

Spartan News

No Retreat. No Surrender. No Fear.

Special Edition

Winter 2012

The Spartan Way

The Spartan Philosophy and our motto: No Retreat. No Surrender. No Fear.

The Spartan perspective highlights the strength, will, and courage of a Spartan. In the physical world our greatest competition is found within ourselves, never against our opponents. We push ourselves beyond the threshold to





More inside!

Spartan Organization and Coaching Staff

Athletic Director

Eric Williams

Spartan Elite

Head Coach:

Eric Williams

Assistant Coaches:

Coach Tony Jenkins

Coach Andy Whittleton

Spartan Premier

Head Coach:

Coach Chuck Michaels

Assistant Coaches:

Coach Justin Anderson Coach Bill Krueger

Coach Tom Moss

Spartan Select

Head Coach:

Coach Rick Cottum

Assistant Coaches:

Coach DJ Summers

Spartans on Loudoun County's 6th Grade Travel Teams:

Spartans Players are on 10 of the 12 Loudoun County Middle School Travel Teams.

Belmont - Timmy Nealon

Blue Ridge - Jordon Miller

Eagle Ridge - Drew Bulawa

Farmwell - Kyle Jenkins, Detwaun Turner

Harmony - Dominic Peterson, Connor Baine

Harper Park - Matthew Bridge, Aaron Maisus,

Tyrique Moss, Austin Richardson, Robby Scola,

Jalen Williams, and Mark Williams

River Bend - Sterling Anthony, Brett Halsey

Smart's Mill - Robert Barrett, Ryan Barrett,

Christian Caraballo, George Richardson, Mason

Price, and Harry Whittleton.

Seneca Ridge - Kyle Kivinski, Wyatt

Krueger, Max McAdams, Matthew Rubloff,

Jadan Pierre, Jayde Pierre

Simpson - David Bollinger, Joey Namath,

AJ Mullan, Rithwik Patel, Kyle Potter

Congrats to Matthew Traub (Blue Ridge MS) and Cameron Corbett (Simpson MS) both on seventh grade middle school teams.

Coach's Corner

The Spartan Nation started with a dream to bring basketball to life in a special kind of way to Loudoun County.

Today I stand as a proud contributor to a community that has unlimited potential to develop our youth in a unique and special way.

Through sports and athletics and collective resources the community is beginning to shape itself in a very competitive way. Football has produced a great name for Loudoun County with our high school teams leading the way and providing scholarship opportunities for so many of our student athletes. I hope to help create and develop a wave of energy that will influence Loudoun's basketball world so that we too can be recognized as a strong component for basketball, not just football.

Loudoun County has been underrated as far as basketball is concerned. The public school system has lost some incredible talent to surrounding private schools such as Flint Hill, Middleburg Academy, Bishop O'Connell, and Paul VI, however, there is still a tremendous wealth of talent to be found in the ranks of other athletes found in Loudoun.

The Spartans have been providing a different perception that we too can compete with the best of teams and players wherever we may go. For the 2011-2012 season, the Spartans are playing in extreme basketball environments in Prince George's County that will greatly influence our players on many levels to compete against the "Nation's best,"



according to USA Today and more recently referred to by ESPN, as the "hoops hotbed of the USA."

The talent that we face will be a great measuring stick on how we all may view our team on a regional and even national level. My goal is for our kids to overachieve in our local environments by playing in the most competitive environments.

My hope is to instill the Spartan attitude in these young players. These athletes must develop that warrior strength and wisdom in their personal game, remembering that being a Spartan means no retreat, no surrender, no fear! That is why I end every huddle, every session with the chant, "NO FEAR."

These basketball skills can then translate to life skills that provide these young men a foundation of brotherhood, team building, personal strength and self-awareness. Being a Spartan is a way of life.

Prepare for Glory!

Coach Eric Williams

Tournaments:

Virginia Elite Thanksgiving Tournament:

Spartan Elite kicked off its 2011-2012 season on Saturday, November 26th at the Virginia Elite Thanksgiving Tournament at the new nZone facility in Chantilly. At the two-game Saturday tournament Spartan Elite dominated its competition with two victories over both Mercer and Virginia Elite. The victorious day was a great way to start off the Spartan Elite Basketball winter season.

