



DIRECT IMPACT COACHING™

OLYMPUS VOLLEYBALL CLUB

2018-2019 FAQs

Bringing the Best Volleyball Out of You!™



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As we all know, there are a number of volleyball clubs available and that choosing the right club is a big decision for players and families. At Olympus, we pride ourselves in providing exceptional training, in a positive, healthy and competitive environment.

We focus on individual skill development, as well as team success. We feel strongly that solid, technical training is imperative for athletes at all levels and will ultimately lead each player to reach their full potential through our Direct Impact coaching system.

1. Where are your Practices held?

We practice at 2 Locations, all our gyms are about 10 mins of each other. Here are the locations

i) Lynwood Rec Center (Main Campus)

3360 Osborne Road Brookhaven, GA 30319

ii) Briarwood Gym (Secondary Campus)

2235 Briarwood Way NE Brookhaven, Ga 30319 .

2. Tryouts

I. How can I determine my child's age group for tryouts?

Your child must tryout for her age group as defined below.

USA VOLLEYBALL JUNIOR PLAYER AGE DEFINITION CHART
FOR USE DURING THE 2018-2019 SEASON

To determine the correct age division, please find the Month of Birth in the left column and then the year of birth in the same row. The heading of the column matching the Year of Birth is the correct age bracket.

	18 & Under	18 & Under	17 & Under	16 & Under	15 & Under	14 & Under	13 & Under	12 & Under	11 & Under	10 & Under	9 & Under	8 & Under
SEPT	1999	2000	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010
OCT	1999	2000	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010
NOV	1999	2000	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010
DEC	1999	2000	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010
JAN	2000	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2009
FEB	2000	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2009
MAR	2000	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2009
APR	2000	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2009
MAY	2000	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2009
JUNE	2000	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2009
JULY	2000	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2009
AUG	2000	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2009

Player who was born on or after September 1, 2000 OR players who were born on or after September 1, 1999 and is a high school student during some part of the current academic year.



II. What will tryouts be like for my child?

The first day of tryouts gives our evaluation staff an opportunity to evaluate the athletes volleyball fundamentals, physical attributes and other intangibles. If a player is invited to return to the second night of tryouts players will be evaluated in a variety of physical, skill and team play aspects. We also consider intangibles during the tryouts process, including leadership qualities, how they interact with players and coaches, etc.

III. Do you have anything prior to tryouts that players can attend?

Yes!

° Olympus has Open gyms and tryout Prep Clinics all through August and September. Information and registration for our Tryout Prep Clinics/Open Gyms can be found at www.olympusvolleyball.com, click on summer Programs for more information.

IV. How much will it cost to tryout at Olympus?

\$30 pre registration (online), Walkups are \$40. If its your first time after a tryouts you will pay \$50

V. When will my child be placed on a team?

We will announce the teams and Alternate list for each age group 24 hours after tryouts or after call backs are completed. It is our hope to have 100% of our teams confirmed within 48 hours after the conclusion of tryouts and receiving commitments from the players.

VI. Will my daughter make a team if she participates in tryouts?

Our goal is to place all athletes that tryout on a team, however based on the number of players at tryouts and the number of teams Olympus will offer in that age group there may be some athletes that are not offered a position on a team. If you are not offered a position you will be placed on an "Alternate" list. You will be notified as soon as we know that we may not be able to place your daughter on a club team, so you can explore alternative options.

"Persistence can change failure into extraordinary achievement."

Matt Biondi



Schedules

I. How often will my team practice?

° Our National/Travel teams ages 13-1 team-18 will practice 3 times per week... twice during the week and once on Sunday. Please refer to the Practice Schedule on our website. If teams have a tournament on Sunday teams will practice two times during the week depending on gym availability.

° Our Regional level teams will practice 2 times per week once during the week and once on Sundays. If you are on a Regional team and you have a tournament on Sunday you will practice 2 times during the week. Please refer to the Practice Schedule on our website.

