



NĀ HOA O PUNA

- Mute microphone
- Type questions in chat box.
- PLEASE take notes/screenshots.

‘ohana meeting Fall 2023 Season

NĀ HOA ROOTS...

- Founded by Coach Buddy Perry for the youth of East Hawai‘i 2009
- Nā Hoa= Friends, Nā Hoa o Puna=Friends of Puna
- Volunteer Coaches, Staff, Board
- Competitive Soccer, Community-based
- Nā Hoa Cup since 2011 (always around the anniversary of Coach Buddy’s passing, Dec. 13, 2015)
- Buddy Perry Post-Secondary Scholarship since 2014
- Non-profit umbrella organization No Nā ‘Ōpio



NĀ HOA O PUNA PHILOSOPHY

We focus on multi-sport athletes...

- teaching fundamental ball handling skills
- striving to create a competitive environment during trainings and games
- Possession
- Developing the mental aspect of players
- 1) Defend 2) Possess 3) Attack 4) Score



COMMITTMENT + 100%

EFFORT = GROWTH

THE 7 NĀ HOA RULES:

- 1) LOOK AT THE COACH'S EYEBALLS WHEN HE/SHE TALKS.
- 2) HUSTLE DURING ALL DRILLS, DURING GAMES & ON/OFF THE FIELD.
- 3) USE BOTH FEET.
- 4) NEVER ASK THE COACH WHEN/WHERE YOU WILL PLAY.
- 5) ALWAYS ACKNOWLEDGE AND RESPECT OTHER NĀ HOA MEMBERS & FAMILIES.
- 6) WHEN THE OTHER TEAM TAUNTS YOU, LOOK AT THE COACH AND SMILE.
- 7) DURING DOWNTIME, YOU ARE JUGGLING OR PLAYING KEEP AWAY.

NĀ HOA ‘ŌHANA



Richard Handy,
Director of Coaching



Kaleihali'a
Tolentino-Perry
19U Coach
(2006/2007)



Rico Logan Handy
16U (2008/2009)
'Ula'u/Ke'oke'o
Head Coach



Val Kalaola
16U Girls Coach
(2008/2009)

NĀ HOA COACHING & STAFF



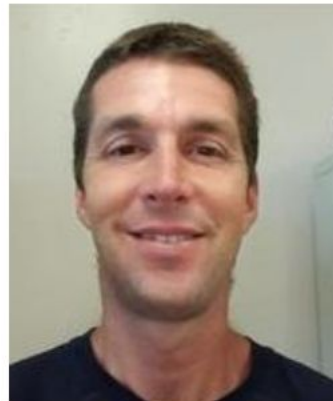
Rico Ferrari
Nā Hoa Board VP
Nā Hoa Cup Director
Big Island Futsal
14U Wahine Coach
(2010/2011/2012)



Tim Auth
14U Kāne Coach
(2010/2011)



Kirk Weston
14U Kāne Coach
(2010/2011)



Robin Gleason
12U and 11U Coach
(2012/2013/2014)



Caethan Mingst-Belcher
12U and 11U Coach
(2012/2013/2014)

NĀ HOA COACHING & STAFF



Kyle Quinlan
8U Assistant Coach
(2016-2018)



Shama Kai
8U Coach
(2016-2018)



Kanilau
Tolentino-Perry
Little Buddies Coach



Keona Delaries
Little Buddies Coach

TEAM MANAGERS

Little Buddies– Pele Harman (TeamReach **Nahoabuddies**)

8U red/white– Katrice Gleason (TeamReach **NaHoa8**)

11U/12U boys– Katrice Gleason (TeamReach **NHOPSTRONG23**)

14U wahine– Ashley Ponce (TeamReach **NaHoa2011G**)

14U kāne– Arielle Badeaux/Pandi Weston (TeamReach **PunaKaneU14**)

16U kāne– Jaydee Chung (GroupMe)

16U wahine– Shauna Ruth

19U– Christine Quintana (TeamReach **NahoaU18**)

TRAINING SCHEDULE:

Little Buddies Tues. 3:45-5:00pm (starting Aug.22)

8U-Tues./Wed. 4:00-5:30pm

11U/12U- Wed.-Fri. 4:00-6pm

14U kaikamahine Tues/Fri. 4-6pm

14U kāne Tues./Thurs. 4-6pm

16U-Tues./Thurs. 4-6pm

19U-TBD

COMMUNICATION

Team Reach or Teamsnap

Affinity registered email

www.nahoapuna.com

*make sure your team
managers have your contact
info.

NĀ HOA BOARD

Malani Alameda, President
Rico Ferrari, Vice President
Christine Quintana, Secretary
Kekoa Harman, Treasurer
Pelehonuamea Harman, Registrar

Members-at-large:
Pohākalani Tolentino-Perry
Kaleo Quintana
Tracy Johnson
Kēhau Shintani
Ka‘ili Pe‘a-Ferrari



SOCCER YEAR AT A GLANCE

HYSA Fall Season: Aug.27/28 – Nov. 12/13

Nā Hoa Cup– Dec. 2 & 3, 2023

Hawaii Island Futsal (indoor) Jan– Feb. 2024

League Spring Season: Feb/Mar. –May

Tournaments/Travel–Summer

BUDDY PERRY SCHOLARSHIP RECIPIENTS 2023 (APPS WILL BE POSTED JAN 2024)