Martin Luther King, Jr. Holiday Bump Tournament:

Spartans Slam the Competition

Spartan's Elite and Premier teams conquered the Boys 11/12 competition, as Spartan Select rallied in the final game at the Martin Luther King, Jr. Holiday Bump Tournament sponsored by the Northern Virginia Sportsplex in Chantilly on Monday, January 16th.

Spartan Elite's Guard/Forward Drew Bulawa dominated the opening game of the tournament for the Spartan Elite by putting 24 points on the board, including eight rebounds and went four for six on the free throw line giving the Spartan Elite a 34 to 32 victory over Virginia Elite. Playing for his grandparents, who were visiting from out of town, Drew showed his flare by shooting six, three-pointers. Drew's Grandfather, Papa Mike, a basketball coach for over 30 years said, however quite proudly after the game, "You are only as good as you play today, now throw away those stats and get ready for the next game!"

Spartan Elite went on to take over the competition in its second game with a 47 to 34 victory over the Virginia Hokies. Forward Jordon Miller sprang into action with a total of 14 points and 16 rebounds. In the final game of the three-game tournament, Spartan Elite wipedout the Reston Seahawks with a 48 to 17 victory, with the defense holding the Seahawks to only two points in the first 20 minute half. Drew with 12 points and Jordon with 8 points rallied with

their teammates Starting guards, Jalen Williams and Harry Whittleton, Guards/Forwards George Richardson, Evan Buckley, Kyle Jenkins and Aaron Maisus and Centers Jayde Pierre and Matthew Traub to totally annihilate their opponent.

Spartan Premier controlled the competition in its three-game victorious run over Herndon, Farmwell, and Braddock Road. Spartan Premier's defense set the pace in its first blowout game with a 41 to 11 victory over Herndon. Guard Dominic Peterson with 11 points, Guard Wyatt Krueger with eight points, Guard/Forward Tyrique Moss with eight points and Forward Zach Anderson with seven points together showed their teamwork in this exciting victory. Again showcasing its talent, Spartan Premier stomped Farmwell 52 to 31. Dominic and Forward Sterling Anthony lead the boards with 11 points each, with Center Matthew Rubloff adding ten points, Zach with eight points and Forward/Guard Taye Davis rallying with seven points. In the final game of its trilogy, Spartan Premier defeated Braddock Road 51 to 23. Dominic dumped 12 points with Guard Christian Caraballo adding 10 points and Wyatt putting in nine points with seven assists.

lost its opening game with a disappointing defeat to Braddock Road by 27 to 23. Center David Bollinger showed his potential with 13 rebounds in this hard-fought Spartan Select battle. In its second game the Reston Seahawks beat Spartan Select 38 to 22. Guard Max McAdams thrilled the crowd with his ball-handling ability and put up seven points and had six rebounds followed by Forward Kyle Potter with six points and four rebounds. Center Kyle Kivinski came down with five rebounds. Spartan Select gathered its strengths and came back in its third game over Farmwell with a 37 to 27 victory. Guard Robert Barrett with 10 points, followed by Max with seven points and Forward/Guard Timmy Nealon with six points came together with teammates Center Austin Richardson and David with six rebounds each to add to the win.

Spartan Head Coach Eric Williams said he was proud of the Spartan triumphs and looks ahead to the road to Nationals this summer with representatives from these outstanding Spartans squads.

TOURNEY DATES AND BIG NEWS

Tournament Dates:

MIT*- Feb 17th -19th CONFIRMED, Capital Sports Complex, Upper Marlboro, MD Div. I Nationals – Hampton – July 23-29 Div. II Nationals – Hampton – July 16-22

Super Regionals (qualifying tournaments for Nationals: Spartan participation to be determined)

- March 9th -11th
- March 16th 18th
- March 30th April 1st
- May 18th -20th
- May $11^{th} 13^{th}$

*The upcoming Maryland Invitational Tournament, known in the youth basketball world simply as "MIT". Founded in 1994 by Gary Pinkney. MIT has grown to become one of the nation's most competitive national youth tournaments. June 2011 MIT included 358 boys' teams from 24 states and Canada. February 2011 MIT included 129 boys' teams.

Spartans have negotiated with Moe Gray's Basic's L^{**} Fitness & Training. Commencing in the spring, the move will promote the Spartan teams and support Spartan basketball philosophies to help develop the entire basketball community for Loudoun County. Since 2003, Basics 1st basketball organization exists to provide an array of training programs to educate, support, and promote fitness and health to the community with specific focus on our youth.