° Our Local non Travel teams will practice 2 times per week once during the week and once on Sunday. If team has tournament on Sunday team will practice 1 time during the week. Please refer to the Practice Schedule on our website.

II. How many tournaments will my team participate in throughout the year?

Depending on the age and level of team, the number of events will vary from 5 - 9 tournaments per club season. These tournaments will vary between one, two or three day formats, ranging from local to moderate travel. Please refer to the Tentative Tournament Schedule for teams on our website.

III. What is Olympus policy on attending a National Championship?

As a club, we are committing to send the top team in our 14s – 17s age groups to AAU Nationals this season. If a player on one of those teams is unable to participate, a player from another team will be added to their roster for the event. If a team qualifies for USAV GJNC that team will accept the invitation, USAV Nationals are held in June for ages 12-18 and in April for age 18. Other Olympus teams will have the opportunity to

“It isn’t hard to be good from time to time in sports.
What is tough, is being good every day”

Willie Mays



attend AAU Nationals, a minimum of 10 players must commit to attending.

IV. What events do you participate in?

Tournament schedules for our club teams include JVA, USAV, AAU events. There are many competitive events in the South-east sanctioned by each of these organizations. By choosing individual tournaments that are best for our teams, instead of from a particular organization, we are able to provide a high-level and well-rounded experience for all of our teams.

V. How long is your club season?

The length of a team's season will vary depending the age and level. Our National teams will conclude in June after AAU's or USAV Nationals. Regional teams will typically conclude mid to late April with SRVA Regional Championships. Local level teams will conclude beginning to mid April.

VI. How soon will practices start?

Teams will begin practices in December.

VII. If I have multiple athletes participating in club, will they practice on the same night?

While we understand the desire to have siblings practice on the same night and same location or have carpooling options with friends Olympus does not create teams nor our schedules based on carpool, friend or sibling request.

VIII. May my daughter play club if they also participate in other school activities or sports?

Yes, athletes may participate in other activities outside of club volleyball. However Olympus expects commitment to the team your daughter is placed on. It is important to communicate any potential conflicts ahead of time with your coach and make every effort to minimize conflicts. If you plan on playing on our National level teams we need full commitment, every practice and tournament is mandatory Dec-June.

"Its not the will to win that matters—everyone has that. Its the will to prepare to win that matters."

Paul "Bear" Bryant



Costs

(Player Fees will be posted on website)

I. How much does it cost to play club volleyball at Olympus?

Club dues will range depending on team placement and level. A more detailed breakdown can be found on our website or will be discussed during our informational meetings. Please see website for dates and locations

II. What payment plans are available for my athlete?

We offer full payment with a \$100 discount, monthly payment, plans and “special” plans for deserving athletes. This allows parents to choose the payment schedule that fits best with their family budget. Payments must be completed by 15th day of March for all payment plans above

III. What is included in club dues?

Coaching, court rental, insurance, JVA registration, USAV registration, Tournament Fees, Hotel Rooms nights for overnight tournament travel (for players ages 14 & up, our 13 and under teams players stay in parents rooms), administrative fees, uniform package, scorekeepers/officiating clinic, End of Year Bash, and much more.

IV. When are club fees due?

The first payment is due on Commitment Night. Monthly payments are due the 15th of the month and considered late by the 20th.

V. How do we pay our fees?

We utilize Bluesombrero for our website which allows you to sign in to your account and pay fees. You may either pay by credit card which does incur a 3.5% service fee. You will also have the ability to see all previous transactions. You may also pay by check, payable to Olympus Volleyball Club and mailed

“Never give up! Failure and rejection are only the first step to succeeding.”

