

# Grafton Girls Softball

## 2015 Pitching Academy

The Pitching Academy is a series of 30 minute lessons offered on a weekly basis from November thru March. The sessions will be conducted on Tuesday evenings at the South Grafton Elementary School gym.

We are very happy to introduce Toni (Hileman) Cassella as our new pitching instructor. As a high school pitcher, Toni was a 2 time All-Ohio selection and had 12 career no-hitters. After a record setting freshman season at Ohio University, Toni transferred to Ohio State University where she was the Buckeye's pitcher of the year in 1999.

This year we have also added Leah Allen as our junior instructor. Leah is a pitcher for Grafton High school and a standout tournament pitcher. Leah is a product of the Pitching Academy and a Grafton Diamond alumna who helped the Diamonds win the 2011 Mass ASA12B State Championship.

The Academy is open to any player who is willing to make a major commitment to becoming a better pitcher. In addition to the weekly sessions, players are expected to practice their lessons between sessions. Since parents often serve as catcher for their daughter, parents have to be prepared to "get out there" every day too. (*Note: Players must provide their own catcher; instructors are not able to serve as catchers.*)

The Academy offers two different programs:

**Private** – Private lessons offer the opportunity for pitchers to work one-on-one with an instructor. The cost for private sessions is \$450 for 17 thirty-minute lessons (*\$225 with junior instructor*).

**Semi-Private** – Instructors will work with 2 pitchers at the same time in our semi-private format. Since there are only 2 pitchers per group, there is plenty of personal instruction during these sessions. The cost for semi-private lessons is just \$300 for the 17 weeks (*\$150 with junior instructor*).

	Private & Semi-Private
1	November 4, 2014
2	November 18, 2014
3	November 25, 2014
4	December 2, 2014
5	December 9, 2014
6	December 16, 2014
7	December 23, 2014
8	January 6, 2015
9	January 13, 2015
10	January 20, 2015
11	January 27, 2015
12	February 3, 2015
13	February 10, 2015
14	February 24, 2015
15	March 3, 2015
16	March 10, 2015
17	March 17, 2015
Make-up	March 24, 2015
Make-up	March 31, 2015

**Please note** – If your daughter is interested in taking lessons, but cannot attend the Pitching Academy due to the scheduled day of the week, the length of the program or financial considerations, please contact Peter Cardoza at [Diamonds@GraftonGirlsSoftball.com](mailto:Diamonds@GraftonGirlsSoftball.com).

## **Pitching Academy Registration Form**

Player Name \_\_\_\_\_ Grade \_\_\_\_\_ Date of Birth \_\_\_\_\_

Parent Name \_\_\_\_\_ Cell Phone \_\_\_\_\_

Address \_\_\_\_\_ Email \_\_\_\_\_

For safety reasons, we will assign time slots so that players of comparable age and ability are paired together. Please let us know if there is a time slot you **CANNOT** attend (*you may check more than one*):

### **Private & Semi-Private**

Tuesday Nights –SGES

- |                                      |                                      |
|--------------------------------------|--------------------------------------|
| <input type="checkbox"/> 6:00-6:30pm | <input type="checkbox"/> 6:30-7:00pm |
| <input type="checkbox"/> 7:00-7:30pm | <input type="checkbox"/> 7:30-8:00pm |
| <input type="checkbox"/> 8:00-8:30pm | <input type="checkbox"/> 8:30-9:00pm |

<b>Course:</b>	Private (\$450) – Not available	Private w/junior instructor (\$225) _____
	Semi-Private (\$300) – Not available	Semi w/junior instructor (\$150) _____

Please make check payable to Grafton Girls Softball, Inc

**Please mail form to:** Grafton Girls Softball  
PO Box 80  
Grafton, MA 01519

For more information, please contact us at [Diamonds@GraftonGirlsSoftball.com](mailto:Diamonds@GraftonGirlsSoftball.com).

*Please note: Recognizing the potential for missed lessons due to instructor illness, inclement weather, gym availability, etc., Grafton Softball expects to provide lessons on at least 16 of the 17 scheduled dates. Should there be less than 16 days of lessons, we will attempt to provide "make-up" lessons at a time and place to be mutually agreed upon. (Lessons missed due to student absence will not be made-up or rescheduled.)*

### **PARENTAL AUTHORIZATION**

I, parent or guardian of the above named softball player, hereby give approval to her participation in the Grafton Girls Softball Pitching Academy. I assume all risk and hazards incidental to such participation including transportation to and from the activities; and do hereby waive, release, absolve, indemnify and agree to hold harmless the parent or Grafton Girls Softball, Inc., the organizers, sponsors, supervisors, participants, and persons transporting the girl to and from activities, for any claim arising out of an injury to the girl, except to the extent and in the amount covered by accident and/or liability insurance held by Grafton Girls Softball.

I also grant permission to managing personnel or other league representative to authorize and obtain medical care from any licensed physician, hospital, or medical clinic should the girl become ill or injured while participating in league activities away from home, or at other times when neither parent is available to grant authorization for emergency treatment.

I give permission to use my Daughter's picture and name on the GGSA website and in the local media.

I have read the above disclosure regarding the cancellation of Academy lessons.

\_\_\_\_\_  
Parent or Guardian

\_\_\_\_\_  
Relationship

\_\_\_\_\_  
Date