



American Youth Soccer Organization Region 605 All-Stars Program Guidelines 2013-2014

Vision Statement: The American Youth Soccer Organization headquartered in Hawthorn California (www.soccer.org) and serving the entire US, is committed to providing world class youth soccer programs that enrich the lives of young people. AYSO has never lost touch with our commitment to make certain that the sport grows in a way that both provides fun and contributes to the development of the whole child. Region 605 operates as an extension of the National organization, providing soccer programs in the North Charlotte and surrounding county areas.

Mission Statement: AYSO is committed to developing and delivering quality youth soccer programs that promote fun, are conducted in a family environment, and are based on the five AYSO philosophies of:

Everyone Plays: Our program's goal is for kids to play soccer-so we mandate that every player on every team must play at least $\frac{3}{4}$ of every game.

Balanced Teams: Each year we form new teams as evenly balanced as possible-because it is fair and more fun when teams of equal ability play.

Open Registration: Our program is open to all children between 4 and 19 years of age who want to register and play soccer. Interest and enthusiasm are the only criteria for playing.

Positive Coaching: Encouragement of player effort provides for greater enjoyment by the players and ultimately leads to better-skilled and better-motivated players.

Good Sportsmanship: We strive to create a positive environment based on mutual respect rather than a win-at-all-costs attitude, and our program is designed to instill good sportsmanship in every facet of AYSO.

AYSO Extended Play Program: AYSO endorses the concept of AYSO Extended Play Programs.

Goal: Our goal is healthy, happy kids, with soccer as an ideal way to reach that goal.

Elements: AYSO requires such programs incorporate the following elements. *Region 605's means of implementation in its All Star Program follows each element:*

Player Development: AYSO will help each player develop his or her soccer skills to the extent of their desire and talent, ensuring that skill development is also an important aspect of making soccer more fun for our players.

- Everyone on a team plays. *All Star players play at least 75% of each game.*
- The teams within an AYSO Extended Play League must be constituted with the goal of creating competitive balance. *All Star teams are balanced by age and competitive levels. Individual players are expected to be selected based on skill. Where multiple teams exist within an age group, there is no intent to create A vs B level teams.*
- Selection to the teams must be based on open and impartial evaluations. *All Stars player selection starts with collective tryouts, open to all registered AYSO players, on an openly advertised date, time and venue.*
- Administration and coordination of the program must run through the appropriate AYSO Region, Area, or Section. *A Regional Board position has been created to administer this program in Region 605. All team activities are coordinated thru this position to ensure that safety & insurance requirements are met, conditions (elements) are satisfied, and player/team development remains focused on individual soccer skills, development as soccer players and development as whole persons, over team desires to win.*
- The program must meet appropriate standards for coach and referee training and certification as established by AYSO. *Coaches will participate in an application & selection process in which training & certification are considerations.*
- The Extended Play program may only be offered in conjunction with a core program. *All Star players will participate in regular season play on balanced teams across the division. Accordingly, they may or may not be on the same team during regular season.*





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Description

"An 'All-Star' program is any program which is an extension of the regular (primary) season program and which selects players for participation based primarily on their ability." AYSO REFERENCE BOOK page 9.3. All-Star programs, if implemented, shall abide by the following policy: (ARB page 12-11 section 2.7).

- It shall not be allowed to become a more extensive or important part of any program than the basic or regular season.
- Participants should have participated in the regular or basic season (a minimum of one-half the regular season games is a good rule of thumb).
- A determination should be made by the region, area or section supervising the program whether such program should be self-supporting and not use regular season funds.
- These programs shall not involve U-8 or U-6.
- Principles of fair play, everyone plays, good sportsmanship, and positive coaching shall continue to be stressed.

The concept of having an All Star team in conjunction with the primary season recreational league is to make available to those players ready for more competitive play the chance to play with like skilled players on a team that will remain together from season to season. This will allow players to improve their skills by competing in a format previously restricted to challenge style leagues. It will also allow for the incorporation of more advanced soccer concepts that a single season does not allow for. As the All-Star player is required to participate in the regular season, this would also allow the player to help introduce more advanced play to the regular season teammates. All this will be done within the guidelines that all AYSO Region 605 teams follow. **The All Star Team is seen as a privilege, not a right.** The regular recreational league will always be first and foremost in AYSO Region 605. Age groups eligible for the creation of an All Star Team are U-9, U-10, U-11, U12, U-13, U-14, U-16, U-19. (See age chart in appendix).

Structure Comparison

Competitive Structure	NCYSA	AYSO – old	AYSO – new
Levels	Recreational Junior Academy Challenge Classic Premier Senior Academy Region III Premier	Recreational Challenge (All Stars)	Recreational Challenge (All Stars)
Tryouts	Open only after State Cup	By Invitation Coach discretion	Open Tryouts Uniform windows
Recruiting Restrictions	U14 and younger – not allowed U15+ Recruiting prohibited from June 30th until end of State Cup events (May)	Not addressed	Recruiting prohibited from start of season until end of Section or National events
Age Groups	U6,U8 - recreational U9,U10 - challenge U11,U12,U13, U14,U15, U16, U17, U19 – challenge, classic U14,U15,U16,U17,U18-premier	U6,U8 – recreational only U10,U12,U14,U19 – All Star	U6,U8 – recreational only U9,U10,U11,U12,U13,U14,U16,U19 All Star
Age Group jumps	Unregulated, but practice is rare. Usually discontinued by U13. ▪ Safety issues – age, size, physical play training ▪ Leaves player in a poor position for college.	Case by case approval, as little as one season move up & as much as one division move up (skip year)	Practice to be discontinued. Potential for one-season playup in Spring for non-All Star players only. Grandfather provision may apply.





