

Training Game U-6 Players

Target Practice Two

Skill: Passing/Shooting

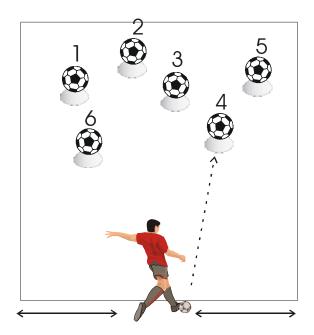
Number Of Players Required: Full U-6 team

Equipment: 4 cones to mark grid and 6 cones to place soccer balls on, 7 or 8 soccer balls.

Grid Requirement: 15X 15 yard grid

Organization: Create a 15 X 15 yard grid marked with cones. Place 5 or 6 cones with soccer ball on top of them randomly within the grid.

How The Game Is Played: One at a time, each player tries to knock a ball off the cones, one ball at a time. After a miss the coach resets the balls and next player is up. Players can shoot from any place on the line. The first player to knock all six balls of the cones is the winner.



Variations: Direct the players to only use left foot or right foot.