

CV YOUTH LACROSSE CODE OF CONDUCT

The goal of the CV Youth Lacrosse Club ("CVYLAX") is to maximize the opportunity for each registered player to enjoy the game of lacrosse, learn and display sportsmanship, and develop individual and team skills. In pursuit of that goal, the principles set forth below reflect our Code of Conduct and shall apply to board members, coaches, players, parents, guardians, volunteers, trainers, and any other participants in CVYLAX activities.

- All participants in CVYLAX shall abide by this Code of Conduct.
- Failure to abide by the Code of Conduct may result in, among other sanctions, suspension or expulsion from participation in or attendance at any CVYLAX activities.
- All participants are prohibited from using profanity when participating in or attending any CVYLAX activities.
- Referee abuse or intimidation of any kind, verbal or physical, will not be tolerated.
- No participant shall engage in the use of abusive language, physical contact with the intent to harm or injure, physical abuse, harassment, or intimidation of any kind against any other participant, including players, referees, coaches, assistant coaches, and any other spectator or team supporter.¹
- Head coaches shall be responsible for the behavior of their assistant coaches, players, trainers, parents, guardians, and team supporters.
- All coaches, assistant coaches, and other official representatives of CVYLAX must maintain reasonable composure at all times and demonstrate and teach good sportsmanship at all times.
- All coaches, assistant coaches, and other official representatives of CVYLAX shall abide by and implement practices and policies as approved and communicated by the CVYLAX Board of Directors ("Board").
- If any player, coach, parent, guardian, or other participant in a CVYLAX activity perceives that this Code of Conduct has been violated, they have the right to, and should, report the perceived violation to any member or representative of the CVYLAX Board for investigation.
- The CVYLAX Code of Conduct is not limited to the principles enumerated above; any conduct that undermines the goal and purpose of CVYLAX may be deemed a violation of this Code of Conduct.

¹ In PA, the Criminal Code at 18 Pa.C.S.2701 defines a simple assault as "attempting to cause, or intentionally or knowingly or recklessly causing bodily injury to another" or an "attempt by physical menace to put another in fear of imminent serious bodily injury." 18 Pa.C.S. 2712 provides for "Assault on a Sports Official." Sports officials are defined as "a person at a sports event who enforces the rules of the event, such as an umpire or referee, or a person who supervises the participants, such as a coach." The penalty for violating this law is a 1st degree misdemeanor, which carries a maximum jail term of 5 years or a maximum fine of \$10,000 or both.

Expectations of Coaches

All of our coaches are volunteers and have prior coaching and/or playing experience. They are committed to teaching your children the proper way to play the game so that your child's transition to the next level of play is as seamless as possible. In doing so, the following criteria are expected of all of our coaches:

1. Coaches will always be fair, firm and consistent.
2. Coaches will promote a positive attitude and lead by example.
3. Coaches will stress teamwork and respect with each and every athlete.
4. Coaches will listen to their players concerns and try to help them any way they can.
5. Coaches will sign the Code of Conduct Verification and complete all background checks as required by CVYLAX before performing any coaching duties.

Expectations of Players

Lacrosse is a great game. It's fast-paced, dynamic, and above all, fun to play. Lacrosse is also a team game and a game of skill that requires practice and a commitment from all players. Every player's experience in CVYLAX should be rewarding and fun. In order to achieve these positive experiences we expect the following from all CVYLAX players:

1. Players play Lacrosse because THEY want to.
2. Players will be respectful towards all teammates, coaches, opponents, referees, spectators and anyone else that they may come in contact with during CVYLAX activities.
3. Players are expected to be at practice dressed and ready to play, in full equipment, at least ten (10) minutes prior to scheduled practice time.
4. Players must be at the field ½ hour prior to the scheduled game time.
5. All players are responsible to bring all of their equipment, including their protective cup. If a player does not bring all of their equipment, the coaches will decide if that player plays that day.
6. Players must bring their own water or sports drink, marked with their names, to all practices and games.
7. Players are expected to give coaches 100% effort and attention at all times. Players who continually "fool around" during conditioning, practices or game situations will be excused from practice or participation in that game. A player who continues to violate this rule will lose their practice or game privileges for a specified or indefinite period of time based on a review or ruling by the lacrosse coaches.
8. Players are encouraged to ask questions to the coaching staff during practice sessions. There are no stupid questions!
9. Players will not throw helmets, sticks or any equipment in frustration. NO EXCEPTIONS. Players will "honor the game" and always practice good sportsmanship. We will not tolerate cheap play or a player intentionally trying to injure another player. Fair, aggressive play, is encouraged.
10. Players (not parents) are responsible for notifying their Head Coach if and why they are going

