

## **U5 Boys rules and information**

The U5 division is played in a jamboree method of soccer. All the boys will meet at designated field at 10:30 on Saturday mornings. The coach in charge will organize the other coaches and have the fields set up prior to 10:30. The coach in charge could use help with this task, if this is something that you could help with please contact us at [aysoregion74@att.net](mailto:aysoregion74@att.net).

Once the fields are set up and assistant coaches are set, the boys will be divided up into groups of 4-6 and each assistant coach will take a group and work with them in certain skills and drills which have been determined by the lead coach. They will work on these skills for about 20 minutes with several water breaks during this time.

After the skills work (the first 20 minutes or so) the players will play a 3 on 3. Each week the groups of players playing together will change.

The games of 3 on 3 will be played for about 20-25 minutes with plenty of water breaks.

At the end of the game (around 11:30) all of the nets and cones need to be picked up. Please consider helping out with this task.

If you would like to be one of the coaches we ask you to show up to the complex about 10:15 to help set up the fields and be ready to roll by 10:30.

Games are played girls vs girls and boys vs boys.

We do ask that once in the fall and once in the spring the U5 parents help out in the concession stand. You must be 16 or over to work in the concession stand.

You would work from about 10:30 to about 11:30.

The uniform given to each player will consist of shirt, shorts, and socks. The only other thing that is a must are shin guards. Each player must wear shin guards when playing soccer. Cleats or regular tennis shoes are fine to play in.

If you have any question's please contact us through our web site or call us at 303-0558.

Or [aysoregion74@att.net](mailto:aysoregion74@att.net)

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If you would like to be one of the coaches we ask you to show up to the complex about 10:15 to help set up the fields and be ready to roll by 10:45

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You would work from about 10:45 to about 11:45

The uniform given to each player will consist of shirt, shorts, and socks. The only other thing that is a must are shin guards. Each player must wear shin guards when playing soccer. Cleats or regular tennis shoes are fine to play in.

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