coach in all personal contact with players, officials and the public. The coach shall strive to set an example of the highest ethical and moral conduct.

The coach shall take an active role in the prevention of drug, alcohol and tobacco abuse.

The coach shall avoid the use of alcohol and tobacco products when in contact with players.

The coach shall master the contest rules and shall teach them to the team members.

The coach shall not seek and advantage by circumvention of the spirit or letter of the rules.

The coach shall exert his or her influence to enhance sportsmanship by spectators, both directly and by working closely with the game administrators and league officials.

The coach shall respect and support contest officials. The coach shall not indulge in conduct which would incite players or spectators against officials. Public criticism of league officials, game officials or players are considered unethical.

The coach should meet and exchange cordial greetings with the opposing coach to set the correct tone for the game before and after the contest.

Sport Concussion Law

In April 2013, Tennessee became the 44th state to pass a sport concussion law designed to reduce youth sports concussions and increase awareness of traumatic brain injury. The legislation, <u>Public Chapter 148</u>, has three key components:

- 1. To inform and educate coaches, youth athletes and their parents and require them to sign a concussion information form before competing.
- 2. To require removal of a youth athlete who appears to have suffered a concussion from play or practice at the time of the suspected concussion.
- 3. To require a youth athlete to be cleared by a licensed health care professional before returning to play or practice.

Both public and private school sports and recreational leagues for children under age 18 that require a fee are affected by the new law. The law covers all sports.

According to the Centers for Disease Control and Prevention, a concussion is a type of traumatic brain injury that changes the way the brain normally works. Most concussions occur without loss of consciousness. Athletes who have, at any point in their lives, had a concussion have an increased risk for another concussion. Young children and teens are more likely to get a concussion and take longer to recover than adults. The new concussion law is an opportunity to make playing sports safer for Tennessee's young athletes.

Listed below are the websites to obtain the required forms, trainings and guidelines that will equip coaches, parents and athletes to recognize and respond to sports related concussion.

www.cdc.gov/concussion/Headsup/training/index.html

www.nfhslearn.com/electiveDetail.aspx?courseID=38000

Background Screening

Scenic City Youth Football League Volunteer Screening/Background Check Policy

PURPOSE

It is the intent of this policy to establish certain guidelines wherein the Scenic City Youth Football League ("SCYFL") and its affiliated recreation centers can seek to protect our program participants by investigating the background of administrators, coaches and volunteers who will be coaching in or administering SCYFL sanctioned programs.

GENERAL

- A. Criminal background screenings are conducted by an outside third party who specializes in such work.
- B. Any person who has been found guilty, pled guilty; or pled no contest, regardless of adjudication, or has a pending charge pertaining to, any of the disqualifying offenses listed in this policy will be immediately disqualified from administrative, coaching and/or volunteer positions with the SCYFL or an associated recreation center. The SCYFL also reserves the right to disqualify a person for any crime that would be considered a potential risk to children and/or vulnerable populations. A candidate who willfully fails to comply with this background screening policy shall be automatically disqualified.
- C. This policy will apply to all SCYFL administrators, coaches and volunteers. Both head and assistant coaches participating in sanctioned SCYFL athletic leagues. If a recreation center already conducts background screenings on their coaches and volunteers then these screenings will be accepted. If there is any doubt as to who should be screened, the general rule is anyone who would potentially have unsupervised access to children in an SCYFL approved program. Each administrator/coach/volunteer will be screened when they first volunteer for the position and then every 12 months thereafter for as long as he/she continues participating in SCYFL sanctioned programs. The criminal background screening is mandatory, there are no exceptions.

SCREENING PROCESS

All candidates for the above-mentioned positions must sign a Release Form for Criminal History, which give the SCYFL the right to check

criminal history records and verifies social security numbers. This work is executed directly, through www.protectyouthsports.com, and the secure URL at which coaches can execute their SCYFL background check will be provided by them.

The cost associated with these background screenings will be paid by the administrator, coach or volunteer.

No other personal information (e.g. work history, financial, credit, etc.) is checked or researched. The company executing background checks has agreed to such terms contractually, and confirms such direction annually.

The company never forwards any individual's information to the league where no issues are discovered.

The third party contractor conducting the checks will cross-reference the screening results with the disqualifying crimes listed in this policy. A pass/fail grade will then be relayed to the SCYFL based on the cross-reference. A pass grade for any candidate that has zero disqualifying crime matches, a fail grade for any candidate that has one or more disqualifying crime matches. All information pertaining to the background check will remain with the third party contractor, subject to the applicable laws requiring disclosure. The SCYFL will not be informed of the results of any background check; rather, the SCYFL will only be issued a pass/fail grade for each candidate.

If the third party contractor reports any "fail" grade to the SCYFL, the SCYFL shall notify the candidate that he or she is disqualified for their desired position. The SCYFL will also notify the appropriate recreation center if their candidate is disqualified. Upon request, the candidate will receive a copy of the background check from the third party contractor.

CONFIDENTIALITY

To help ensure confidentiality, recreation center board members and the SCYFL administrators should not be notified of a coach's criminal history. The criminal background reports shall be kept in a secure location by the third party contractor for a period as required by applicable law.