Basic's 1st has just announced that **Coach Reginald Kitchen's 5** on 5 Basketball has joined forces with its organization. Using basketball as his medium, Coach Reginald Kitchen has been transforming lives of youngsters for years, while helping young players develop their basketball skills and knowledge of the game.

The success of **5-on-5** basketball is evident in the list of high school, college, and professional players that he has trained.

Spartan basketball is proud to announce that it has improved its coaching credentials and talent by recruiting former Georgetown Hoya Tyler Crawford. Crawford, 2008 Senior, was considered the "heart and soul" of the team. His Senior year highlights included scoring a seasonhigh five points in 15 minutes of action during the win at Providence...Appeared in 27 games his last season, and he had four assists in his 14 minutes against Jacksonville. Looking forward to his participation this spring...

Exciting News:

LADY SPARTANS!!...

Spartan's organization will be adding a girl's basketball team in the spring...
Stay tuned...more news to follow...



Thank you to Loudoun Triple Threat!

As the Spartans move on to new challenges and opportunities, we would like to thank the Loudoun Triple Threat organization for their time, efforts, and support. The work and investment in the community at large cannot be undervalued and for that the Spartans and I are grateful.

ATTENTION ALL LOUDOUN BASKETBALL PLAYERS!!!

Coming soon the All Loudoun Basketball Team. More information will be provided in the Spring edition.

Spartans 2011-2012 Team Rosters

Spartan Elite

Drew Bulawa - 1
Evan Buckley - 27
Cameron Corbett - 44
Kyle Jenkins - 5
Aaron Maisus - 30
Jordan Miller - 31
Jayde Pierre - 7
George Richardson - 21
Matthew Traub - 24
Harry Whittleton - 23
Jalen Williams - 9

Spartan Premier

Zach Anderson - 17 Sterling Anthony - 6 Connor Baine - 18 Christian Caraballo - 22 Taye Davis - 11 Wyatt Krueger - 25 Tyrique Moss - 4 Dominic Peterson - 2 Matthew Rubloff - 40

Spartan Select

Ryan Alexander - 26
Robert Barrett - 12
Ryan Barrett - 33
David Bollinger - 48
Pierce Brenner - 20
Brett Halsey - 10
Kyle Kivinski - 28
Max McAdams - 35
AJ Mullan - 29
Timmy Nealon -19
Rithwik Patel - 15
Kyle Potter - 14
Austin Richardson - 45

Spartan Four

Stephen Bowers - 34 Mason Grey Hunter Hair - 43 Sean Johns Christian Kellum - 54 Jadan Pierre - 0 Jackson Steele 11 Fernando Torres 52 Detwaun Turner 16

Spartan Highlights



NBA's Memphis Grizzlies player, Steve Francis, graduate of University of Maryland takes time out to congratulate Spartans players at University of Maryland's Comcast Center.



Spartan's greeted at University of Maryland by the legendary Walt Williams. Williams (6'8" forward/guard played at the University of Maryland from 88-92) is credited for resurrecting the school's basketball program.

Spartan Fall Tryouts

Over 75 Loudoun area boys came out during the two-day assessments to the D1 Spartan tryouts for the 12U/6th grade Loudoun Triple Threat Fall team held on Thursday, October 13th at Douglass Community Center and on Sunday, October 16th at Harper Park Middle School.

Coach Williams said he was thankful to the parents for bringing their children out to be a part of the Spartan organization. The young aspiring Spartans worked very hard to produce a strong showing for a spot on of the Spartan 12U/6th grade Loudoun Triple Threat teams.

Given the overwhelming amount of interest and talent seen over the two-day period, Coach Williams decided that Spartans must have four teams this fall/winter, with three of the four teams participating in league play under the Loudoun Triple Threat organization and one developmental team that will train and scrimmage against other local area talent thereby gaining a tremendous amount of game time experience.

Additionally, all area youth are always welcome to be a part of the Spartan network by participating in Spartan workouts, training sessions, tournaments, and or other events. The Spartan network has begun to expand even to coaches who are interested in the "Spartan Way of Life" by providing coaching clinics or sit-downs to discuss the growing trends of basketball in the local area and abroad. It is going to be a great season, says Coach Williams, and he intends to coach and push these athletes to be the very best that they can be on and off the court.