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Cost Comparison – where known differences exist

Cost	NCYSA	AYSO – old	AYSO – new
Cost of Non-recreational Club Dues (whole year)	\$900 - \$1500 Club Dues, equivalent to "Registration Fees"	\$100 - \$200 Fall registration, Spring Registration & All Star registration	\$100 - \$200 Fall registration, Spring Registration & All Star registration
Cost of Team Dues			
League Play			
Referee Fees – Rec	\$48 - \$84	Volunteers	Volunteers
Ref Fees – Challenge	\$58 - \$102	Regular League only	Regular League only
Ref Fees – Classic+	\$68 - \$120	No All Star Leagues	No All Star Leagues
Coach travel – league			
Mileage	\$0.49 / mile	Coach absorbs own cost	Coach absorbs own cost
Tournaments - coach			
Mileage	\$0.49 / mile	Coach absorbs own cost	Coach absorbs own cost
Per Diem	\$30 / day		
Hotel	Avg \$105 / day		
Tournament Fees	* same *	* same *	* same *
Player additional cost	Replacement uniforms only Player travel costs	Uniforms Player travel costs	Uniforms Player travel costs

Misc Comparison

Item	NCYSA	AYSO – old	AYSO – new
Naming Conventions			
<ul style="list-style-type: none"> Recreational Challenge Classic Premier 	<ul style="list-style-type: none"> Name Assoc Initials & Name Year, Assoc Initials, Color of Assoc Level, Name (opt) 	<ul style="list-style-type: none"> Name Assoc Initials & Name Year, Assoc Initials, Color of Assoc Level, Name (opt) 	<ul style="list-style-type: none"> Name Assoc Initials & Name Year, Assoc Initials, Color of Assoc Level, Name (opt)
Charlotte Examples	90 NMYSA Red, Black, White 90 CUFC Black, Green, Gold 90 SCSA Gold, Blue 90 CSC Blue, White, Red	Name	Conventions
Uniforms – Colors	Club Colors	Team Colors	Club or Level Colors TBD
Uniforms – Purchasing	Club Level	Team Level	Club Level? TBD
Support			
<ul style="list-style-type: none"> Registration Team Assignment Uniform Purchasing Fields 	<ul style="list-style-type: none"> Club Admin Club Admin Club Admin State Admin, Club Admin 	<ul style="list-style-type: none"> Club Admin Coach Team Admin Club Admin 	<ul style="list-style-type: none"> All Star Administrator Age Group Selection Process Team Admin All Star Administrator

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1. Why are we doing this

- 1.1. Organization
 - 1.1.1. Consistent player experience
 - 1.1.2. Consistency in team makeup, content
 - 1.1.3. Progressive challenge for teams
 - 1.1.4. We need it
- 1.2. Competition
 - 1.3.1. Appropriate level of competition
 - 1.3.2. Appropriate ages at that level
 - 1.3.3. Stair step - progression
- 1.3. Explore partnerships
 - 1.3.1. Learn from successful organizations
 - 1.3.2. Long term player development
 - 1.3.3. Multiple partnerships – player alternatives
 - 1.3.4. Potential NCYSA where/when needed
- 1.4. Alignment with USYS / NCYSA / US Club Soccer

2. Leadership

- 2.1. In recognition of the need for leadership and an advocate, the position of AYSO All Star Administrator (ASA) is being established with this update & rollout of the All Star Program.
- 2.2. The position will be responsible for running the All Star program and keeping the AYSO 605 Regional Board informed and up to date on the program's operation.
- 2.3. The position of AYSO All Star Administrator (ASA) will be made an Executive Board position of the AYSO 605 Regional Board for as long as the All Star program exists.

3. How do I become a coach

- 3.1. Coach Application Process
 - 3.1.1. Coach Application – submitted by both head coaches and assistant coaches
 - 3.1.1.1. The coach application provides the ASA and Executive Board with your AYSO Certification levels and overall level of experience.
 - 3.1.1.2. The selection process will be heavily biased toward the most experienced coach available.
 - 3.1.1.3. Coach Application must be completed in full to be accepted.
 - 3.1.2. Intent to play
 - 3.1.2.1. Once approved, coaches must complete the Intent to Play before the start of tryouts.
 - 3.1.2.2. Player recruitment cannot begin without an approved Intent to Play.
 - 3.1.2.3. The Intent to Play must include a team manager, head coach and assistant coach
 - 3.1.2.4. The Intent to Play must be completed in full to be accepted /approved.
 - 3.1.2.5. The Intent to Play is shared with parents of selected team members to level set expectations

4. Coach Application Review - considerations

- 4.1. Training
 - 4.1.1. AYSO coach certifications (see 8.2) are considered mandatory minimum requirements.
 - 4.1.2. Coaches with a higher level of AYSO coach certification will be given priority.
 - 4.1.3. AYSO has reciprocity agreements with USSoccer for coaches with a USSF license. Check www.ayso605.com Coaches Corner for details.
- 4.2. "The National Board of Directors approved a Position Statement presented by the National Coaching Commission which requires all coaches participating in the AYSO National Games,





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Secondary Programs, Inter-sectional AYSO tournaments, non-AYSO tournaments and International competitions to be trained at the age/skill level of the team they enter and coach. This approval occurred in October 2006 and is to go into affect August 1, 2009."

