

Nā HOA O PUNA PHILOSOPHY

Nā Hoa o Puna surrounds your child with other multi-sport athletes to provide a competitive environment during training and games. We are a possession-oriented club that teaches skills necessary to control the ball for the majority of the game. Four tactics a Nā Hoa o Puna player must master: 1) Defend. 2) Possess. 3) Attack. 4) Score.

Nā Hoa always strives to build travel teams to compete off-island throughout the year in order to gain exposure, experience, and provide opportunities for individual player's to realize their potential and play competitively against their peers. At Nā Hoa, we also believe:

COMMITMENT + 100% EFFORT = GROWTH