APPEALS PROCESS

If a candidate's background check includes a charge set forth on the list of disqualifiers below, the SCYFL shall immediately disqualify a person from their position. There shall be no appeal of a decision to disqualify a candidate, if the candidate's relevant criminal history is accurate; all decisions are final.

If a candidate wishes to dispute the content of the profile report, the candidate shall contact the third party responsible for conducting the background check by calling the telephone number listed on the report. The candidate is responsible for providing any or all documentation to support his or her claim.

DISQUALIFYING CRIMES

If a candidate (1) has been convicted of, (2) has a charge pending against him or her in which it is alleged that he or she has committed any of the following crimes, or (3) has a record of a conviction of an equivalent offense in another state, the candidate will be disqualified from the position with any program approved by the SCYFL.

All Sex Offenses

Examples include, but are not limited to: child molestation, rape, sexual assault, sexual battery, sodomy, prostitution, solicitation, indecent, exposure, etc.

All Felony Violence Offenses

Examples include, but are not limited to: murder, manslaughter, aggravated assault, kidnapping, robbery, aggravated burglary, etc.

All Felony offenses other than violence or sex within the past ten (10) years.

Examples include, but are not limited to: drug offenses, theft, embezzlement, fraud, child endangerment, etc.

All Misdemeanor Violence offenses within the past seven (7) years. Examples include, but are not limited to: simple assault, battery, domestic violence, hit and run, etc.

Two (2) Misdemeanor Alcohol offenses within the past three (3) years or three (3) or more offenses within the past ten (10) years. Examples include, but are not limited to: driving under the influence, drunk and disorderly, public intoxication, etc.

All Misdemeanor Drug offenses within the past five (5) years or two (2) or more offenses within the past ten (10) years.

Examples included, but are not limited to: simple drug possession, possession of drug paraphernalia, etc.

Any other misdemeanor within the past five (5) years that would be considered a potential danger to children.

Examples include, but are not limited to: contributing to the delinquency of a minor, providing alcohol to a minor, etc.

WHY THESE CRIMES?

The National Recreation and Park Association (NRPA) has reviewed the resources of the National Association of Professional Background Screeners and sought the counsel of recognized background screening experts to develop a set of Recommended Guidelines for Volunteer Background Screening in park and recreation settings. These guidelines were produced as a result of this review.

Any coach participating on the field MUST have a concussion certificate and passing background check certificate on file to participate as a coach. No exceptions will be made

<u>Definition of a Rec. Park- Must offer all ages 5-12. it must have the facilities, concessions, bathrooms, fields, ect. in your community. It must have a board of directors, be available to anyone interested and post sign ups.</u>

A= PARKS

*ALL PARKS WILL BE VOTED ON A YEARLY BASIS. (16 Park Limit)

The purpose of the league is to provide an organized recreational football program for children, ages 12 and under, who are interested in playing and learning the skills of football and good sportsmanship.

MAJOR EMPHASIS OF THIS LEAGUE:

- 1. To provide these children an opportunity for fun and enjoyment.
- 2. To teach participants football skills and techniques.
- 3. To practice good sportsmanship and physical fitness.

This program will always promote safety first, by adhering to strict controls over age, weight, proper equipment and behavior of all participants, adults, coaches, officials and spectators.

- *All parks must have a mandatory coaches meeting.
- *There must be a league representative present at any draft.

B= ORGANIZATIONAL STRUCTURE:

The governing authority of the SCYFL will be made up of league presidents from these presidents will meet, discuss and agree to all rules and by-laws that relate to the operations of the SCYFL. This league will be governed by the (Roberts Rules of Order). The presidents can appoint anyone they deem necessary to assist with day-to-day operations.

EXECUTIVE BOARD AND PARK PRESIDENTS MUST BE PRESENT TO VOTE.

A league president will be elected at the beginning of each year by the league presidents. It will be the responsibility of these presidents to see that all rules and by-laws are carried out, and to see that schedules are made and followed.

The governing authority of the SCYFL reserves the right to change or modify any rule or by-law, when it is deemed necessary to promote good sportsmanship and/or safe game practices.

The governing authority agrees to meet and discuss any complaint those players, coach, or parent may have. Once both sides of the complaint are heard, the governing authority will rule on that complaint, once a ruling is made, there is no appeal process.

A league president can authorize a stand in for meetings. This is not encouraged and should only be done in the event of an emergency. This stand in will only vote if the league president authorizes them to do so, by notifying the other parks president.

\$50.00 FINE IMPOSED IF MEETING IS NOT ATTENDED BY A LEAGUE REP.

Anything not covered by these rules and bylaws can be decided by a majority vote of the governing authority of the SCYFL. Any other organization that wishes to join into the SCYFL may do so by applying to the SCYFL's governing authority. All members of the authority will then vote.

C= LIABILITY INSURANCE

The SCYFL governing authority, league president, coaches, officials, manager and/or sponsors, or any other person(s) that are working in the SCYFL shall not be held responsible for any injuries to persons or property as a result of this program.

Each organization/league will be responsible for their own insurance and/or team's welfare, regardless of where they are playing.

Each organization/league will have a medical release form signed by a parent of each player in the event that medical treatment is needed at an away game, when no parent is there to authorize it.

D= LEAGUE FEE

Each organization shall pay a \$150.00 registration fee per team annually but never to exceed \$1000.00 per organization, prior to the jamboree, to join the SCYFL. This money is used to pay for trophies or any other costs agreed upon by majority of the SCYFL governing authority.

