

## AYSO Region 1079 U-6 Team Guidelines

### A. PLAYERS

1. Maximum number of players on roster: six (6).
2. All players will be 4-1/2 or 5 years old on or before July 31.
3. Maximum number of players on the field for a game at any time: three (3).
4. No co-ed teams. Separate boys and girls teams are promoted at this level of play.

### B. COACH

The coach's child will be a member of the team.

The coach is REQUIRED to attend the coach's clinic and attend Safe Haven Training each year. Coaches will receive their equipment then. Rosters will be distributed just before practices can start.

The Region will provide the coach with equipment (i.e. balls, cones, first aid kit, etc.).

The coach should get an assistant or co-coach (see G)

The coach is on the field during the game and also serves as referee. As referee, they will primary be responsible for out of bounds plays, fouls such as hands, pushing, or tripping, checking for shin guards and proper shoes.

### C. PLAYERS' EQUIPMENT

*Shinguards:* MANDATORY for both practices and games

*Uniforms:* The Region provides a game uniform for every player (shirt, shorts, and socks)

*Footwear:* Tennis shoes or soft-cleated soccer shoes. Shoes can not have a toe cleat.

### D. THE BALL

Size three (3)

### E. PRACTICE

Practices may start the day after the rosters are handed out, unless otherwise specified. Prior to the first game of the season, the team may practice at any public grassy area such as a public school (the region will help if a permit is needed), public park, or retention basin. Shinguards are MANDATORY to practice or play in the games. No more than one hour of practice per week is recommended for this age group.

When the season begins, all practices will be held at Red Mountain Soccer Complex, beginning at 6:00 PM immediately followed by a game on the scheduled field. The game will begin by 6:30 PM and end by 7:15 PM. No other practices are allowed for this age group once the season begins.

### F. TIME CONSTRAINTS

See E (Practices)

### G. ASSISTANT COACH / CO-COACH

The coach will ask one of the team member's parents to be an assistant coach or co-coach. They will help the team at practice. They should go to the Coach's Clinic or the Assistant Coach's Clinic and must have Safe Haven training.

### H. TEAM PARENT

The coach will ask one of the team member's parents to be the Team Parent. They will help organize things for the coach and team. Examples may be; organize the snack schedule, get names for trophies, check in with the information both weekly, pass out the uniforms, and make phone calls. They will attend a Region Team Parent meeting. This is when they pick up the uniforms

### I. REFEREE

The Team may supply a team referee. They will have a U6/U8 Referee Training clinic to go to. Otherwise both teams' coaches will act as referee for the game.

### J. AWARDS

The Region provides a participation trophy for every player.

### K. CONTACTS

The Region hotline number is 480-985-7783

The Region website is [www.ayso1079.com](http://www.ayso1079.com)

The national AYSO website is [www.soccer.org](http://www.soccer.org)

The Division Coordinator will provide the coach with their phone number.

### AYSO RECOMMENDATIONS

1. Region standings are not recorded
2. Game scores are not recorded
3. Parents, coaches, and players from both teams exchange handshakes before and/or after each game
4. All players receive participation awards
5. No individual should be allowed to run the length of the field except participants of the game
6. Parents and coaches should encourage players, but not coach or instruct during game time
7. Spectators are not allowed behind either goal or within three (3) yards outside the touchline