4.3. Qualifying Factors:

4.4.1. Experience: Coach

- Years as head coach
- Years as asst. coach
- Divisions coached
- Non-AYSO experience

4.4.2. Experience: Players

- Years played
- Level played

4.4.3. Past evaluations / survey - Prior feedback from board/players/parents

4.4. Selection (Board Decision)

4.5.1. ASA submits the list of all applicants plus the list of recommended coaches based on training, experience, feedback and the number of intended teams per division. A vote is taken on the recommended list on a straight up or down basis.

4.5.2. If voted down, it is retaken on a coach by coach basis from the list of all applicants.

4.5.3. The AYSO National view that coaching is a privilege rather than a right applies.

4.5.4. Head Coaches are identified by age group. Head Coaches select Assistant Coaches from the pool of approved coaches.

4.5.5. Board Approval is obtained at a regularly scheduled Board Meeting, documented in the minutes. Approval must be secured (well) before tryout dates

4.5. The coach application process may be reopened as needed to fill a coach vacancy

5. How do I get my team

5.1. Advertise to Parents (Board assisted)

- Email
- Website
- Possible Mailer
- Other

5.2. Open Tryouts

5.2.1. After the end of the Section Games and before Aug 1, preferably late June – age group scheduling TBD

5.2.2. A prospective player entering the process mid-season must go thru "tryout" by practicing with the team for at least two consecutive practices

5.2.3. Tryouts may be held for teams with openings in the January timeframe

5.3. Player selection process

5.3.1. Existing teams may fill openings from the tryout pool first

5.3.2. New teams participate in an open draft

5.3.3. Player request for coach will be considered

5.3.4. There will be one team per single-year age group for the 2013-2014 fiscal year

5.3.5. An additional team may be added where there are sufficient players and additional approved coaches. This should be a direct result of larger than expected turnout at June or January tryouts, and must occur within 2 weeks of tryout events or the next Board meeting, whichever comes first. The effort to organize an additional team will be borne by the potential coach and parents.

5.3.6. No players playing U6 or U8 are eligible to participate in any secondary seasons. (All Star or Extra).

5.3.7. U6 or U8 players may not be used as guest players.

5.4. Notify Parents

5.4.1. Response period - players to be notified within 3 business days of the final tryout day

5.4.2. Parent package - what to expect, expense, copy of intent to play, etc





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- 5.4.3. Blackout Months: players are expected to receive a break from AYSO soccer during the months of July and December
- 5.4.4. Training camp - first week of August
 - 5.4.4.1. Four days of training available on Monday thru Thursday
 - 5.4.4.2. Training sessions not to exceed 1.5 hours per day for camp.
 - 5.4.4.3. Normal training schedule to begin the 1st Sunday after end of camp.
 - 5.4.4.4. Training camps to be organized and run by the head coach

6. Where do we play

6.1. Friendlies (AYSO)

- 722
- Cabarrus (pilot AYSO region)
- Lexington (pilot AYSO region)
- NCYSA

6.2. Tournaments (Tournament List)

- 6.2.1. Tournament selection process – geared toward team development
- 6.2.2. Teams attend only approved tournaments on the official list
- 6.2.3. Teams may bring a request to add a tournament to the approved list – include fit with team progression plan & goals, 30 days prior to tourney registration opening date
- 6.2.4. For 2008/2009 if there are two or more tournaments where only one can be chosen, All teams must enter the same tournament.
- 6.2.5. Two fall pre-season tournaments, 1 post-season tournament
 - SCSA Dick's Invitational (Aug) – unrestricted tournament
 - Open for recommendations for unrestricted tournament
 - CESA – Greenville / Spartanburg SC (Nov) – unrestricted tournament
 - Open for recommendations for unrestricted tournament
 - Charlotte United Classic Club
- 6.2.6. Two spring pre-season tournaments, 1 post-season tournament
 - Matthews USA Invitational (Feb) – unrestricted tournament
 - Open for recommendations for unrestricted tournament
 - AYSO 3v3 and Open Invitational
- 6.2.7. Additional AYSO annual tournaments
 - AYSO Sectional – June (2009 = Huntsville AL)
 - AYSO National – July (even # years, West Palm Beach FL. 2010)

6.3. Section 5 games - June (2009-Huntsville AL. National games – (even #d years location, West Palm Beach FL. 2010)

6.4. All scheduled events **MUST** be approved by the Regional Commissioner (Kathy Riley 08/09) and the Area Director (Don Wilson 08/09).

6.5. All events must be scheduled and individually approved by the ASA

- 6.6.1. Entry to the National Games is made by the RC at the NAGM. Teams are chosen a year in advance by a lottery system meant to create as much diversity among AYSO teams point of origin as possible.
- 6.6.2. Scheduled practices – time, location
- 6.6.3. Scheduled friendlies – time, location
- 6.6.4. Scheduled tournaments – time, location
- 6.6.5. Team parties – time, location
- 6.6.6. Non-soccer team events (example: pro game spectators) – time, location

7. How do I manage my team?

- 7.1. Team manager required
- 7.2. Assistant Coach required
- 7.3. Specific documentation
 - 7.3.1. Coach Application due June 6





