



## **U5-U8 Junior Academy Training Program FALL 2018**

Pride Soccer Club (“PSC”) is excited to once again be offering the U5-U8 Junior Academy Training Program. This program is intended for players who already participate in a recreation league and want to receive extra training during the week. Our Junior Academy is open to any player regardless of league or club affiliation. Each training session will focus on improving the individual players’ skill and technique and will be led by a licensed PSC Coach. The program is open to both boys and girls. Players will learn activities they can take home and practice on their own. Topics that will be covered throughout the program include: juggling, dribbling turns, dribbling moves, receiving, passing, striking, shooting, possession, 1v1 attacking, 1v1 defending and tactical awareness. Each participant will receive a PSC training shirt.

Cost: \$35

Includes: Six 60 minute training sessions with PSC coaching staff member and a PSC Training Shirt

U5-U8 Sessions: Sundays (5:00-6:00pm) in Sept/ (6:00-7:00pm) in Oct  
9/16, 9/23, 9/30, 10/7, 10/14, 10/21

U5: 2014 Birth Year

U6: 2013 Birth Year

U7: 2012 Birth Year

U8: 2011 Birth Year

### Training Location:

PSC Training Fields (Behind David Lutheran and Heritage Baptist Churches)  
300 Groveport Road  
Canal Winchester, OH 43110

### Contact:

Alex Wentz, Junior Academies Director  
wentz.59@osu.edu

**Register online at [www.pridesoccerclub.com](http://www.pridesoccerclub.com)**

**Deadline to register is September 16th**