



NĀ HOĀ O PUNA

- Mute microphone
- Type questions in chat box.
- No need take notes..this will be uploaded to www.nahoapuna.com

‘ohana meeting Fall 2020 Season

NĀ HOA ROOTS...

- Founded by Coach Buddy Perry for the youth of East Hawai‘i 2009
- Nā Hoa= Friends, Nā Hoa o Puna=Friends of Puna
- Volunteer Coaches, Staff, Board
- Competitive Soccer, Community-based
- Nā Hoa Cup since 2011 (always around the anniversary of Coach Buddy’s passing, Dec. 13, 2015)
- Buddy Perry Post-Secondary Scholarship since 2014



NĀ HOA COACHING STAFF



Richard Handy,
Director of Coaching
14U Coach



Tracy Johnson
Nā Hoa Board
19U Coach



Christine Quintana
Nā Hoa Board
19U Coach



Rico Ferrari
Nā Hoa Board VP
Nā Hoa Cup Director
16U Coach

NĀ HOA COACHING & STAFF



Kaleihali'a
Tolentino-Perry
16U Coach
19U Coach



Hanalei Martinez
U12 Coach



Kalāmanamana Harman
10U Coach



Karli-Rose Ferrari
10U Coach

TEAM MANAGERS

10U - VACANT

12U - Michelle Martinez - 808-333-4729

14U - Jaydee Chung - 808-896-0903

16U - Nicole Kuamoo - 808-854-5786

19U - Christine Quintana - 808-987-7494

NĀ HOA BOARD

Malani Alameda, President
Rico Ferrari, Vice President
Kaipua‘ala Lewis, Secretary
Kekoa Harman, Treasurer
Pelehonuamea Harman, Registrar

Members-at-large:

Pohākalanī Tolentino-Perry
Kaleo Quintana
Tracy Johnson
Kēhau Shintani
Christine Quintana
Ka‘ili Pe‘a-Ferrari



NĀ HOA O PUNA PHILOSOPHY

We focus on...

- teaching fundamental ball handling skills
- striving to create a competitive environment during trainings and games
- Possession
- Developing the mental aspect of players
- 1) Defend 2) Possess 3) Attack 4) Score

COMMITTMENT + 100%

EFFORT = GROWTH

PRACTICE SCHEDULE

Tues/Thurs 4:00-5:30pm

U10

U12

U14

Wed./Fri. 4:30-6pm

U16

U19

- New schedule starts this week to control numbers.
- Bring: mask, shinguard, water, running shoes (U16 & U19)
- Parents must wear a mask if they are standing outside of their car
- Do not congregate.
- Observe rules of social distancing when at park.
- Pavilion Side of Park for Nā Hoa.

THE 7 NĀ HOA RULES:

- 1) LOOK AT THE COACH'S EYEBALLS WHEN HE/SHE TALKS.
- 2) HUSTLE DURING ALL DRILLS, DURING GAMES & ON/OFF THE FIELD.
- 3) USE BOTH FEET.
- 4) NEVER ASK THE COACH WHEN/WHERE YOU WILL PLAY.
- 5) ALWAYS ACKNOWLEDGE AND RESPECT OTHER NĀ HOA MEMBERS & FAMILIES.
- 6) WHEN THE OTHER TEAM TAUNTS YOU, LOOK AT THE COACH AND SMILE.
- 7) DURING DOWNTIME, YOU ARE JUGGLING OR PLAYING KEEP AWAY.

HYSA LEAGUE

BIG ISLAND HYSA LEAGUE

Mission: Big Island HYSA (BI-HYSA) is an educational organization whose mission is to foster our youths' physical, mental and emotional growth and development through the sport of soccer at all levels of age and competition here on the Big Island of Hawai'i

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[CONTACT US](#) [2020 SUMMER BIHYSA PRE-QUALIFYING TOURNAMENT](#) [BIHYSA COVID-19 GUIDELINES](#)

[HYSA LEAGUE AFFINITY SCHEDULES](#)

PRE- QUALIFYING TOURNAMENT SCHEDULES!