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- 7.3.2. Intent to play due June 21 prior to start of tryouts
- 7.3.3. Volunteer tracking sheet. Due Aug 1 (to be maintained by tm mgr).
- 7.3.4. List of rostered players. Due Aug 1.
- 7.3.5. Approved roster Due 30 days before scheduled event (this is event specific) (to be maintained jointly by team mgr and Program Registrar).
- 7.3.6. Medical release forms for each player. Due Aug 1 (to be held by team mgr).
- 16.1.6. Medical Release Form is a signed copy of the Player Registration.
- 7.3.7. Birth Certificate copy - each player (to be held by tm mgr).
- 7.3.8. Player ID cards signed by RC (to be held by tm mgr).
- 7.3.9. Coach ID cards signed by RC (to be held by tm mgr).
- 7.3.10. Team checking account (recommended) - EIN # obtained from IRS web site.
- 7.4. Volunteer requirements
 - 7.4.1. Three certified AYSO referees per team who are not players or coaches of the team. At least one of the three must be minimally certified at Regional Referee level (center referee).
 - 7.4.2. All other families must volunteer in some capacity with AYSO 605 (see 11.8.2)
 - 7.4.3. The All Star team mgr's volunteer requirement is time served as team manager
- 7.5. ID player cards (official AYSO cards only)
 - 7.5.1. Individual 1"x1" photos on photo paper required (images printed on card or printer paper are not acceptable)
 - 7.5.2. Cards are completed by team manager
 - 7.5.3. Cards returned completed to the ASA for proper signature, official stamp, and lamination. Cards are then held by team manager for team events.
 - 7.5.4. If an All Star player is deemed ineligible to play because of disciplinary action, the player ID must be returned to the ASA.
 - 16.1.4. Player injury is not a reason to return an ID card.
- 7.6. Team Uniforms
 - 7.6.1. AYSO 605 will have one uniform style/color for all teams (existing approved AYSO uniforms will be grandfathered in for 2008/09).
 - 7.6.2. All Star Uniforms: WWW.Soccer.com Adidas Squadra Jersey 1 red and White 1- Black and White. 1 pair black and white Squadra Shorts. 1 pair red socks 1 pair black socks.
 - 7.6.3. Every effort will be made to make AYSO605 uniform in documentation and appearance for instant recognition by non AYSO organizations.
 - 7.6.4. Uniform purchase and billing is the responsibility of the team
- 7.7. Naming Conventions
 - Year, AYSO, Color, Name if desired, G if girls
 - Example; 98 AYSO Furies G
- 7.8. Process for obtaining approval for events from the Executive Board and Area Director
 - 7.8.1. Basis is established with an approved Intent to Play.
 - 7.8.2. Activities outside or modifying the Intent to Play - Contact All Star Administrator (ASA) in writing a minimum of 5 business days - preferred method is email.
 - 7.8.3. All non-tournament requests compliant with AYSO Region 605 as defined by the Regional Rules and Regulations, Executive Board decisions and the All Star Rules and Regulation, are assumed approved upon notification of the ASA unless specifically notified otherwise.
 - 7.8.4. Tournament requests should follow a path of progressive challenge for the team. Those not on the approved tournament list should be requested 30 days prior to the earliest application date for the tournament, and list prior tournament record that prepared the team for this request.
 - 7.8.5. A copy of the approved Intent to Play will be kept on file by the ASA.





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8. How do I get training?

8.1. AYSO Training dates

- Prior to the start of Spring and Fall games respectively
- Partner may help us with NSCAA and USSF certifications

8.2. Training Matrix

- AYSO Levels (required minimums)
 - Safe Haven (all coaches)
 - Positive Coaching Alliance seminar (all coaches, yearly update)
 - U10 (U10 coaches)
 - U-12 (U12 coaches)
 - Intermediate (U14 coaches)
 - Advanced (U16 and above)
 - National (Regional Commissioner approval required)
 - AYSO Section 5 Conference seminars
 - Other (local clinics and seminars)
- Team Manager training (TBD)
- ~~NSCAA~~
 - ~~– Youth 1~~
 - ~~– Youth 2~~
 - ~~– E~~
 - ~~– D~~
 - ~~– C~~
 - ~~– Regional~~
 - ~~– Advanced Regional~~
 - ~~– National~~

9. Where do I get training?

9.1. Charlotte

9.2. AYSO Super Camps

- Knoxville TN
- Huntsville AL
- Mercersburg PA

9.3. Other Section 5 Conference (annually Jan-Feb, location TBD)

10. Team Organization

10.1. Team Intent to Play

10.2. Team Budget

10.3. Parent Budget:

10.3.1. All-Star Registration Fees. Registration fees are due within 5 business days of the start of the fiscal year and are considered a firm commitment to play, regardless of the season in which the team intends to participate. The annual fee is per team, cost distributed amongst team members, collected by the team manager and submitted in one team check:

- ~~U9-10~~, \$100
- U11-12, \$120
- U13-14, \$150
- U16-19 \$180

10.3.2. Estimated player travel cost to attend tournaments

10.3.3. Uniform purchase cost

10.3.4. League Registration fees to dual-roster if applicable (not yet approved by Ex Board, not expected for Board approval in 2008/2009 year)

10.4. Fields





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- University Meadows
- Kirk Farm Fields
- Mallard Creek Park

10.5. Uniforms

10.5.1. All Star uniforms will be in compliance with AYSO Rules and Regulations.

10.5.2. All Star uniforms will consist of at least

- One home jersey
- One away jersey
- One pair of shorts
- One pair of socks

10.5.3. All Star uniforms will be from the same vendor – communicated by All Star Administrator

10.5.4. All Star uniforms will be uniform in appearance and color for every team. The only exception will be for sleeveless girls jerseys that are in all other ways identical to their sleeved counterparts (sleeveless jerseys are optional at the discretion of the individual team but may not vary from player to player).

- Existing uniforms will be grandfathered in for the 2012/2013 season.
- Compliance with the above rules will be mandatory as of 8/1/09

10.6. Equipment fees – if any, must be approved by ASA

10.7. Training Fees – if any, must be approved by ASA

10.8. Tournament fees – tournaments are chosen from published pre-approved list. (see 6.2)

10.9. Team Rosters

10.10. Guest Players are not responsible for uniform or tournament fee's

10.9.1. All Star team Official Rosters carry the registration stamp and signature of the Program Administrator or Regional Commissioner. They may not be altered once they have been signed & stamped. They may be re-issued, i.e. replaced with an updated roster if player changes take place during the year.

