

U-16/19 Coed Division Rules

<u># of players on Field:</u>	11 V 11 Goalie included
<u>Minimum # of players on team:</u>	12
<u>Maximum # of players on team:</u>	15 (can be more)
<u>Length of game:</u>	Two 40-45 minute halves
<u>Length of each quarter:</u>	20-22 mins
<u>Clock stop during quarter substitutions:</u>	
<u>Length of halftime:</u>	5-10minutes
<u>Size of soccer ball:</u>	Size 5
<u>Size of field:</u>	Full size of field (should be striped)
<u>Other rules:</u>	All players must wear shin guards All FIFA rules followed

Games are on Saturdays at 9:00a.m. Games will be played at either the Portage Soccer Complex, Kalamazoo Soccer Complex and possibly River Oaks Soccer Complex. We have inter-league play with Kalamazoo, River Oaks, Three Rivers, Mattawan and other local AYSO teams. Each year those teams involved in inter-league play do change.

Each team will have concession duty once in the fall and once in the spring. 4 parents will need to volunteer to work concession duty. The coach will be asking parents to volunteer for the concession stand duty. You must be at least 14 years of age to work in the concession stand.

Each team can have up to four practices in the two weeks leading up to the start of the fall and spring season. Once the games start, only 1 practice lasting 60-90 minutes is permitted each week. Practice days, times, and locations is up to each coach. We do strongly discourage practicing on Sundays.

We play a fall/spring season. The team you are on in the fall will be the same team you are on in the spring.

When making the teams we do not honor requests. We do allow assistant coaches and coaches to work together or coaches and referee's to work together.

We will try and keep kids on teams near their home public school as much as possible. This all depends on the number of coaches and players from each school that have signed up.

The uniform that each player gets will consist of shirt, shorts, and socks. The only other item each player must have are shin guards. Cleats or regular tennis shoes can be used.