[AFFINITY SCHEDULE FOR 16U & 19U](#)

[AFFINITY SCHEDULE FOR 8U TO 14U](#)

[FALL SEASON TIMELINE](#)

[LIVESTREAM EVENTS & REQUEST SYSTEM](#)

[DIGITAL PLAYER PASSES](#)

[ELECTRONIC PLAYER REGISTRATION](#)

-www.bihysa.com

-\$50 player registration

-check website for updates,
announcements, etc.

COVID-19 POLICIES: MĀLAMA KEKAHI I KEKAHI

-Know Covid-19 policies of BIHYSA (www.bihysa.com)

-Upload completed Covid-19 waiver to Affinity

-No sharing water bottles or equipment

-Sanitize hands before & after trainings/games.

-DO NOT ATTEND TRAINING OR GAMES IF:

- You or anyone in your household is diagnosed positive for Covid-19
- You or anyone in your household has come into contact with anyone who is positive,
- If you are feeling sick.
- If you exhibit any of the symptoms associated with Covid-19
- If you or anyone in your household has traveled off-island (for 2 weeks after return)

-MASKS MUST BE WORN DURING PRACTICES AND GAMES:

- by all members not involved in active play
- by spectators
- by coaches
- players on the sideline
- referees (before, half-time, after game)

COVID-19 POLICIES: MĀLAMA KEKAHI I KEKAHI

AT GAMES:

- Temperature checks using touchless thermometers are required to be performed before all games.
- Families are asked to socially distance and avoid mingling while watching a game.
- There are no tents allowed.
- Families should remain in their cars prior to a match until the previous team leaves the field, and should promptly leave the field after the game.
- No grouping of players at half-time (please have players spread out).
- Players should avoid unnecessary contact before, during and after the game. This means no handshakes and no high fives.

NĀ HOA FALL REGISTRATION FEES

-\$20 for returning players

-\$25 for NEW players

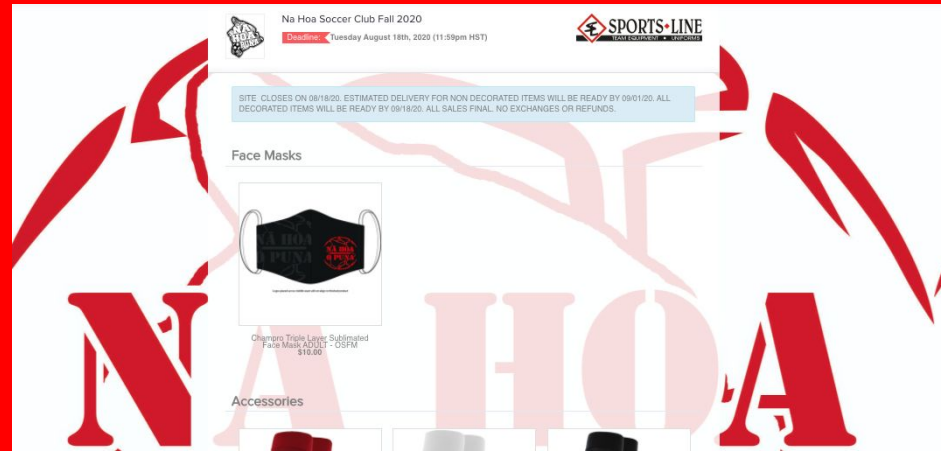
-Pay by check to Nā Hoa o Puna Soccer Club

Mail to 17-320 Palāai St. Keaau, HI 96749

OR Venmo @Kekoa-Harman / (808)333-0591

ONLINE STORE: NĀ HOA GEAR

<https://nahoasoccerfall2020.itemorder.com/sale>



-Closes 11:59pm tomorrow

WWW.NAHOAPUNA.COM

