



REQUIRED EQUIPMENT

Shinguards: Laws of the Game IV. Must be entirely covered by socks . Shall be made of suitable material (rubber, plastic, polyurethane, or similar material). Shall afford a reasonable degree of protection.

Socks: Law of the Game IV. Must entirely cover shinguards.

Footwear: Laws of the Game IV. Soccer shoes with rubber or plastic cleats. Athletics shoes without any sharp edges. Any type of shoe having any number of rubber or plastic cleats.

ACCEPTABLE EQUIPMENT

Medical bracelets and necklaces may be worn if taped down.

Ace bandages may be worn if secured by tape or other soft material.

Soft headwear such as a knit cap is allowed.

Prescription eyeglasses with or without restraining straps are permitted. Contact lenses are allowed.

Internal orthodontics (retainer) are allowed.

Hearing aids are allowed.

RECOMMENDED EQUIPMENT

Mark all your equipment with your name and phone number with permanent marker.

Water is recommended to bring to every practice and games.

Soccer Ball: Strongly recommended to bring to each practice and game.

U6 : Size 3

U8 : Size 3

U10 : Size 4