In an effort to play in one of the most competitive environments in our area, Spartan Elite and Spartan Premier are playing in the 10th Annual Winter Middle School Basketball League hosted by Potomac Valley Basketball at the Capital Sports Complex in District Heights, Maryland. Prince George's county is considered an area with some of the Nation's best basketball talent, Coach Williams explains that is why he decided to take these teams to compete with what PVL states as, 'Simply where the best play.' "Spartans have to play with the best, so Loudoun County will soon be revered as a destination for ballers," he says.

Spartan Select tested its talent this season in the Eric Green Winchester Athletic Association "Rising Star" League in Winchester, Virginia. This league draws talent from across the entire Shenandoah Valley.

*The structure for Loudoun Triple Threat is to develop National and Regional basketball teams. The Spartan Elite is the National 12U basketball team. This will provide a great opportunity for our kids to be exposed to the highest level of play in the entire country.

Spartan Year In Review

2011 ACCOMPLISHMENTS

SPARTAN ELITE



*Fairfax Stars Champions - Fairfax, Va. - July, 2011

*National Capital Classic Champions - Chantilly, Va. - July, 2011

*Loudoun Triple Threat Spring League Champions – June, 2011



*Big Shots (Coach Wooten) Champions - Boyds, Md. - May 2011

*Battle of Balls Bluff Runner Ups – Loudoun County, Va. – May 2011





*Virginia AAU Division II State Champions – Stafford, Va. –April 2011

*Big Shots Exposure Champions - Oakton, Va. - March 2011

*Charm City Adidas Invitational Champions – Baltimore, Md. – March 2011

*East Coast Battle of the Best Runner Up – Fairfax, Va. March 2011

*Winchester Rising Stars Winter League Champions – Winchester, Va. – Feb. 2011



Spartan Year In Review (cont'd.)

2010/2011 Roster LTT Spartan Elite

Zachary Anderson

Sterling Anthony

Matt Brady

Drew Bulawa

Cameron Corbett

Kyle Jenkins

Aaron Maisus

Jayde Pierre

Mason Price

George Richardson

Harry Whittleton

Jalen Williams

New Additions:

Jordon Johnson

Jordon Miller

Dominic Peterson

Josh Polce

2011 Summer Roster<a href="https://linear.org/linear

Zachary Anderson

Sterling Anthony

Connor Baine

Evan Buckley

Taye Davis

Kyle Jenkins

Wyatt Krueger

Cortland Lawson

AJ Mullan

Timmy Nealon

Mason Price

Matthew Traub

LTT Spartan Select

Robert Barrett

Ryan Barrett

Brett Halsey

Max McAdams

Tyrique Moss

Joey Namath

Rithwik Patel

Jadan Pierre

Kyle Potter

Austin Richardson

Robby Scola

Nick Skafidas

Mark Williams

SPARTAN PREMIER

*<u>Fairfax Stars Runners-Up</u> – Fairfax, VA – July 2011

*Battle of Balls Bluff Runners-Up – Loudoun County, VA, April 2011



SPARTAN SELECT

*Maryland Flames Patriot Games Runners-Up – Gaithersburg, MD – July 2011



Spartan Spotlight



Harry Whittleton: Spartan Elite Guard #23

Sports have always been a big part of Harry's life. From an early age, he gravitated towards soccer and basketball. He continues to excel in both sports to this day. While most of the Spartan family knows Harry from his moves on the basketball court, he takes a lot of those same moves out to the soccer field, where he has been a member of the Loudoun '99 Red travel soccer team for

the last several years. Loudoun '99 Red has been almost as successful on the pitch as the Spartans are in the basketball arena. Their accomplishments include numerous tournament championships as well as a share of first place in the NCSL Division I of his age group (the top travel league in the metro area). Late last summer, Harry tried out for the District ODP (Olympic Development Program) team in his age group, and was among 36 boys selected to the team out of more than 70 who tried out.

After training with the District ODP team throughout the fall, Harry tried out for the State ODP team in November. He was selected for the team, along with 47 other boys, out of over 100 who tried out. Five of Harry's Loudoun '99 teammates also made the State ODP team. Harry recently traveled to North Carolina with the State ODP squad to compete against teams from North Carolina, Georgia and Tennessee in a series of "friendly" matches (a soccer term for exhibition games).

If Harry continues with the State ODP team next year at the U-13 level, he will have the opportunity to travel overseas to play against U-13 teams in Europe. All in all, Harry hopes to continue playing both soccer and basketball as long as the schedule allows. The question he is most often asked at family gatherings is, "Which sport do you like better?" The answer is whatever sport he is playing at the moment. He just enjoys competing, no matter what the arena is.