10.9.2. Roster changes, revisions, paperwork, etc must be submitted, and received by the program Administrator, 30 days before the open date of registration for any tournament event.

10.9.3. Team roster sizes must conform to AYSO National Rules & Regulations:

- U9-10 10 players
- U11-12 12 players
- U13-14 15 players
- U16 18 players
- U19 18 players

10.9.4. Teams may train with more players than their roster size limit as long as the additional players are registered and insured with AYSO. All Star participants must be registered and insured with AYSO for the duration of the fiscal year, beginning with the date s/he began to participate in AYSO events or teams. (see 11.7)

10.9.5. All rostered players must participate in the primary (recreational) program for at least one sub-season, fall or spring.

10.9.6. Players are expected to participate in open tryouts

10.9.7. Players accepting a position on an All Star team after tryouts must register for the upcoming recreational sub-season, which is typically Fall Season.

10.9.8. Those who accept but do not wish to participate in recreational play until Spring must pay the fall registration fee to hold their spot (currently \$90, 6/3/08). The Fall registration fee will be applied to their Spring registration. This provides coverage and entitles them to practice with the team, but they may not participate in matches, friendlies, tournaments or competitive events until January. Those who withdraw from the recreational program during their participating season, or fail to participate in at least 50% of games and practice, Spring and Fall combined, or 70% of game and practice if only one season is attended, are not eligible to participate in the All Star program.

10.9.9. The official roster consists of the starting lineup and substitutes for all competitive events. There are no alternates. Coaches may not recruit for "alternate slots" or





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exchange players from the official roster with “perceived alternates” until the end of the fiscal year or May-June tryout season.

10.9.10. Guest Players may be sought from the regular recreational program or another All Star team of same age/gender or one age group down under the following conditions:

10.9.11.1. There is an upcoming event for which a rostered player is unable to attend

10.9.11.2. Guest additions to the team will not cause the team’s total roster to exceed its original size or the roster maximum (see 10.9.3)

10.9.11.3. A guest from another All Star team is not participating in another competitive or recreational event on the same day(s).

10.9.11.4. For purposes of recruitment, guest players not on another All Star team are not otherwise considered to be a part of the team. They are at all times free to join another All Star team & should be encouraged to do so.

10.9.11.5. Alternatively, guest players from another All Star team MAY NOT BE RECRUITED to join the team for which they may be playing as a guest until the fiscal year is over or May-June tryouts begin.

10.9.11.6. Coaches are prohibited from alluding to ongoing opportunities for a guest player with the team.

10.9.11.7. Guest players must be afforded the same playing opportunities the absent rostered player would receive under the AYSO philosophies.

10.9.11.8. Guest players are not charged a pro-rata portion of tournament fees – they are filling in for the absent player who has already paid.

10.9.11.9. Guest players may not be recruited to replace a teammate that has been suspended for any reason.

10.9.11.10. Guest Players may not be U6 or U8 players regardless of the when the player is eligible to move up to the next age division.

10.9.11. A Guest Roster must be completed and signed by the player’s regular coach, the All Star Coach with whom the player is guesting, and stamped/signed by the ASA or Regional Commissioner.

10.9.12. Recruitment of a player on another All Star team or on an NCYSA/SCYSA challenge or classic team by a coach or parent or other AYSO associate is strictly prohibited and may incur monetary fines in observance of state and national league disciplinary action. Exception is made for stipulated tryout windows of the league in question, including AYSO.

10.11. Team practice/game restrictions

10.10.1. Teams will be limited to 2 practices not to exceed 1.5 hours in duration per practice, and 1 friendly or tournament per week outside of the primary season.

10.10.2. During the primary season, teams are limited to 1 practice not to exceed 1.5 hours in duration OR 1 friendly or tournament per week.

10.10.3. All Star practices, friendlies, tournaments or other All Star events MUST NOT conflict with any of the team’s players primary season events.

10.10.4. Additional friendlies during the week will count against the 2 weekly practices.

10.10.5. Tournaments are limited to 3 per season or 6 per year.

10.10.6. Section 5 Games and AYSO National games are considered Region 605’s premier events and are not counted against 10.10.5.

10.10.7. Practice Time Teams are limited to two training sessions (practices) per week. Following a tournament at which three or more games were played by the team, training sessions for the week following the tournament should be held only once. The length of a training session should be no more than the length of one full game:

Age Division Maximum Minutes Per Training Session

U-19 90 min

U-16 80 min

U-14 70 min

U-12 60.min

U-10 50 min





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11. Player Eligibility, Responsibilities

