

ACCEPTABLE FOOTWEAR FOR SOCCER

The acceptable footwear for soccer will be a turf shoe. Turf shoes may be worn during practices and games. If turf shoes are not available then the other acceptable footwear would be tennis shoes. Cleats are only acceptable as footwear during regularly scheduled games. Cleats are not permitted during any other time.

A turf shoe is defined as a durable rubber outsole. Turf shoes feature small rubber studs or patterns on the outsole of the shoe. They have a somewhat flexible bottom resembling that of a tennis shoe.

A cleat is defined as a shoe with a rigid outsole. Cleats feature spikes or studs (fixed/molded or detachable) spread even over the outsole of the shoe. There are three main types of studs: bladed, hard round and round/conical. The studs may be made of plastic, rubber or metal tipped. Cleats do not have the flexibility of in the outsole as a turf shoe or tennis shoe does.

Acceptable Cleat



Acceptable Turf Shoe

