



## **U6/U8 Game Days**

Here is the game day info, these game days are solely for the purpose of development. At this age, our focus is making sure the kids are comfortable on the ball and can dribble vs an opponent going 1 v 1 and making skill moves. We want to introduce them to something before they play and try to perform what we taught them in the game-on-Game Days.

### **Structure: (4 v 4)**

(U6 Only) 20 -30 minutes training session led by an academy coach and volunteer coaches of the teams. The academy coach will run the session.

40-60 Minutes of scrimmages. Teams will rotate in a round-robin style. Parents, your child will be moving fields.

Below the link is a great article of why 4 v 4 is so important at the early ages.

Link: [DocHdl1tmpTarget \(soccercoachinginternational.com\)](#)

### **U6- Skill Clinics plus Games**

### **U8- Only Games**

## **Game Dates**

*U6/U8 Schedule (LP- Laurel Point Soccer Fields, CL- Cheat Lake Soccer Fields)*

*U6- 9am to 10am*

*U8- Games slots from 10:30am to 1pm*

April 16th @ LP, April 23rd @ CL, April 30th @LP, May 7th @ CL, May 14th @ LP, May 21st @ CL

## **Parents**

At this age we encourage parents to do these key things

1. Encourage dribbling instead of saying "Kick it". Everything a child does within a soccer game should have a purpose.
2. Encourage them to keep the ball in play. For example, instead of kicking the ball out, can we turn on the ball and dribble up the field. At this age, its critical to try new things

3. Be positive (This is key)

If you have any questions, please email me at [ray.kryzak@muscwv.org](mailto:ray.kryzak@muscwv.org)