- 11.1. Assigned Jersey Number
- 11.2. Birth Certificates (copy)
- 11.3. Proper age, Players birth date must fall on or between Aug 1 and July 31 of the fiscal year in the division they are playing in. For the 2008/2009 season, birthdates for the respective divisions will be:
 - ~~— U9 Aug 1, 99-Jul 31, 00~~
 - U10 Aug 1, 98-Jul 31, 99
 - U11 Aug 1, 97-Jul 31, 98
 - U12 Aug 1, 96-Jul 31, 97
 - U13 Aug 1, 95-Jul 31, 96
 - U14 Aug 1, 94-Jul 31, 95
 - U16 Aug 1, 93-Jul 31, 93
 - U19 Aug 1, 92-Jul 31, 90
- 11.4. Proper Division
 - 11.4.1. Players must be playing in a primary season division that corresponds to their All Star division (example: a U12 primary season player can only participate in either U11 or U12 All Stars). The All Star division participated in would be solely determined by their age as shown above.*
 - 11.4.2. Note that an approved Fall primary season move up would disqualify a player from participating on an All Star team and should be taken into account during the decision making process.*
- 11.5. Medical Release (notary)
- 11.6. Registration
 - 11.6.1. Registration in the primary season is required.
 - 11.6.2. Registration will be annually instead of seasonally. Players may tryout and be selected for openings throughout the year. However there will be no discount for signing up late in the season.
 - 11.6.3. There is a team registration fee. The cost will be born by the players as detailed in the teams Intent to Play.
 - 11.6.4. Separate team fees are required. This should include the cost for home and away uniforms, reserving practice fields, and attendance at tournaments, the AYSO Section 5 Games and the AYSO National Games. Such fees are set by the coach based on the teams Intent to Play.
- 11.7. Eligibility
 - 11.7.1. Participation in a regular season is mandatory. Such participation should be a minimum of 50% of games and practice, Spring and Fall combined or 70% of games and practice if only one season is attended.
 - 11.7.2. Players registered and participating in the Fall AYSO season are eligible to participate in the full fiscal year of All Stars from August 1st through July 31st. Players only registered for the Spring AYSO season are only eligible for the Spring All Star season, including pre-season games (after December 31st). However, they may begin practicing with the team from the Friday following the date they have paid for registration to satisfy AYSO insurance coverage.
 - 11.7.3. Reasons for not attending primary season games or practices can be for anything / everything (i.e. sickness, family vacation. etc) EXCEPT participation in an All-Star event (a travel day to an All Star event is not an acceptable excuse).
 - 11.7.4. Player selection for all star teams is left to the discretion of the coach. The only exceptions to this would be decisions that violate AYSO policy, i.e. decisions based on race, religion, ethnicity etc. Parents should understand that in most cases that selection will be based on skill.
 - 11.7.5. Participation in organized tournaments by U8 age division players is not appropriate and will not be approved by AYSO.
 - 11.7.6. Player eligibility for All Star participation will be further defined as:





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Player's regular season registrations must be posted with AYSO National before they are eligible to practice or play in All Stars (or the primary season). Players are not eligible to practice or play upon receipt of their registration locally. Upon receipt by AYSO NSTC (in Hawthorn CA), registrations are posted once a week, every Friday 5pm PDT. Always check with your Division Coordinator or the All Star Administrator (ASA) before starting a new player to insure proper liability coverage.

11.8. Responsibilities

- 11.8.1.** Any player who misses a regular season game or practice in order to attend an All Star event will lose the privilege of being a member of the All Star Team for the remainder of the AYSO fiscal year. Registration fees will not be reimbursed.
- 11.8.2.** An additional requirement of participation will be 4 hours per family/player of **Volunteer Time** with AYSO Region 605. Possible choices could be referee, field maintenance, coaching, board participation, concessions.

12. Coach Eligibility, Responsibilities

12.1. Eligibility

- 12.1.1.** Participation in the regular season is mandatory.
- 12.1.2.** Any coach who, in the opinion of the AYSO Region 605 Board, consistently attempts to circumvent the spirit of the All Star rules or AYSO Region 605 rules will be removed from the team as coach and the team will be disbanded unless a suitable replacement can be found.

12.2. Responsibilities

- 12.2.1.** All Star events (games and practice) are limited to Sundays only (or any day that does not have a scheduled game/practice by ANY AYSO team in the same age group player on the team in question) during the regular season. ~~Exceptions may be granted by the Regional Commissioner.~~
- 10.9.11.1.** Weekday practice would need to be coordinated with the Division Coordinator and have the approval of both the Coach Administrator and the ASA.
- 12.2.2.** All Star teams participate in events under the rules of the hosting organization and/or tournament rules, subject to the following AYSO Region 605 minimums:
 - 12.2.2.1.** Everyone plays a minimum of 75% of the game before anyone plays more.
 - 12.2.2.2.** Keepers are limited to 50% of the game in goal for ~~U9~~ **U10** through U12. This rule is recommended for U13 through U16.
 - 12.2.2.3.** Substitution is permitted per regulations of the hosting organization; for example, no free substitution is permitted at AYSO hosted events. Compliance with 12.2.2.1 is still mandatory
 - 12.2.2.4.** Red Cards will result in immediate player removal from the field and a minimum of a one game suspension for the carded player. The Executive Board reserves the right to review the infraction and extend the suspension as necessary.
 - 12.2.2.5.** Coaches will, **AT A MINIMUM**, be held to the same standards of behavior as regular season coaches. It is expected that coaches will at all times follow the P.I.E method of coaching and should conduct themselves at all times as Role Models and Ambassadors of AYSO Region 605.
- 12.2.3.** If the All Star coach is found to be responsible for any player missing a regular season game or practice that coach will immediately lose the privilege of being a member of Any All Star Team in ANY capacity.
- 12.2.4.** Coaches are responsible for seeking approval from the AYSO Region 605 Board for any practice time or location changes, and participation in any and every tournament or scrimmage/game a minimum of 1 week before the event. Team rosters of expected player participants will need to be submitted for each event. Submissions and approvals will be done through the ASA. **(see 13.4)**
- 12.2.5.** At the beginning of each season (Spring, Fall) the All Star Team Coaches should meet with the ~~Board~~ **ASA** to present / discuss the teams' goals for the coming season.
- 12.2.6.** At the end of each AYSO calendar year, the All-Star coach will be evaluated by the parents of the players. This evaluation should come from the Board... and only the





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tabulated results should be shared with the Coach to add value to how the All Star Team is managed.