E= TEAMS

Each organization/league will offer football to children in the following age groups: 5/6 year old 7-year-old 8 year old 9 year old 10 year old 11/12 year old

SIGN-UPS (each organization/league is responsible for holding their own sign-ups)

1. No sign ups to begin until June 1st.

- 2. Mandatory sign-ups June 1st through the last Saturday in July.
- 3. Parks may sign up players until Jamboree, park option. All teams will be decided by August 15, you can add players to the teams until the Jamboree but no new teams to be added after August 15. Sign-ups can be re-opened if deemed necessary by the governing authority of the SCYFL. A coach who is in need of players can contact their respective league president, who will contact the other presidents of the SCYFL to re-open signups.
- 4. Teams will start with a minimum of 11 players and a maximum of 28 players. Teams are allowed five coaches. Must split teams at 29.
- 5. Parks may hold drafts anytime after August 1st and a league representative **must** be present for the drafts.
- 6. Organized team practices, conditioning, or practices in full pads cannot begin until July 15th. No Team practices, conditioning practices, or full padded practices to start before July 15th. **SCYFL highly encourages the use of the TSSAA acclimation rules for all parks.**

TRANSFERS: ZERO transfers allowed, not including a verified move with proof. (old & new utility bill reflecting address changes) Players cannot transfer from Rec. to Rec. without documented approval from park transferring from & park transferring to. Once documentation is signed and approved, the SCYFL Board will have final approval with majority vote. Court orders will be considered on a case by case basis. All move transfers must be turned in to age group director by July 31st.

The cut-off birthdates for all age groups is before May first of each year. Each organization/league with two or more teams per age group will draft each team equally, no select teams. Sparsely populated areas may submit one team with the approval of the SCYFL. Example: If you are 8 years old & born on or before April 30th, you will play as an 8 year old. Your age on April 30th is your playing age. All players to play in their age group unless approved by SCYFL Board by majority vote.

Any park that does not have enough to fill a team must submit a roster of those players to the appropriate age group director to be released. Only these players will be released. Those players may return to their home park the following year if so desired

F= PLAY TIME

Every player who is actively participating in practice and games will be required to have a starting position on the team and to play a minimum of two quarters (1st & 3rd) either offense or defense per game. Failure to do so will result in a forfeit. Any team with more than 22 players, those players must play at least 2 quarters (2nd & 4th.) If a player starts on offense in the 1st qtr, they must start on offense in the 3rd

qtr. If a player starts on defense in the 1^{st} qtr, they must start on defense in the 3^{rd} qtr. Same applies to the over 22-player team with players in 2^{rd} & 4^{th} qtrs.

Any coach caught not playing kids as rule states is automatic minimum one game suspension. He must then come before the ethics committee, appointed by the President, for further sanctions. Second offense, coach would be re-moved for remainder of season including playoffs.

If a player is to be disciplined and are not going to play in the game they must remove their helmet and shoulder pads. They will not be able to play in that game. If a coach or parent is going to discipline a player they must do it for the whole game, they cannot just pick a quarter to discipline. The head coach must notify the other coach & official during the pregame.

If a team has nine players, that coach may choose to play with nine players, the opposing team will play with 11. The league will allow a 10-minute wait time of the scheduled game time before they forfeit. A Team cannot play with less than nine players. If a player is coming in late they may play, coaches option.

Nine Player Rule: One time with nine players (next time will be forfeit.) Opposing coaches' option to drop to nine players. New forfeit fee raised to \$250.00 and it will go to hosting park. If hosting team forfeits they will pay refs and forfeit fee to SCYFL. Forfeit fees must be paid with team fees. If it is used it must be replaced by the next game, if not used it will be refunded to each park once season is over.

If not paid, the SCFYL has the option to not let the team's park that forfeits the game, back into the SCYFL the following season.

Any player playing for any other team including middle school is not eligible to play in the SCYFL. If found playing on another team, other than the rostered SCYFL team, all games the player played in will be forfeited and coach dismissed from coaching.

Note: Any offensive or defensive coach that is not 10 yards deep from the deepest player or yells out in the direction of the ball carrier will be penalized 15 yards unsportsmanlike conduct. This will be strictly enforced. After two unsportsmanlike penalties, the coach shall be replaced on the field as coach.

NO COACHING allowed after ball snap.

More specific rules for each individual age group will be as follows.

