

DISTRICT 15 Little League Baseball

MANAGER / COACH CLINIC

For T-Ball through Major Divisions

Saturday, April 7, 2018

at the

Beverly High School Field House

Basic Baseball Rules & Tee Ball Program

Clinic Schedule:

Clinic: 1:00 pm - 5:00 pm

Agenda:

1:15 pm – 2:00 pm

**Medical Training.... Charla Bouranis, Licensed Athletic Trainer, Certified
Beverly High School athletic dept.**

**This session is in accordance with the league requirement in league
Safety Plan for each manager / coach to attend.**

- **First Aid and CPR latest changes**
- **Discuss injuries common to baseball / softball and treatment**
- **Overview of concussions, ID signs and symptoms**
- **Environmental safety**

2:00 pm – 5:00 pm

LL Rules and Drills....

- **Regular Season LL Playing Rules Review**
- **Tips for a good practice**
- **Offense and Defense checklists**
- **Practice Plans & Options**
- **Coaches check list**
- **“Pyramid of Baseball Success”**

Contact Info: Bill Lowd -- (508) 982-5106