- 12.2.7.** The coach/team manager will keep the board up to date on all activities during the calendar year. This will be done through the ASA **and the Calendar of Events (see 13.4).**

13. All Star Council

- 13.1.** The ASA will have a support staff made up of All Star coaches, managers and parents for the purpose of running All Star business.
- 13.2.** The support staff does not have any authority to make policy on the All Star Program. They may make recommendations for the ASA to present to the Executive Board.
- 13.3.** The positions for the support staff is recommended to be (but is not limited to); Registrar, Secretary, Treasurer, Volunteer Coordinator, Tournament Director.
- 13.4.** **A CALENDAR of EVENTS will be maintained and updated by the All Star Council. This will include scheduled friendlies, tournaments, practice schedule, parties, etc.**
- 13.4.1.** The email address for the Calendar of Events is aysoallstar605@aol.com.

14. Disciplinary Action

- 14.1.** Disciplinary action will be taken by the Executive Board against any coach, player, or parent who violates any part of the AYSO Region 605 Rules and Regulations, AYSO 605 All Star Rules and Regulations, or AYSO National Policy.
- 14.2.** In the interests of furthering relationships with other leagues, disciplinary action will be taken by the Executive Board against any coach, player, or parent who violates hosting or sanctioning organization Rules and Regulations.
- 14.3.** Violation of disciplinary actions by coaches will not be tolerated.

15. Miscellaneous

- 15.1.** Every player should play several positions during the course of a season. Priority should be on developing the total player, not on winning.
- 15.2.** Prioritize **FUN** at all times. AYSO All Star coaches should work hard to prevent player burnout seen in other programs.
- 15.3.** Coaches are responsible for scheduling practices. For fields controlled by AYSO, a master practice schedule will be maintained by the ASA to avoid conflicts (**see 13.4**). Any scheduling disputes will be resolved by the ASA.
- 15.4.** Field reservations; Atulya Cornwell Park and Rec. 704-336-8465
- 15.5.** Team coaches and team managers are responsible for adhering to the **Letter and Spirit** of AYSO 605 All Star Rules and Regulations, decisions of the AYSO Region 605 Executive Board and Region 605 Rules and Regulations.
- 15.6.** Team coaches are expected to be Ambassadors of AYSO Region 605 when in any way engaged in team business.
- 15.7.** Team coaches and managers are expected to role model AYSO's philosophies: Everyone Plays, Balanced Teams, Open Registration, Positive Coaching and Good Sportsmanship.
- 15.8.** The team head coach bears ultimate responsibility for his/her team.
- 15.9.** The All Star rules and regulation document including the new projected Timeline of events and sanctioned tournaments will be reviewed annually no later than the due date for the ~~team Intent to Play~~ **Coach Application**. Such review will be conducted by the Executive Board.
- 15.10.** At any time there is confusion with the interpretation of any posted rule, or lack thereof, the decision of ASA will become official policy of AYSO 605 until the subject can be reviewed by the Executive Board. Such review will occur no later than the next scheduled Executive Board All Star update meeting.
- 15.10.1** Such decisions will be reflected in UPDATES posted and dated on the web site.





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- 15.11.** The All Stars Rules and Regulations must be reviewed by the AYSO 605 Executive Board annually.
- 15.12.** For changes to the Intent to Play, changes to practice times and locations and any other team events (parties, 49er's etc) Aysoallstar605@aol.com . For general communication with the All Star coaches, Ayso605allstars@yahoogroups.com .
- 15.13.** It is incumbent on the All Star coaches to make the job of ASA easier, not the job of the ASA to make the All star coaches job easier. 8/18/08
- 15.14.** U9 players will no longer be eligible for All Star year round teams. They will be eligible to attend the Section 5 Games and can be added to a team after the end of the Spring season. 8/18/08
- 15.15.** Blackout Dates:
 - 15.11.1** Teams are required to have one blackout month per sub-season consisting of no less than 30 consecutive days (2 per year).
 - 15.11.2** Blackout periods will be clearly marked on the teams' Intent to Play.
 - 15.11.3** Recommended Blackout dates are July1-31, Spring, and Dec 1-31, Fall.
 - 15.11.4** The coaching staff is not allowed to participate in any way with their All Star team during the Blackout period. The clear intent is to give the kids a break from soccer twice a year. Efforts to circumvent the spirit of this intent will be dealt with as a disciplinary matter.
 - 15.11.5** Requests to alter the recommended start of Fall season and the ~~summer~~ recommended Blackout periods involve special circumstances involving insurance, liability and other considerations and MUST be SPECIFICALLY approved by the ASA in writing. Copies of which will be kept by the team mgr and ASA.

16. AYSO 3v3 and Open Invitational

- 16.1.** The AYSO 3v3 and Open Invitational tournament to be held in May of each year will be run by the All Star Program. A tournament committee will be formed from All Star coaches, managers and parents to plan and execute the tournament.
- 16.2.** This will become the tournament of choice for the post Spring season.
- 16.3.** For 2009, we wish to expand on the 3v3, adding a U8 soccer fest and growing the overall level of entries. For 2010 the tournament will be further expanded to include an Open Invitational the following weekend. We expect to add the NRUSA - Virginia Tech Tournament (May) - unrestricted tournament as a post Spring choice for the 2009 season only. Participation at NRUSA will be based on involvement in the 3v3 planning & execution.
- 16.4.** Funds raised will be shared with the region 50-50.
- 16.5.** All Star profits will be used for funding teams' entry in the National Games, as well as program training and equipment expenses.