5 thru 8 YEAR OLD

- 1. Shall play 8-minute quarters with an 5 minute half time.
- Defensive lineman must line up on the outside shoulder of the offensive guard. All interior defensive linemen (Tackle to Tackle) <u>MUST</u> be in a 3 or 4 point stance (exception: DE). Defensive guards must engage the outside shoulder of the offensive guard before going into the "A" gap or 0,1,2 holes.
- 3. No nose guard allowed. Any linebacker inside the tackle box (Tackle to Tackle) must be five yards off the line of scrimmage.
- 4. NO offensive plays are allowed to be run through the "A" gaps (Inside of offensive guard to inside of offensive guard) or 0,1,2 holes.
- 5. Offensive center/guards can't have splits more than one arm length apart.
- 6. Coaches must be at least 10 yards behind the deepest player before the snap. Coaches cannot follow the play(s) down the field while a play is in progress or instruct his players either on offense or defense once the ball is snapped. 5/6 & 7 year old-2 coaches & 8 year old-1 coach on the field.
- Offensive NON-STICKERED players are not allowed to line up in the
 offensive backfield. Offensive NON –STICKERED players are allowed to
 receive a pass but will be immediately marked down and can't advance the
 football forward.
- 8. Defensive NON-STICKERED players are allowed to advance fumbles and or interceptions.
- 9. The ready for play signal or time to snap the ball is 40 seconds.
- 10. No kick-offs/punts. Kick-offs will be place on the 40-yard line. On the 4th down, the team can go for a 1st down or announce a punt. The ball will be advanced 30 yards from the down marker; ball cannot be advanced inside the 20 yard line.
- 11. Scoring: 6 points-TD, 1 point running extra point, 2 points passing extra point. (must be forward pass beyond the line of scrimmage). All PATs and field goals will be live.
- 12. Clock stops per TSSAA High School Rules. Clock will stop to move or reset chains.
- 13. Two time-outs allowed per half.
- 14. Safety: Ball will be placed on 50-yard line.

*(5-6 ONLY) The Clock will start on the ready to play signal by the referee if the clock was stopped due to a player in possession of the ball goes out-of-bounds or following an incomplete pass. This rule will be enforced except for the final two minutes of each half when the clock will stop until the snap of the next ball and after penalties (regular timing rules).

9 & 10 YEAR OLD

- 1. Shall play 8-minute quarters and an 5-minute half time.
- 2. One coach allowed on field for 4th quarter only, must remain 10 yards deep from line of scrimmage prior to the snap. Coach must remain 10 yards deep while play is in progress. No coaching after ball is snapped.
- 3. 30 seconds for ready, play, snap.
- 4. No live kick offs or punts allowed in 9&10. Ball will be placed on the 30-yard line at the beginning of each half. On 4th down, team can go for the 1st down or declare to punt with a 30-yard walk off.
- 5. Scoring: 6 point s-TD, 1 point-running extra point, 2 points passing extra point, must be a forward pass beyond the line of scrimmage. **All PATs and field goals will be live.**
- Normal clock stops per TSSAA High School Rules. Clock stops to move/ reset chains.
- 7. Two time-outs per half.
- 8. Linebackers/Defensive Backs that are inside of the tackle box (Tackle to Tackle) must play 5 yards deep from the scrimmage line and cannot rush any gaps until the ball is snapped.
- 9. Nose guard may be positioned over the center.
- 10. All interior defensive linemen (Tackle to Tackle) **MUST** be in a 3 or 4 point stance (exception: DE).
- 11. Offensive center/guards can't have splits more than one arm length apart.
- 12. Offensive NON-STICKERED players are not allowed to line up in the offensive backfield. Offensive NON –STICKERED players are allowed to receive a pass but will be immediately marked down and can't advance the football forward.
- Defensive NON-STICKERED players are allowed to advance fumbles and or interceptions.

11 & 12 YEAR OLD

- 1. Shall play 8-minute quarter with an 5 minute half time.
- 2. 25 seconds for ready, play, snap.
- 3. Kick-off and punting is mandatory. Kick-off is from the 40-yard line on 100-yard fields and the 30-yard line on 80-yard fields.
- 4. Scoring: (6) points-TD, (2) points-passing or (1) point running extra point, (3) points-field goal. Rushing allowed on all kicks and punts. Must be a forward pass. All PATs and field goals will be live. Onside kicks can be inside or outside of the hash marks.
- Normal clock stops per TSSAA High School Rules. Clock will stop to move or reset chains.
- 6. No coaches allowed on field, offense or defense.
- 7. Two time-outs per half.
- Only Stickered players will be allowed to return punts and kick-offs. In the event a non-stickered player receives the ball they will not be allowed to advance it.
- Punter must be stickered. Punter can not walk up to the line of scrimmage and kick the ball. Must be at least 5 yards from the line of scrimmage to punt.
- 10. All interior defensive linemen (Tackle to Tackle) **MUST** be in a 3 or 4 point stance (exception: DE).
- 11. Offensive NON-STICKERED players are not allowed to line up in the offensive backfield. Offensive NON -STICKERED players are allowed to receive a pass but will be immediately marked down and can't advance the football forward.
- 12. Defensive NON-STICKERED players are allowed to advance fumbles and or interceptions.

G= WEIGHT LIMIT/ILLEGAL PLAYERS

There is a weight limit for all offensive backs in each age group. All offensive backs must weigh in and have their weight recorded prior to playing in the Jamboree. No weigh-ins will be allowed after the last scheduled weigh-in. A control # will be on each sticker and the # will be recorded. A non-stickered player may not line up in the offensive backfield. Any weigh-in must be observed by at least two SCYFL officials. There is no weight limit on offensive ends or receivers going out for a pass. Offensive ends and receivers cannot run the end around or reverse if they have not been properly weighted in and had their weight recorded. There will be no limit placed on the number of kids that can run the ball. A play shall become dead and

the ball will be spotted at the point of reception when a player who is not eligible to run the ball if he receives a pass.