NOA QUINTANA
Hilo High School



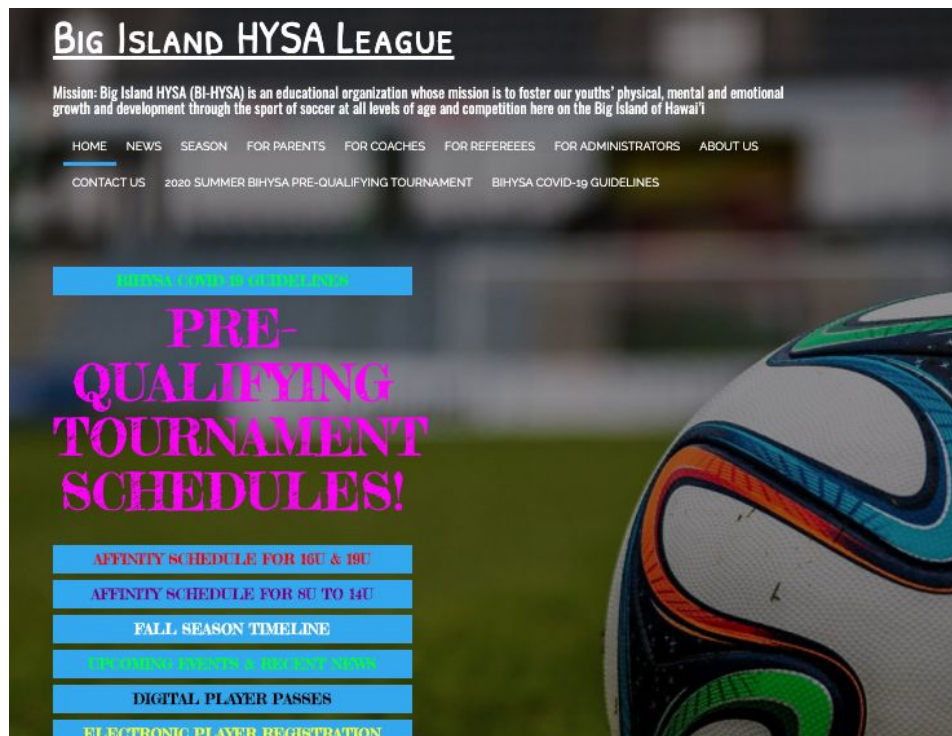
KAUMUALI'I HARMAN
Ke Kula 'o Nāwahīokalani'ōpu'u



TOBIAS JOHNSON
Waiākea High School



HYSA LEAGUE



-www.bihysa.com

-\$50 Electronic player registration

-check website for updates, announcements, schedule etc.

-rostering of players is left up to the discretion of the coach.

-Double rostering policy of club

Go to website for quick tour

Nā HOA FALL REGISTRATION FEES-DUE AUG. 18TH

-**\$70 for ALL players** (in addition to the \$50 you already paid online for HYSA player pass);

-Pay by check to **Nā Hoa o Puna Soccer Club** mail to 17-320 Palaa St. Keaau, HI 96749. A \$25 fee will be assessed for

OR **Venmo @Kekoa-Harman / (808)333-0591** *please note that it is for Nā Hoa soccer fees, the player(s) names as it appears in affinity, and age group *preferred method of payment. **DO NOT DESIGNATE AS A BUSINESS OR SERVICE as a fee is deducted by venmo.**

*DO NOT GIVE CASH/CHECK TO COACHES OR TEAM MANAGERS.

REGISTRATION REMINDERS

- Players CANNOT be rostered until ALL paperwork has been completed correctly. HEADSHOTS*
- Foreign Born Players- Please let me know if you are a NEW player to Nā Hoa AND were born outside of the USA.
- VOLUNTEERS NEEDED: Referees

PLAYERS SHOULD HAVE:

<https://nahoaasoccerfall2023.itemorder.com/shop/sale/>

-Power Red ADIDAS shorts

-White soccer socks

-shinguards

-cleats

-water bottle

*at all games

*label ALL your gear

*game jerseys will be handed out and collected on game day



www.amazon.com



LITTLE BUDDIES

Since 2015



FOR THE LITTLE BUDDIES PROGRAM

- players ages 3-younger 6
(preference given to siblings of Nā Hoa players)
- You DO NOT need to purchase uniform shorts or Nā Hoa gear.
- Bring shin guards, socks, cleats/shoes, size 3 ball, water
- Wear comfortable clothing
- 1 adult must be present for the entire time.

How to register:i

-Join TeamReach code: **Nahoabuddies**

-Fill out registration form

<https://forms.gle/5c7UDD3K3WR1yLCQA>

-\$35 registration fee for the year.Payment made via VENMO to Kekoa Harman (0591 last 4 digits)
OR send check made out to No Nā 'Ōpio to 17-320 Palaaī St. Kea'au, HI 96749 Attn: Kekoa Harman)

COVID-19 POLICIES: MĀLAMA KEKAHI I KEKAHI

- There are NO LONGER any COVID-19 rules of bihysa
- No sharing water bottles or equipment
- Sanitize hands before & after trainings/games.
- DO NOT ATTEND TRAINING OR GAMES & CONTACT TEAM MANAGER/COACH IF:
 - You test positive for Covid-19.
 - Anyone in your household has tested positive for covid-19 and you are not vaccinated.
 - If you are feeling sick.
 - If you exhibit any of the symptoms associated with Covid-19 but have not yet tested.
- Masks ARE NOT REQUIRED during practice and games but MAY BE WORN by individuals who wish to do so.
- You DO NOT need to complete/sign/upload Covid-19 waiver anymore.

WWW.NAHOAPUNA.COM



GOOD LUCK!