

U-10 Girls Division Rules

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| <u># of players on Field:</u> | 7 V 7 (Goalie included) |
| <u>Minimum # of players on team:</u> | 8 |
| <u>Maximum # of players on team:</u> | 10 |
| <u>Length of game:</u> | Two 25 minute halves |
| <u>Length of each quarter:</u> | 12 ½ mins. |
| <u>Clock stop during quarter substitutions:</u> | |
| <u>Length of halftime:</u> | 5-10minutes |
| <u>Size of soccer ball:</u> | Size 4 |
| <u>Size of field:</u> | ½ size of field (Should be striped) |
| <u>Other rules:</u> | All players must wear shin guards |

Games are on Friday's at 6:00p.m. All games are played at the Portage Soccer Complex located on Bishop road (behind Soccer Zone) (NO OFFSIDES THIS YEAR, THIS IS A CHANGE FROM PAST YEARS)

Each team will have concession duty once in the fall and once in the spring. 3 parents will need to volunteer to work concession duty. The coach will be asking parents to volunteer for the concession stand duty. You must be at least 14 years of age to work in the concession stand.

After the game the coach will need some help moving the portable nets back to the fence line and lock them up. Please help out the coach with this important task after each game.

Each team can have up to four practices in the two weeks leading up to the start of the fall and spring season. Once the games start, only 1 practice lasting 60-90 minutes is allowed per week. Practice days, times, and locations is up to each coach. We do strongly discourage practicing on Sundays.

We play a fall/spring season. The team you are on in the fall will be the same team you are on in the spring.

When making the teams we do not honor requests. We do allow assistant coaches and coaches to work together or coaches and referee's to work together.

We will try and keep kids on teams near their home public school as much as possible. This all depends on the number of coaches and players from each school that have signed up.

The uniform that each player gets will consist of shirt, shorts, and socks. The only other item each player must have are shin guards. Cleats or regular tennis shoes can be used.