5&6 YEAR OLDS	(70)	LBS (GYM SHORTS)
7 YEAR OLDS	(80)	LBS (GYM SHORTS)
8 YEAR OLDS	(90)	LBS (GYM SHORTS)
9 YEAR OLDS	(105)	LBS (GYM SHORTS)
10 YEAR OLDS	(120)	LBS (GYM SHORTS)
11&12 YEAR OLDS	(150).	LBS (GYM SHORTS)

Each organization/league is responsible for verifying their players correct age. Opposing coaches can request to look at any players' birth certificate. Each coach is required to turn in to the league a notebook with a copy of each player's birth certificate, a full roster, coach's concussion forms and a team photo. Each notebook will be returned at the end of the season.

Any coach who knowingly plays an illegal player shall be dismissed from coaching.

Any team playing an illegal player will have their games forfeited. The opposing team shall be credited with that win and the offending team can be removed from the league.

In the event of a cancellation, the referees must be notified at least 2 hours in advance. If they are not notified and make a trip to your facility, you will be responsible for paying them for the game.

H= 24 POINT SPREAD RULE/MERCY RULE

During regular season games, if the point differential is 24 points or more, the game is officially over and the final score is recorded at that time. The clock will only stop for charged time outs, injuries, and scores. The try will be an untimed down. The clock shall start when the ball is snapped on the first play following a score for age groups 5-8 and when the ball is kicked on the kickoff for ages 9-12. The winning team will pull its primary players/starters from the skilled positions including the offensive backfield and play other players in those positions. If not all primary players can be pulled, these players must be moved to non-key positions.

The losing team will have the ball placed on the 20-yard line of the winning team. They will maintain possession of the ball until they go through their allotted number of downs by turnover or score. If the ball in turned over on downs, the winning team takes over and the continuation of regular play is started. If the winning team scores, the procedure will be repeated. Upon the losing team scoring, the ball is

placed as on the first play following a score for age groups 5-10 and a kickoff will take place for ages 11-12. This procedure will be for all regular season games and is not an option.

For playoffs, beginning with the point differential of 24 points or more the procedure will be for the continuation of regular play with the clock being continuously run and only stopped for official timeouts. The winning team is not required to pull its primary players/starters from the skilled positions. If the point differential goes below 24 points, regular timing rules will be used.

The Mercy Rule is not an option in regular season or playoff games. Coaches whom intentionally do not make an effort to abide by the Mercy Rule will be brought before the governing authority of the SCYFL who will decide what penalty to be imposed for violation. If a coach is brought a second time, the coach can be suspended from their coaching duties.

I= OFFICIALS

The SCYFL is responsible for scheduling of TSSAA officials for all games played on their home fields. Officials are paid by the hosting organizations gate admissions. There will be three Officials for all games.

Officials can be scheduled by calling or texting Warren Diegel at 503-0767, or emailing him at wdiegel@gmail.com. Officials paid \$45.00 per game. Any problems with the officials, report it to your league president.

If, in the opinion of the referee, a player, manager, coach or scorekeeper conducts themselves in an unsportsmanlike manner, or commits any act, which maim or injury an opposing player if deemed deliberate, he/she will be ejected from the game and will not be allowed to return until its completion. If said person continues the unsportsmanlike conduct, such as heckling or baiting the referee, he/she shall be removed from the park.

When a player or coach is ejected from the game, the player or coach must sit out the entire next scheduled game. If a coach is ejected twice in the season, he/she must be removed from all coaching responsibilities.

The head coach is responsible for his coaches, parents, fans and players. Referees are going to be strict on all rules relating to this. In cases where a park has Homecoming you must notify the scheduling umpire so he can make necessary arrangements.

J= ADMISSION TO GAMES

Admission to regular season games at all locations and playoffs will be \$5.00 per person age thirteen (13) and above. Ages twelve (12) and under are free, & Senior Citizens (65+) are \$2.00. Finley Stadium admission will be \$6.00 & \$3.00. Absolutely no outside food or drinks allowed at Finley.

K= EQUIPMENT

All equipment must conform to TSSAA rules including but not limited to:

- 1. Mouthpieces must be colored and attached to helmet. Face shields must be clear. This equipment must be used during all games and practices.
- 2. Helmets and shoulder pads must be well fortified with foam rubber.
 - **MUST BE NOSHA APPROVED**
- 3. Pants must have hip pads, foam kneepads, hard fiber thigh pads and butt pad.
- 4. Shoe soles/cleats must be composed of rubber base. No metal, hard plastic, screw in or other similar synthetic products are allowed.
- 5. Footballs:

5 thru 8 YEAR OLD= JUNIOR SIZE OF K2 or similar brand 9 thru 12 YEAR OLD= JUNIOR SIZE-TDJ or similar brand

- * ALL BALLS MUST BE PROPERLY INFLATED TO REGULATION*
- *Visiting team must wear vest if same color- Home Park must provide vests

L= SPECIAL RULES

- No parent allowed on sidelines (including fence) except for the following:
 - -Coaches and assistant coaches
 - -Handling chains or down markers (adults only). Down markers will be held on the home team side.
 - -Timekeepers (approved by referee)
 - -PARENTS MUST REMAIN IN THE STANDS AT ALL TIMES
- All Rec Centers are responsible for security at the facility.
- Use of alcohol, profanity or tobacco is not allowed on the field or sideline.
 Enforcement of this rule will be according to TSSAA Rules.
- All games will conform to the TSSAA rulebook for High School with the exception of those being listed and agreed upon within these by-laws.

