

# AHFC

## THE PREMIER CLUB OF HOUSTON

AHFC FUTSAL IMPLEMENTATION

## VISION INNOVATION DEVELOPMENT



# Futsal Introduction

Following last year's pilot program, AHFC is extremely excited to introduce Futsal to our player development program.

Futsal originated in Uruguay in 1930's to create a small sided game for YMCA competitions. Futsal is a 5-A-Side game played on hardwood, synthetic court, asphalt or concrete, using a low bounce, smaller, heavier ball.

Both FIFA and U.S. Soccer Federation have put their stamp of approval on Futsal. Futsal creates an opportunity for players to become technically proficient at a quicker pace because of the size of the field. Players have to react quicker and think quicker.

Starting this Fall, Futsal will be introduced into our weekly training routine for U11 and older teams with a third session. It will replace the current Dual Age Group sessions (DAGs). U11 and older players not on a team with a third session can opt by adding Futsal if they desire. U9 and U10 players will have the option to participate in a low cost Saturday Futsal league in addition to their Sunday program.

AHFC is pleased to offer innovative player development methodologies that we believe continue to set our players apart.

AHFC

# AHFC Futsal Mission Statement

To create significant development of a young, technical and creative talent pool.

**Deliver the right opportunities:** Understand our player's goals and deliver the solution they need through demands and challenges.

**Implement with processes:** Utilize the best methods and cutting edge techniques to ensure constant growth.

**Make it pay:** Provide tools for advanced progression towards a more advanced and inimitable player.

# Benefits of Futsal

- More Touches on the Ball
- Improved Ability in Tight Spaces & Close Ball Control
- Faster Speed of Play
- Focus on Technical Skill
- Quicker Transitions
- Faster Thinking Abilities & Concentration



# Benefits of Futsal

- Quicker Reflexes
- Improvement of Flair/Creativity/Deception/Unpredictability
- Focus on Pinpoint Passing & Receiving
- More Experience in Multiple Positions
- Improved Balance & Motor Skills
- Less Injuries
- Not weather dependent



# Futsal Supporters

**THE ONLY INDOOR SPORT  
OFFICIALLY SUPPORTED BY:**





# AHFC Futsal Implementation

- Frequency – Once a week
- Length - 75 minutes
  - 30 minutes technical training
  - 45 minutes competitive format
- Training format
  - U11/U12 – Pool training
  - U13 & Older – Team training



# AHFC Futsal Implementation

- Duration – Follows established training seasons
  - U11 & older
    - Fall
      - All ages - September – November
    - Spring
      - U11-U14 - February –May
      - U15 & Older –March – May
  - U9/U10 Saturday Futsal League
    - Fall
      - September – November (8 weeks)
    - Spring
      - February – May (8 weeks)





# In Closing

AHFC takes pride in our success from a player, team and club operational perspective. Our core values, best practices and methodologies have been an invaluable source of our accomplishments, while always placing the player at the center of every decision.

We firmly believe the implementation of Futsal will be a valuable addition to our player development program and look forward to its inception.

Thank you for your time and attention. We greatly appreciate your support and look forward to serving you.



Believe∞Achieve∞Succeed

# The AHFC Difference

“

In belief there is power, making goals achievable and the possibilities to succeed endless...”

- AHFC

Believe ∞ Achieve ∞ Succeed