Player/Cheerleader' Name: _	
Coach & Team/Squad:	
•	(Example: Smith, A Team/A Squad)

Penn Manor Junior Comets

Football & Cheer

FOOTBALL/CHEERLEADING UNIFORM INFORMATION

Practice and/or game uniforms are included in the registration fee. The game uniform for Football and Cheerleading are rentals and will be turned in at the end of the season. A fee will be charged if the uniform is not turned in.

EQUIPMENT HAND OUT AND RETURN INFORMATION			
TEAM: A Team // B Team // C Team // D Team			
A Squad // B Squad // C Squad // D Squad			
DATE OF ISSUE://20	DATE OF RETURN://20		
Football Equipment:	_		
HELMET: XS S M L XL			
PRACTICE JERSEY: YS YM YL YXL / AS AM AL AX	L		
PRACTICE PANTS: YS YM YL YXL / AS AM AL AXL			
SHOULDER PADS (Size):			
7 PIECE PAD SET NO SIZE: Y / N			
MOUTH GUARD: (1ST ONE IS FREE) NO SIZE Y / N			
BLUE BELT NO SIZE: Y / N			
GAME JERSEY (Home): YS YM YL YXL / AS AM AL AXLJERSEY #			
GAME JERSEY (Away): YS YM YL YXL / AS AM AL AXLJERSEY #			
GAME PANTS: YS YM YL YXL / AS AM AL AXL			
Cheer Equipment:			
VEST: XS YS YM YL YXL / AS AM AL AXL			
SKIRT: XS YS YM YL YXL / AS AM AL AXL			
By signing below, I agree that I have returned the items I was issued in the exception of normal wear and tear. I understand that if I do not return the be charged a replacement fee according to the costs listed below (ranging and is the property of PMJC. Any unreturned items will be assumed lost I understand that PMJC will make two (2) attempts (first attempt is at equ	equipment I was issued at the beginning of the season, I will from \$10 to \$400). The equipment is on loan to the player or stolen unless returned by the parent/guardian listed below.		

pursue collection proceedings, and that I will be responsible for all costs incurred, including collection and litigation fees. If PMJC continues to have ongoing issues with unreturned equipment during the current season, we will be forced to bring back an equipment deposit of \$50 starting next season.

Parent/Guardian Name (Please Print):			
Home Telephone #:	Cell #	Email:	
Parent/Guardian Signature:			

Equipment Costs will be assessed as follows:

Football: \$400		Cheer: \$150
\$150 - Helmet	\$75 - Shoulder Pads	\$90 - Vest
\$15 - Practice Pants	\$15 - Pant Pads - Full Set	\$60 - Skirt
\$25 - Game Pants - Navy	\$55 - Game Jersey - White	
\$55 - Game Jersey - Navy \$10	\$10 - Practice Jersey	Dry Cleaning Fee (Cheer)

UNIFORM CLEANING AND DRYING INSTRUCTIONS

FOOTBALL: Uniforms should be washed immediately after each use if possible.

Pre-Wash

- Turn garments inside out
- Remove pants pads if applicable
- Heavily soiled garments should be pre-treated.
 - o Any pre-treatment brand found at your local grocery store is fine as long as it does not contain bleach.
 - o For blood and grass stains, soak in cold water before washing
 - o An oxygen based laundry booster can be used as well

Washing

- Use a high water level to minimize mechanical action on uniforms
- Wash in COLD WATER only
- Do not overload washer
- Do not wash with other items, especially towels or linens
- Do not use Chlorine Bleach or Fabric Softener
- Do not Dry Clean

Drying

- Remove uniforms immediately after washing
- Hang Dry DO NOT PUT IN THE DRYER
 - o If you must use the dryer, use the damp or air dry setting. The lower the setting, the better for the uniform High heat can cause shrinking, cracking in the ink and printing, wrinkling of the twill
 - Do not overload the dryer this will cause items with ink printing to stick together
 - o Remove from dryer immediately to prevent wrinkling
- DO NOT IRON

Storing

Store uniforms in a cool dry place, protected from direct sunlight and fluorescent lighting.

HELMETS, SHOULDER PADS, PANTS PADS

- Allow to air dry after practice / games before putting them back in your bag
- DO NOT PUT IN WASHER
- DO NOT DRY CLEAN
- DO NOT SOAK / SUBMERGE IN WATER/CLEANING AGENTS
- Helmets (inside only), Pants pads and shoulder pads can be wiped down with disinfecting wipes
- Shoulder pads can be sprayed lightly with Lysol or Febreeze.
- Allow to completely air dry before wearing.

TIP: Spray cleats and tennis shoes with disinfecting air freshener and stuff with newspaper. Let sit overnight in a cool dry place. This removes the odors.