Jim Valvano



to **Olympus Volleyball Club, P. O. Box 191846 Atlanta, Georgia 31119**

VI. Do you offer Financial Assistance?

We do offer Financial Assistance, but the assistance is minimal due to the number of players at Olympus. However we do offer opportunities for you to earn money that will offset the Player Fee. If you require Financial Assistance you will need to complete our Financial Assistance Form. We will review and provide you opportunities to offset a portion of the Player Fee through volunteering for Olympus. We also have opportunities for specialized positions such as Travel Coordinator for club (Experience making group travel plans preferred), Publishing (Graphic Arts experience preferred), Video and Pictures (video production and action photography experience preferred) as well as board positions

VII. Are discounts available if I have more than one child participating at Olympus?

We offer 10% off club dues of the less--expensive player for families with two children participating. Those with more than two children playing club volleyball with us, will receive 10% off club dues for all children, except the most--expensive player.

I. What makes training at Olympus so special?

At Olympus, we believe there are four components that are conducive to a successful training environment: great coaching, positional training, consistent training at all age levels, efficient team play. At Olympus we have implemented a training program utilized by the most successful clubs, a systematic approach of training that has proven results. Olympus utilizes the Direct Impact Coaching and a Linear Model for our practices which will provides the greatest amount of individual development since the entire focus of training is geared towards the conclusion of the season for both the player and the team. This Linear training provides a "real" Long Term Development model where progressive training cycles can be implemented without fear of having change in mid-cycle or mid-season. Our coaches are given the resources to further their education in the evolving

"Don't measure yourself by what you have accomplished, but by what you should have accomplished with your ability."

John Wooden



sport of volleyball, in order to best serve your athlete. Positional training, an often--neglected aspect of training, is extremely beneficial to players over an extended period of time and is included for athletes throughout the season. Consistency with terminology, defense systems, offense systems etc is taught from age 10-18. Finally, effective and efficient team play is a must in order to grow and succeed as a team in match play.

Is Playing time Guaranteed?

I. Play time is not guaranteed at any age or level at Olympus

II. WE TRAVEL TO TOURNAMENTS TO COMPETE: everything else is secondary

III. The team's Head Coach is responsible for the composition of the team and determining playing time.

IV. Equal Practice Time is what is being paid for in the fees. Each athlete will receive equal training time and repetitions in practice sessions, but we cannot and will not guarantee playing time to anyone. It is in the best interest of the team that we compete for championships and this involves some players not playing in some matches. The Head Coaches will make their decisions based on a player's attendance at practices, the importance of an event, the player's attitude, work ethic, and proficiency at required skills, and most importantly the team's needs. As parents, please understand that our coaches do their best to get everyone playing time, but their primary focus at tournaments is the teams' success.

V. NO PARENT WILL APPROACH A OLYMPUS COACH, CLUB DIRECTOR OR LEADERSHIP ABOUT PLAYING TIME DURING THE TOURNAMENT WEEKEND! It is very disruptive to the team if a parent confronts a coach in this setting. Consequently, if a coach is confronted by a parent during a tournament, that parent's child must sit out the following match. In short, please save these discussions until after the tournament.

“Keep your dreams alive. Understand to achieve anything requires faith and belief in yourself, vision, hard work, determination, and dedication. Remember all things are possible for those who believe.”

**What college recruiting resources are available to my athlete?**

We have a variety of services available to meet your recruiting needs. We use field Level and we can also recommend several other paid services if you want to go that route. Rex Welch is our Recruiting Advisor and James Omedo is our Assistant Recruiting Coordinator as well as one of our club directors.

Please visit our "Be Recruited" section for more information

Does Olympus offer year around training, age levels?

Olympus offers year around training for girls and boys ages 12-18. Below are programs we offer all year around

- ° **Direct Impact Skill Clinics** for ages 10-18 girls and boys beginners and intermediate level.
- ° Private lessons is offered all year around for all ages.
- ° Summer Camps are offered for all levels of skill and all ages. Camps begin in June and run through July.
- ° Olympus Sand is offered during the summer.

How to contact Olympus Volleyball

Email: info@olympusvolleyballclub.org

Website: www.olympusvolleyball.com

Phone: 404-666-8685/404-457-8555

"Winning isn't everything, but wanting to win is."

Vince Lombardi



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