

Join the Club!



NORTHERN UNITED SOCCER CLUB

A community oriented, non-profit soccer club for players of all ages & abilities

2016-2017 Winter & Spring Programs

Club Membership

Area youth players and their parents are invited to join the Northern United Soccer Club! We have enhanced our club structure to provide more opportunities for players at an affordable cost for families. Membership is a great value and provides access to weekly indoor & outdoor play without team commitments.

Membership Includes:

- * Enrollment in club's Players Development Program
- * Dri-fit training jersey with Name and Number on back
- * Discounts on club gear, equipment & Athletic Academy Memberships
- * Reduced Indoor and Spring Travel team fees
- * US Youth Soccer Licensed coaches & Professional Training Staff
- * 1 Training session per week (November-June)



For program information and registration please visit:

www.northernunitedsc.com



Play Winter or Spring Sports?

Our Player Development Program is ideal for youth athletes who play multiple sports and are looking for a way to increase endurance, agility, and athleticism without a team commitment. Coaches look for all around athletes, and studies have shown, players who cross train in multiple sports have better stamina, increased flexibility, and decrease the risk of injury. Low impact soccer training benefits hockey, basketball, baseball, softball, lacrosse, football players and more!

About Northern United:

Formed in 2013 as a merger of the Adirondack and South Glens Falls Soccer Clubs, Northern United values and promotes friendly competition at recreational and competitive levels. We help foster and develop self confidence, social skills, good sportsmanship, teamwork, and leadership traits. We are passionate about creating fun, healthy, affordable opportunities for our youth through the game of Soccer. Northern United Soccer is a non-profit, volunteer based organization. Volunteers always welcome!

Indoor Soccer Teams (U10-U18)

Designed to provide the youth soccer player with flexible opportunities during the winter months. The focus is on the fundamentals of skill development as well specific fitness requirements needed to excel to the next level. Players will be grouped by age and ability level to maximize player development. There are two indoor sessions each running 8 or 9 weeks, prices are per session. 1-hour of team training per week, 1-game per week.

Spring Travel Teams(U10-U18)

The program is designed to provide the youth soccer player (ages 9-18) the best opportunity to play at the competitive level, as well as grow and develop as an individual and team player. The focus is on the fundamentals of skill development and personal improvement. Teamwork and commitment to the team concept are major objectives. Players will be grouped by age and ability level to maximize player development. Club policy is to have players placed age appropriately. Special age promotions need to be approved by the Board of Directors. 3-hours of training sessions per week, CDYSL League Play (10 games), Participation in Mountain Mayhem Tournament in May.

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