- No Electronic devices are to be used on sidelines or game field. Ex. Go
 Pro's, video cameras, cell phones, drones, blue tooths, headsets, walkietalkies, etc....
- All rescheduling must be done by the governing authority.
- In the event of a tie ball game, it will go into overtime as directed by TSSAA
 High School Rules. There will be a limit of one overtime per game during
 week days/school nights and two on weekends. Playoffs will have no limit.
- Play cards must be on wrist.
- If helmet comes off, not due to contact, player must exit for one play.
- Kick-offs: no contact until ball travels 10 yards. (11/12 only)
- If a coach is arrested or has been arrested and charged, He/She is indefinitely suspended until the case has been finalized.
- Fighting by coaches and players is an automatic ejection
 Penalty: Player-suspended that game and next game
 Coach-suspended rest of season and must meet with discipline committee before being re-instated.
- Two un-sportsmanlike penalties in a game will result in automatic ejection.

 Penalty: Player-suspended that game and next game

 Coach-suspended that game and next game

 (Discipline committee has right to increase suspension due to severity of penalty.)

*Blocking below the waist

A player shall not block an opponent below the waist except to tackle a runner or player pretending to be a runner. Blocking below the waist is making initial contact below the waist from the front or side against an opponent other than a runner. Contact with an opponent's hand(s) below the waist that continues into the body below the waist is considered blocking below the waist. No blocking in the back in free blocking zone.

M= JAMBOREE AND PLAYOFFS

The locations for the Jamboree and Play-Offs will be decided upon at the beginning of the season. The Jamboree and Play-Offs will be rotated between all of the participating organizations.

During the jamboree, the field will be split: two teams on each end. At the end of 30 minutes, two teams will swap ends. The clock will run nonstop, it will only stop for

serious injuries. There will be two refs on each end of field. For the first half the home team will be on offense, visitors will be on defense. For the second half, home team will be defense and visitors will be offense. We will have 12-minute periods with a 3-minute break, running clock.

All offensive backs/ball runners are required to weigh in and have their weight recorded prior to play in the Jamboree. Refer to section F for additional information regarding this requirement.

No kick-offs during the Jamboree

- *In Play-Offs no interpark play first round only.
- *In Play-Offs, after 3rd overtime period, both teams must go for the 2pt conversion.

N= PREGAME ADMINISTRATION

Before the play of each game call together the head coaches, football umpires and officials. Ask if there are any questions of clarification before the game begins. Make sure to at least go over these rules before each game.

- Playtime Rule: Each player has a starting position for two complete quarters, and must play in at least half of the game. If any player is not to play for sickness, injury or discipline reasons make sure they are not in helmet and shoulder pads. Let the official and opposing coach know at the coin toss prior to the game starting. If player refuses to play he cannot reenter game once he sits, notify officials.
- Only five coaches with passes on sidelines. No exceptions! No water boys, no unapproved photographers, no cheer coaches, no family (extended or otherwise) on the sidelines.
- Extra point: 2-point try must be a forward pass beyond the line of scrimmage to count as a 2-point conversion.
- SCYFL reverts to TSSAA rulings if not listed in the SCYFL Rule Book.
- There is no protest procedures after a game is ruled complete, any situation must be handled during the game. IF any situation occurs, time may be called and the SCYFL Officials called to the field to make a league ruling.
- Football Officials judgment may not be challenged. Once another play has been run, there is no going back to that situation. This conference MUST occur before the game is ruled over. If the ruling is in favor of the challenging coach, no time out will be charged, if that coach is over ruled a time out will be charged to that team. If that team does not have any time outs remaining a flag will be thrown and a 10-yard penalty will be enforced.

If additional conferencing is needed call the age director, Bobby Dunn-President or age group Vice-President.

- SCYFL Officials are present at all games.
- Chain Crew will be provided by the home team and MEMBERS MUST BE
 ATLEAST 16 YRS. OF AGE. THE CHAIN CREWS ARE TO ASSIST THE
 OFFICIALS WITH THE ADMINISTRTION OF THE GAME AND ARE NOT TO
 ASSIST WITH COACHING IN ANY FORM. THEY ARE NOT TO HECKLE OR
 HARASS THE OFFICIALS IN ANY WAY.

SCENIC CITY YOUTH FOOTBALL LEAGUE LEGAL DISPUTES

- Section 1.To encourage reasonable discussions between actual parties to any legal disputes regarding SCENIC CITY YOUTH FOOTBALL LEAGUE sanctioned activities; to prevent additional disputes between parties to legal disputes; to limit contact and communication between parties to a legal dispute when legal counsel to all parties are not present; and to establish procedures for the suspension from SCENIC CITY YOUTH FOOTBALL LEAGUE activities of those who are involved in legal disputes with SCENIC CITY YOUTH FOOTBALL LEAGUE.
- Section 2. Effective August 21, 2012 any Scenic City Youth Football League board member official, participant, official, team, coach, sponsor, related party (including but not limited to parents of participants, officials ect.) or any other person who threatens legal action against SCENIC CITY YOUTH FOOTBALL LEAGUE, or has a lawyer contact SCENIC CITY YOUTH FOOTBALL LEAGUE regarding a dispute of any kind shall be automatically suspended from all SCENIC CITY YOUTH FOOTBALL LEAGUE activities until such legal discussions with SCENIC CITY YOUTH FOOTBALL LEAGUE are concluded to the satisfaction of the SCENIC CITY YOUTH FOOTBALL LEAGUE board.

