

## APPEARANCE GUIDELINES

The most valuable asset belonging to HSAA is its reputation. Our reputation among the schools we play is determined by not only our competitive play, but our behavior and our appearance. "You only get one chance to make a first impression." Most schools have dress codes that limit individual expression in appearance during school activities. HSAA desires to put forth a positive statement with our appearance and, most of all, our character. In our appearance, we want to refrain from drawing attention to ourselves or from detracting from the TEAM.

All HSAA Athletes, Commissioners, Coaches, Board Members, and all others who represent HSAA are encouraged to dress in a manner that could not be considered offensive or morally suggestive but would, in every way, glorify our Lord Jesus Christ and would represent HSAA without reproach.

All HSAA Athletes will be expected to abide by the following guidelines when attending all HSAA functions, sporting events, fundraisers, or whenever representing HSAA.

Commissioners and Coaches are encouraged to provide guidance to student-athletes with regard to dress and appearance for all HSAA sporting events, practices, traveling for sporting events, fundraisers, and whenever representing HSAA.

The HSAA Board reserves the right to make final determination of what appearance is considered unsatisfactory, whether addressed in these guidelines or not.

### **Male Athletes**

- Uniform shirt-tails must remain tucked /untucked while in uniform, consistent with the requirements of the sport.
- When taking the court/field "warming up" for a game, all team members should be consistent with the uniform.
- Team members must not remove any part of their uniform until they leave the court/field unless receiving treatment for injury.
- Hair must be maintained in a "clean cut" look. (Each commissioner will set hair guidelines for his/her own sport.)
- Sideburns must be no longer than ear lobes; same width throughout.
- Face must be clean-shaven at practices, games, and HSAA-sponsored events.
- No visible tattoos or piercings.
- No visible undergarments.
- Caps to be worn front and centered.

### **Female Athletes**

- Uniform shirt-tails must remain tucked /untucked while in uniform, consistent with the requirements of the sport.
- When taking the court/field "warming up" for a game, all team members should be consistent with the uniform.
- Team members must not remove any part of their uniform until they leave the court/field unless receiving treatment for injury.
- Hair must be maintained neatly.
- No visible tattoos or piercings (with the exception of pierced ear lobes for female athletes).
- No earrings or jewelry at practices or games.
- No visible undergarments.

Adopted this 1<sup>st</sup> day of June, 2009, by the HSAA Board of Directors.

I have read and agree to the HSAA Appearance Guidelines. (Circle One)      Yes      No

Player Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Parent Signature: \_\_\_\_\_

Date: \_\_\_\_\_