Background on the ODP program: It is the goal of the State ODP to get as many players as possible selected to the Region I Pools and Teams. The players selected to the Region I teams will participate in events with the other three regions. National Team coaches and staff will use the inter-regional events to select pools for the US National Youth Teams.

Spartan Spotlight



Taye Davis: Spartan Premier Forward #11

Taye has been with D1 Spartans since its inception and he is a 5th grader playing up at the 6th grade level. Taye is a very versatile player in that he plays the shooting guard, small forward and power forward positions; and has been known to bring up the ball on occasion in the point guard position. Taye's versatility is attributed in part to Eric Williams' philosophy of playing

players in different positions if they have the skill sets to do so. Being a part of D1 Spartans, Taye's progress as a player has greatly helped the team in his statistical contributions of shooting, assists, steals and rebounding. Taye's tenacity and "in your face defensive game' demonstrates that of a Spartan warrior and he carries the Spartan mantra of "No Fear" when he plays the game of basketball.

When he is not playing for D1 Spartans, Taye also plays for the Leesburg Basketball Club (LBC) organization. At LBC he plays the position of small forward and power forward, and excels on that team as well. Taye has many Spartan characteristics and traits that permit him to excel at the game of basketball; he is tenacious, has no place for fear in his heart and is confident; but most of all, he has a great respect for his coaching and leadership.

A large part of being a progressive player is being 'coachable'- and Taye demonstrates this on the court and in the huddle; he especially appreciates the mentoring he receives from Coach Chuck and Coach Eric.

Taye aspires to be the best, play the best and make contributions to his team wherever he is needed; and because of this, he has developed some enduring friendships with the kids on his teams. He understands that by working industriously and working collectively, success can be achieved for the individual and the team. We know that Taye is one of the many D1 Spartans that will continue to be a standout player and will continue to make the Spartan Nation proud.



Vision

D1 strives to promote stronger awareness into the school system for basketball. Building feeder systems that rely on the dialogue between high school and travel team leadership to communicate about upcoming talent. D1 will provide and support basketball environments to develop competitive athletes.

Mission

Our mission is to provide basketball programs to our local community to generate interest for the game and other sports by developing competitive athletes.

D1 Sports and Athletics: Is a 501(c)(3) nonprofit organization that specializes in providing competitive sporting environments for youth in the Loudoun County area. The environments include open gym, training events, exhibition games, and showcases.

Services

D1 will provide training to steer player's focus into the development of basketball fundamentals. There will be team, individual, and group trainings available. Open gym environments will also be provided so that players can have an outlet to apply training information in workable competitive environments. Emphasis is placed on making basketball a year-round activity and promoting the participation for all levels of play throughout the entire Loudoun County area.

Past Events

- *Open Gym 9 week program
- *Open Gym All Star Game
- *Loudoun's Finest Showcase
- *High School Preparation Open Gym

COMING THIS SPRING...

The return of the Open Gym!!!



Administration

O'Lekan "Eric" Williams –
Executive Director and Athletic Director

Rebecca Williams – Director of Teams and Webmaster

Achin Patel – Academic Programs & Community Liaison

Liz Davis – Events Coordinator

Justin Anderson – Community Outreach and High Schools Programs

Jeri Pierre – Fundraising

Tony Jenkins – Coaching Programs

Coaching Staff

Eric Williams Justin Anderson DJ Summer Rick Cottum Thomas Moss

Open Gym

D1 hosted Open Gym on Sunday's in the fall as an opportunity for athletes to continue to enhance their basketball skills while still being involved in various other team sports during the week.

The one-hour sessions each Sunday afternoon provided the 56 Spartans participating over the nine-week period time to work on their game in a non-instructional environment.

Coach Williams says he believes that given the right skill set, athletes need the opportunity to play against each other in a "street ball" type situation, without being coached.

The culmination of the program was the D1 All-Star's Game composed of the All-Star Spartans chosen from the entire group of participates, on Sunday, October 30th at Leesburg Christian Academy. The Spartan All-Stars played a hard fought game with Team Black victorious in the end.



