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QUSC NEWSLETTER

December 2016



I am excited to present to you
the first edition of the Quincy
United Soccer Club Newsletter!

This newsletter will be
distributed on a quarterly basis
throughout the year and will
include items such as club
updates, Q & A sessions with
coaches/players/board
members, upcoming events, and
a variety of other soccer content.
I hope that you take the time to
read it and interact with the
content!



Club Update

The fall of 2016 brought with it the opportunity for some new programs within QUSC. The first and most prominent of these programs was the Fall Developmental League that took place over an eight-week period at JWCC. We were able to offer a grassroots level program that provided an opportunity for foundational skill development through ten technical training sessions as well as the application of those skills in a game setting through six small-sided scrimmages. The inaugural year included 80+ kids within the birth years of 2008-2011. We were very excited with the number of kids that participated and the progress that was made throughout the program. We can't wait until next year!



Another new opportunity this fall was a six-week technical training program. Approximately 60 kids throughout our travel teams came out on Sunday afternoon/evenings to work on their individual technical ability. The training covered a variety of skills including passing, receiving, shooting, and dribbling. We thoroughly enjoyed seeing the development that occurred and are already looking for other ways to offer similar opportunities. Thank you to those that participated!



I would be remiss if I failed to mention the successes our travel teams enjoyed this fall. Almost every travel team age 2007 and above had the opportunity to participate in a fall tournament. The fall tournament was an excellent way for teams to begin coming together and working toward a comprehensive style of play due to the changes in team dynamics that occurred as a result of the birth year changes. Many teams enjoyed substantial success despite the new challenges they were faced with. A big shout out to the 2006 Girls Black and 2005 Boys Black on their first place finishes at the Metrofest tournament in Saint Louis!



Saint Louis Scott Gallagher Update

This fall has presented some substantial developments in regards to our partnership with SLSG. February 2016 was the first time that SLSG technical staff came to Quincy to run coaching education and conduct player evaluations. Throughout the spring several boys and girls had the opportunity to attend SLSG training sessions to gain a higher level of training and receive further evaluation. At the conclusion of the spring and in conjunction with a second visit from SLSG staff in August 2016, 4 players were selected to regularly attend SLSG events throughout the fall.

Carter Venvertloh (2004), Ben Frericks (2004), and Tanner Anderson (2004) were selected from the boys' side and Ellie Peters (2003) from the girls'. All four were able to train multiple times throughout the fall and the three boys were able to take the opportunity one step further by guest playing with the SLSG boys teams as shown below (In picture: Carter Venvertloh and Ben Frericks).





As a US Soccer Developmental Academy, US Soccer staff visits SLSG twice per year to conduct training sessions and player evaluations. Tanner Anderson was selected to attend this Market Training Center this past fall as one of only 23 players selected from the entire Saint Louis area at the 2005 boys age group. This was a tremendous opportunity as it is the process whereby players are chosen to represent the national teams at the youth levels.

We are excited for SLSG to return again in February (more details to follow) and for other players throughout the club to be able to take advantage of the benefits of this partnership!



Coach Q & A

Below are responses to a variety of questions that were posed to Quincy coaching legend, Dave White. Please enjoy the responses and share them with the kids throughout the club as there is some substantial value packed into the brief answers.

1. What's your earliest memory of the game of soccer? (Initial exposure to the game)

“My earliest memory is playing in Quinsippi in first grade at Johnson Park. I remember scoring my first goal ever - still remember how I scored it. I also remember driving home with my dad and being excited to tell my mom I scored.”

2. When did you first start coaching?

“I had just graduated from college and was asked to coach a team in a summer high school league at Q stadium - football side. We didn't practice, but just played games. I didn't really know what I was doing and was probably there more to run subs in and encourage the players.”

3. What is your greatest coaching moment?

“For me the greatest moments are when I see a player have a passion for the game or has improved and know that I had a small part in that. I also enjoy seeing former players and hearing how they are doing - including quite a few who have gone on to coach themselves.”

4. What is your funniest coaching memory?

“I was coaching a game in developmental and my goalie - who was around 5 or 6 - was fiddling with his shorts string in the back of the net during the game and accidentally tied himself into the net. We didn't know it until the ball was on that end of the field and he was stuck in the back of the goal!”

5. Who was/is your favorite soccer player? Why?

“I've always liked the skilled creative players like Pele, Maradona, Messi, and Iniesta. I got to see Pele play once with the cosmos against Saint Louis at the old Busch Stadium. I'm also really excited about the USA's 18-year-old Christian Pulisic. He looks like he could be a star.”

6. What is a quote or phrase kids you have coached would know you by?
“It's not really a quote or a phrase, but almost every time I'm with the players I'm preaching to them the importance of working with the ball at home.”

7. What is your favorite professional team?
“Besides the US national team, my favorite team would be Barcelona or Manchester United.”

8. Who inspired you to become a coach?
“I don't think there's really one person who inspired me to coach, but Jack Mackenzie and Al Knepler are two coaches that I really looked up to growing up.”

9. What is the most important thing you hope your players will have gained by being coached by you?
“I hope that I have helped them develop a passion for the game. It's hard to be good at anything unless you have a passion for it. I hope they play the game with passion, skill, integrity and hard work.”

10. If you could give one piece of advice to all aspiring players from the club, what would it be?
“Work with the ball as much as you can! I'm a big believer that the ball is the greatest teacher. The best players I have ever coached are the ones who worked with the ball the most at home.”



Upcoming Events

January 30 – QUSC Recruiting Event – Information to be distributed shortly

February 6 – QUSC Club Meeting – Town & Country Inn and Suites – 7 pm – We will be announcing several changes and new events

February 13 – Open forum board meeting – Town & Country Inn and Suites – 7 pm – Any are welcome to sit in on the “open” portion of our board meeting to have questions answered or bring items to the attention of the board

February 25-26 - Dick's Sporting Goods Shop Day

February 26 – SLSEG/Coaching Education Event – Quincy University North Campus – Information to be distributed shortly

March 24-26 – Emerald Cup Boys

March 31-April 2 – Emerald Cup Girls

April 7-9 – KC Champions Cup

May 12-14 – Missouri Rush Mother's Day Classic

May 15-17 & May 22-24 – QUSC Tryouts for 2017-2018 season – Information to be distributed shortly

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