Further, if a legal action against SCENIC CITY YOUTH FOOTBALL LEAGUE is filed by a Scenic City Youth Football League board member official, participant, official, team, coach, sponsor, or related party (including but not limited to parents of participants, officials ect.) or any other person against SCENIC CITY YOUTH FOOTBALL LEAGUE, that persons (or any

related party's) team and each of its members may be suspended from all SCENIC CITY YOUTH FOOTBALL LEAGUE activities until such legal actions with SCENIC CITY YOUTH FOOTBALL LEAGUE are resolved to the satisfaction of the SCENIC CITY YOUTH FOOTBALL LEAGUE board.

Further, should any Scenic City Youth Football League board member official, participant, official, team, coach, sponsor, related party (including but not limited to parents of participants, officials ect.) or any other person who sues a Scenic City Youth Football League board member, official or other SCENIC CITY YOUTH FOOTBALL LEAGUE affiliate with respect to a dispute related to a SCENIC CITY YOUTH FOOTBALL LEAGUE sanctioned activity, may be suspended in their sole discretion by SCENIC CITY YOUTH FOOTBALL LEAGUE board.

Further, the President of Scenic City Youth Football League will be responsible for issuing the suspension until such time as it can be confirmed by the Board of Directors at the annual meeting or at a special meeting called for this purpose.

DISCIPLINARY / APPEALS BOARD

The SCYFL President will appoint a five (5) member board to decide discipline and corrective measures for SCYFL Rule Book Violations; consisting of those rules printed and published in the current SCYFL rule Book and any other activity, action, and/or performance that would result in shame and discredit to the Scenic City Youth Football League. This Board will also decide background check appeals. Once a situation is placed in the hands of this board, its decision(s) will be completed in a timely manner, and its decision(s) will be final.

RANKINGS AND SEEDINGS FOR PLAYOFFS

SCYFL will use a power rating system to determine rankings and seedings for the playoffs. Each age division will use the same rating system and will be done by the age group directors and other members of the SCYFL board.

COACHES BOOK CHECKLIST

These items must be in your coach's book and kept with you at all times. Directors can do random book check at any time during the year.

- 1. OFFICIAL TEAM ROSTER SUPPLIED BY SCYFL. MUST BE FULLY COMPLETED. EACH PLAYERS NAME MUST APPEAR AS IT DOES ON THEIR BIRTH CERTIFICATE
- 2. PROOF OF PARK INSURANCE
- 3. MEDICAL RELEASE FORM FOR EACH PLAYER
- 4. COPY OF EACH PLAYERS BIRTH CERTIFICATE
- 5. RECENT INDIVIDUAL PICTURE OF EACH PLAYER (no team picture)
- 6. CONCUSSION TRAINING CERTIFICATE FOR EACH COACH
- 7. COPY OF PASSING BACKGROUND CHECK FOR EACH COACH
- 8. RECENT INDIVIDUAL PICTURE OF EACH COACH
- **Please mirror the order of your book to match your roster**

SCENIC CITY YOUTH FOOTBALL LEAGUE

Social Media Policy

Scenic City Youth Football League ("SCYFL") recognizes the importance of the Internet in shaping the public's perception of our organization. SCYFL also recognizes the importance of our Board members, sport coordinators, sport committee members, coaches, and volunteers in leading and setting the tone of social media interactions in a manner that advances SCYFL's mission and goals.

Mission Statement

Scenic City Youth Football League is dedicated to the development of well-rounded youth through positive sports competition. We strive to develop fundamental skills through active participation of our players and to promote good sportsmanship from our players, coaches, and parents. Scenic City Youth Football League is dedicated to the support of the organized sports in the Chattanooga and surrounding areas. SCYFL believes that our mission is to provide these organized sports with as many athletes as possible that are as well prepared as possible for that next level.

Applicability

This Social Media Policy applies to all Board members, sport coordinators, sport committee members, coaches, and volunteers ("SCYFL Members"). This Social Media Policy applies to all social

media content posted by SCYFL Members in their professional and personal capacity to the extent such content is related to SCYFL.

Aspirations

SCYFL strives to create a positive and inclusive organization that is dedicated to helping young athletes reach their potential. In furtherance of this goal, SCYFL aspires to engage members of the Chattanooga area in a positive, honest, transparent, and knowledgeable dialogue about SCYFL through social media. SCYFL views social media as an important tool for communicating its successes and opportunities for athletic and individual development. SCYFL also views social media as a platform for receiving constructive feedback from the community and for discussing SCYFL's challenges and opportunities for improvement in a positive and constructive way.

Guidelines

All SCYFL Members shall abide by the following guidelines when using social media:

- 1. Be positive and respectful, and always take the high road. When disagreeing with others' opinions, remain appropriate and polite. If you find yourself in a situation online that is becoming antagonistic, ask the SCYFL Board or your sport coordinator for advice on how to disengage from the dialogue in a polite and respectful manner that reflects well on SCYFL.
- 2. Do not post content that would harm SCYFL or damage SCYFL's reputation. Remember that even while you are on your own personal time, you are a representative of SCYFL, and people may interpret your online postings or social interactions as though they were official SCYFL statements.
- 3. Use good judgment when posting comments on any official SCYFL sites. Bear in mind that your comments can create liability for SCYFL. If you are unsure whether a comment is appropriate to post, either do not post it or obtain prior approval from the Board of Directors.

