

## Fun Hitting Drills

### Goalie Game

#### Age Appropriate

Grouping 2, ages 4 to 9

#### Objective

To work on hitting the ball where it's pitched, developing bat control, and creating a short swing to improve contact

#### Setup

Home plate in front of a hockey or lacrosse goal, pitching machine or tennis ball machine, bucket of balls

#### Execution

Set up a hockey or lacrosse goal as a backstop with a home plate in front of the net. Use a pitching machine that throws softer balls or use a tennis ball machine to throw balls toward the goal. The batter tries to keep balls from going into the goal by swinging at the pitches. The coach can throw harder than normal if machines are not available.