to miss or be late for a practice or game. Players who repeatedly miss practices should not expect significant playing time.

Expectations of Parents

The support of parents is critical to the success and reputation of CVYLAX. You are our best fans! Your encouragement and leadership will keep our lacrosse fields friendly, safe and fun. To ensure we maintain a friendly, safe and fun environment for our players, we expect the following from all of our parents:

1. Be a positive role model. Show respect to ALL players, coaches, officials and other parents. Refrain from the use of abusive, obscene, or profane language and gestures at all CVYLAX activities.
2. Allow the Coach to “coach” and refrain from instructing players on the field.
3. Parents are encouraged to ask coaches questions and address any concerns that you may have concerning your son. Please call the coach on the phone, e-mail or ask to speak with the coach, on the side, after practice or after a game, and always away from the players. If you disagree with a coach’s decision, do not sit in the stands and bad mouth the coach, give him the benefit of the doubt and discuss the situation with the coach at the proper time. In the event that a parent acts disrespectfully, they will be compromising their child’s play on this team.
4. CVYLAX requires that all parents and spectators watch games on the other side of the field from the player’s bench, if possible. Please follow these rules and remind other parents if you see that they have forgotten.
5. If your son has any physical or personal situations please speak with the coaches and let us know so that we can effectively coach your son. All conversations will be kept confidential.
6. Any medications that a player may need during games or practices should be available at all times, such as inhalers.
7. Please let coaches know in advance if your son has conflicts because of another sport. We expect a commitment to lacrosse. Your child’s availability for practices and games will help the coaches prepare accordingly.
8. It is your responsibility to pick up your child at the conclusion of practices or games. Please be punctual.
9. Be supportive after all games – win or lose. Recognize good effort, teamwork and sportsmanship.
10. Have fun too!

All

1. Any conduct, including abusive language and/ or gestures, racially insensitive remarks, damage to property or belongings, or any other conduct that reflects poorly on yourself or CVYLAX is deemed to be unacceptable and will not be tolerated. This rule applies to all players,

parents, siblings and guests at all times when in or around games or practices as a member of CVYLAX.

2. During a tournament or game when you are away, you represent CVYLAX. Any conduct such as destruction of property or any other activity will not be tolerated. This rule applies for the entire time one is away for a game or tournament.

Violations

Violations of the Code of Conduct and consequences thereof will be determined by the head coach with respect to a player or the Grievance Committee with respect to coaches or any violation of this Code. The Grievance Committee is comprised of the Coaching Coordinator, Vice President and Secretary of the Board and two coaches selected by the Grievance Committee that are not affiliated with the same age group of players/coaches involving the violation.

Violations of the Code of Conduct will carry, at a minimum, the following consequences:

Verbal Warning, Dismissal from practice, Dismissal from game, Dismissal from the team.

Any disciplinary action can be enjoined by any member of the Board pending a review by the Grievance Committee. Any violation of the Code (and request for disciplinary action) can be submitted in writing to the Grievance Committee. Likewise, any disciplinary action can be appealed by submitting, in writing, to the Grievance Committee, a full explanation of the disciplinary action and the reasons why the action should be modified. In either case, a written decision will be provided by the Grievance Committee to all affected parties in an expedited fashion and shall be final. ANY SUSPENSION OR EXPULSION BASED ON VIOLATIONS OF THE CODE OF CONDUCT WILL NOT BE ACCOMPANIED BY A REFUND.