17. All Star Sponsorship and Fundraising

17.1 Fundraising

- 17.1.1** Teams that wish to engage in fundraising to cover expenses need to select from an approved list of fundraising vendors. This list is still in production at the start of the 2014 season but will most likely include vendors already used by the 2008 National Games participants. Vendors such as Auto Bell, Chick-fil-A, Little Caesars etc. The list of approved vendors can be increased with suggestions made by the All Star Coach Council.
- 17.1.2** Any Fundraising will require proof of team checking account. In no case will team money be funneled through the Region treasurer.
- 17.1.3** The team account and budget will be subject to audit and approval by Region 605 or an Auditor approved by Region 605. Teams will be required to present to the board the team account details within 30 days of notice.
- 17.1.4** 100% of the money raised by a team will be kept by the team to cover its budgeted expenses.

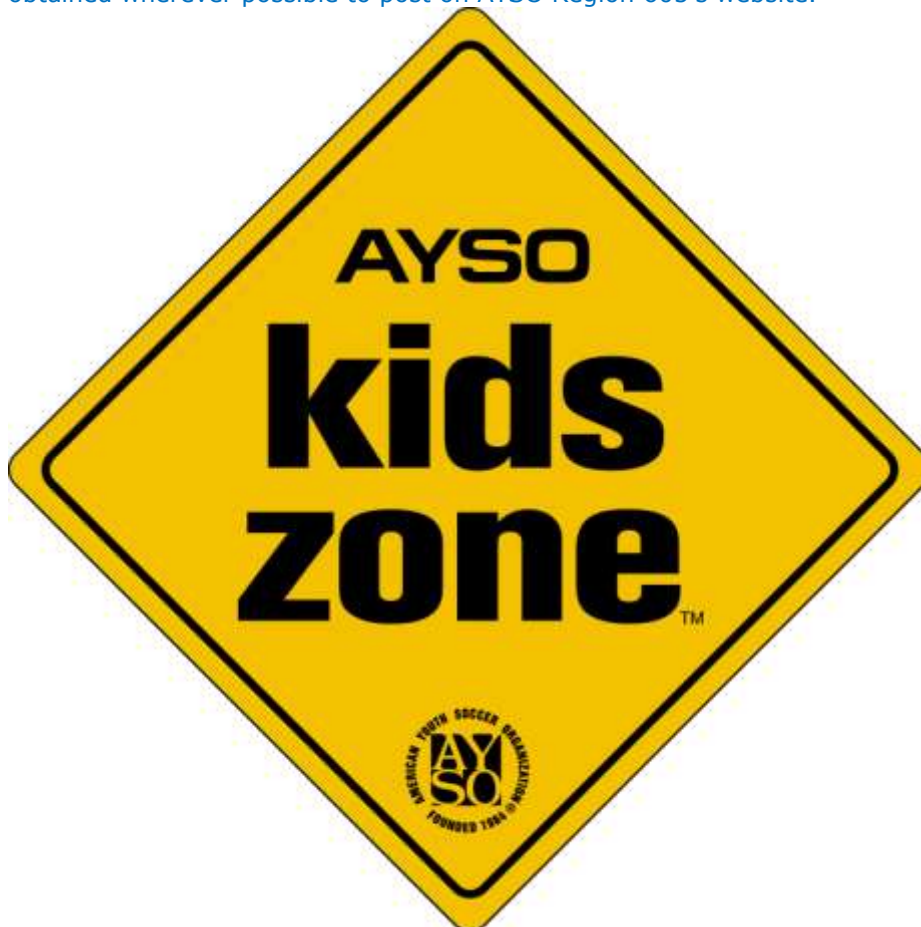




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17.2

Sponsorships. Beginning with the 2013-2014 fiscal year, sponsorships obtained to fund All Star teams or events are shared with the Region on a 75% team - 25% region split. All contact information for sponsors is to be turned over to the region's Sponsorship Coordinator (~~Gina Fernandez 08/09~~) sponsorship@ayso605.com. Logos are to be obtained wherever possible to post on AYSO Region 605's website.





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18. Timelines

Coaches input	May 30
Board Meeting	Jun 3
Prospective Coaches Mtg.	Jun 6
Coach Application due	Jun 6
Coaching Staff announced	Jun 18
Section 5 games	Jun 12 -15
Intent to Play due	Jun 21
Tryouts	Jun 21-28
Notification	Jun 30
Coach Training	Jul – Aug TBD
Summer Blackout	Jul 1 – Jul 31
All Star Season Begins	Aug 1
➤ Hold 1 st team mtg.	Aug 1-3
➤ Camps (1 st day of training)	Aug 4 – Aug 8
➤ Fall Pre-season Tournament(s)	Late Aug
➤ Reg. Season Practice Begins	Aug 18
➤ Reg. Season Begins	Sep 6
➤ Reg. Season Ends	Nov 1/ 8
➤ Area 5 games	TBD
➤ Fall Post-season Tournament	Late Nov
➤ Winter blackout	December 1-31
➤ Spring Pre-season Tournament	Feb TBD
➤ Reg. season Practice	Feb 16
➤ Reg. season Begins	Feb 28
➤ Reg. season Ends	April 25
➤ Spring Post-season Tournament	May
➤ Section 5 games	June





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APPENDIX

2008-2009 Age Groups

~~U9 (8/1/99 - 7/31/00)~~
U10 (8/1/98 - 7/31/99)
U11 (8/1/97 - 7/31/98)
U12 (8/1/96 - 7/31/97)
U13 (8/1/95 - 7/31/96)
U14 (8/1/94 - 7/31/95)
U16 (8/1/92 - 7/31/94)
U19 (8/1/89 - 7/31/92)