- 4. Be smart about what you publish. Once something is posted, it exists online forever. Ask yourself, "Would I want to see this published in the newspaper or posted on a billboard tomorrow or ten years from now?" If the answer is "no," do not post.
- 5. Encourage others to engage in positive interactions on social media. If you are concerned about any SCYFL Member's use of social media, please bring your concerns to the attention of your sport coordinator or a member of the SCYFL Board of Directors
- 6. Personally identifiable information (information, such as a name and date of birth and/or a street address which, when taken together, can identify a particular individual) should not be disclosed in any manner on official SCYFL social networking sites without the approval of the sport coordinator or SCYFL Board of Directors.

Violations of the Social Media Policy

The SCYFL Board of Directors shall have the authority to monitor and enforce this Social Media Policy. The SCYFL Board of Directors, and any individual appointed by the Board of Directors, shall have the authority to remove any inappropriate or offensive comments from official SCYFL sites and to block any individual or organization from posting on any official SCYFL social media platform if they determine, in their sole discretion, that such removal or block is in the best interests of SCYFL.

The failure of any SCYFL Member to adhere to this Social Media Policy shall be considered a violation of the SCYFL Code of Conduct, and any SCYFL Member who fails to adhere to this Social Media Policy shall be subject to disciplinary action, up to and including suspension or removal of such individual's involvement in SCYFL, in accordance with the SCYFL Disciplinary Procedures.

NAME	TITLE/PARK	EMAIL	PHONE
BOBBY DUNN	SCYFL PRESIDENT	bdunn39270@epbfi.com	423-596-1353
CARTHELL ROGERS	SCYFL VICE PRESIDENT	carthell1999@gmail.com	423-488-1999
ROGER STEVENS	SCYFL TREASURER	roger867@epbfi.com	423-508-4267
PETE LOWE	5-8 VICE PRESIDENT / HARRISON	plowe4450@gmail.com	423-847-7138
ELMER LEAK	9-12 VICE PRESIDENT / LAKESIDE	leakhome@bellsouth.net	423-802-7786
WARREN DIEGEL	OFFICIALS DIRECTOR / TSSAA	wdiegel@gmail.com	423-503-0767
RONNIE PHILLIPS	SCYFL CHAPLAIN	ronniep@abbashouse.com	423-762-2454
CARL KIMMELL	SCYFL WEBSITE ADMINISTRATOR	carlkimmell@icloud.com	423-839-6909
DAWN SIMPSON	CHEER COORDINATOR / HARRISON	dawn6@comcast.net	423-304-1308
SHAWNA SKILES	CHEER COORDINATOR / EAST RIDGE	sskiles@eastridgetn.gov	423-580-1166
DAVID HARPER	6 YR OLD DIRECTOR / HARRISON	dharper7506@epbfi.com	423-779-8899
CHASE PENDERGRAFT	6 YR OLD DIRECTOR / EAST HAMILTON	<u>chase@etnecanet.com</u>	423-309-5945
TODD WADE	7 YR OLD DIRECTOR / RED BANK	Rtwade230@gmail.com	423-488-5337
JEROME BLACK	7 YR OLD DIRECTOR / EAST HAMILTON	willieblack225@yahoo.com	423-314-3458
MARCUS WILLIAMS	8 YR OLD DIRECTOR / HIXSON	marcuslwilliams1@gmail.com	423-708-0217
TIM DELANEY	8 YR OLD DIRECTOR / ROSSVILLE	econopaintcha23@aol.com	706-996-1038
RYAN STEPHENS	9 YR OLD DIRECTOR / CLEVELAND	<u>clevelandyf@gmail.com</u>	423-458-0788
MARCUS MCKINNEY	9 YR OLD DIRECTOR / HIXSON	marcusmckinnie@gmail.com	423-994-5799
MARLON JONES	10 YR OLD DIRECTOR / LAKESIDE	marlonnj55@gmail.com	423-802-7742
KEVIN MOORE	10 YR OLD DIRECTOR / AVONDALE	mooredionmoore@gmail.com	423-637-6066
JACKIE PAYNE	12 YR OLD DIRECTOR / SODDY DAISY	payne24@epbfi.com	423-599-5625
DEREKE TOWNSEND	12 YR OLD DIRECTOR / AVONDALE	shynitac@aol.com	423-316-6712
EARL NICHOLS	DIRECTOR AT LARGE / EAST HAMILTON	easthamiltonyouthfootball@gmail.com	205-706-1915
ERIK SMITH	MIDDLE VALLEY	erik.smith13@gmail.com	423-504-2004
MARK BECK	CROMWELL	markbeck1978@icloud.com	423-208-4548
IASON MCCRARY	BOYNTON	moo.liema@1981.com	995-956-0366

Participating Parks

Hixson

Harrison

East Hamilton

East Ridge

Rossville

Soddy Daisy

Red Bank

Lakeside

Middle Valley (Jamboree)

Avondale (Jamboree)

Cleveland (Jamboree)

Cromwell

Boynton

Ringgold

Ooltewah