High School Prep Open Gyms

In preparation for the upcoming High School basketball tryout this past fall, D1 sponsored training sessions for six-weeks for those individuals who wanted to improve their game and seek spots on their Freshman, Jr. Varsity, or Varsity high school teams. Individuals also met on Saturday mornings for Open Gyms to train for one hour followed by game play. The success of these programs was measured in that a majority of the participants made their respective school teams.

D1 High School Training Sessions:

Participant	Grade	School	Team Made
Joshua Anderson	9 th	Heritage	JV
Jake Cochran	$9^{ ext{th}}$	Tuscarora	Freshman
Duran McKee	9^{th}	Tuscarora	Freshman
Morris Robinson	$9^{ ext{th}}$	Heritage	JV
Brandon Scott	$9^{ ext{th}}$	Heritage	JV
Alec Simmons	$9^{ ext{th}}$	Heritage	JV
Daniel Traub	8 th	Blue Ridge	8 th Grade MS Travel
Brendan Whitfield	9^{th}	Woodgrove	Freshman

D1 High School Open Gym:

Participant	Grade	<u>School</u>	Team Made
Andrew Traub	12 th	Woodgrove	Varsity
Tim Herring	$10^{\rm th}$	Loudoun County	Varsity
Jesse Case	$9^{ ext{th}}$	Paul VI	JV
Jordan Roach	$10^{\rm th}$	Tuscarora	JV
Koce Davis	12^{th}	Briar Woods	Varsity
Ryan Fischer	$9^{ ext{th}}$	Heritage	Freshman
Nathan Dres	$9^{ ext{th}}$	Tuscarora	Freshman
Jack Lonhies	$9^{ ext{th}}$	Loudoun County	Freshman
Jack McClister	$9^{ ext{th}}$	Loudoun County	Freshman

D1 gives special recognition and thanks to Coach Justin Anderson for supporting this D1 high school program.



Loudoun's Finest Showcase

Showcasing some of Loudoun County's finest basketball talent, D1 Sports & Athletics hosted its Inaugural Loudoun Finest Showcase on Saturday, November 19th at the Douglass Community Center in downtown Leesburg, by focusing on the upcoming youth talent in this area. The evening showcased developing athletes in primarily the 6th and 7th grade in Loudoun County with 75 participate in the event and over two hundred spectators.



The evening provided exciting basketball with all four Spartan teams participating against their opponents that included Loudoun Triple Threat 7th Grade Team Swarm, Virginia Elite 12U (6th Grade) and Loudoun Lightening (rising 12 year olds and younger). The evening commenced with Spartan Select, Spartan Four, and Loudoun Lightening participating in round-robin play followed by Spartan Premier versus Virginia Elite and



Spartan Elite taking on the 7th Grade LTT Swarm team.

The Harper Park Middle School Step Team, under the direction of Denise Marshall, provided halftime entertainment. These talented young ladies thrilled the

audience as they synchronized danced to

rhythmic hip-hop music. Additionally, D1 was pleased to have former Washington Redskin Lamar Marshall, who demonstrated the benefits of his program, **Phenom Strength and Training**, as an option for young athletes that want to develop themselves with a strength and training program. Marshall's Phenom's mission is "to create a supportive environment, with cutting edge training, expertise that is quality driven, empirically based and yields **phenomenal** results for you."

Proceeds from the event from spectator, player, and team entry fees allowed \$200 to be allocated to each of the four Spartan teams. The Loudoun Finest Showcase was deemed a success and D1 Sports & Athletic uses this inaugural event as a challenge to continue to bring more exciting showcases in 2012.





Participants in Loudoun's Finest Showcase



ABOVE: <u>Loudoun Triple Threat 7th Grade Swarm Team</u>. Bottom row: Robby Harrison, Zach Nylund, Brady Drawbaugh, Jake Bergmann, Garrett Ganley, Alex Nemer. Top row: Head Coach Steve Coffman, Johnny Jordan, Timmy Vacca, Josh Coffman, Foster Vargo, Mitchell Johns, Stuart Greenspan, Coach Melanie Nylund

BELOW: <u>VA ELITE</u> (Roster not available).



YOUR VOICE MATTERS

In order for us to build our Spartan Organization, your input and help is needed. Please send your photos, videos, and/or comments to: General@D1-SportsAthletics.org

Private Training - CoachWilliams@D1-SportsAthletics.org
Program and Other Questions - General@D1-SportsAthletics.org
Registration Questions - Registar@D1-SportsAthetlics.org

Stay in touch with D1 @ www.D1-SportsAthletics.org