



STAFFORDLAX

NEWS LETTER

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WINTER LAX TEAMS:

We are trying to get, juniors, seniors and high school teams to play winter lacrosse out of Star Hill starting Jan 18, 2015. We need a minimum of 12 kids in each level to play. It is a 7v7 game, 6 weeks of games and one clinic on Sundays. The cost will be based on the number of kids that sign up but it will be approximately \$110 per player. Email us or sign up online @ www.staffordlax.org. We will collect the money once we get 12 kids on a team.



CLINICS:

We want to improve the players and parents experience at all levels. This up-coming season will be like no other. We asked for feedback from parents and we listened. You wanted clinics for the players, so that is what we are working on over the winter. We will be putting on our own coaches and player clinics come spring. We are talking with the MCLA Div. 1 UConn head coach and he will provide us with some training. Keep an eye on your emails, Facebook and website for more information. If you are interested in coaching and want to help please contact us ASAP.



Star Hill has Winter clinics put on by Rip It Lacrosse. It is a seven week program with instruction from college coaches. It is for 4th - 12th grade and the cost is \$225 per player. Session 1 starts 12/2 and Session 2 starts 1/27. You can sign up through Rip It Lacrosse @ <http://www.ctripitlacrosse.com/Registration/>

413 Lacrosse out of Soccer City in Wilbraham, MA has clinics as well. It is a 5 week program with instruction from college coaches. It is for 5th grade - High School and the cost is \$125 per player. Session 1 starts 12/1, Session 2 1/5 and Session 3 is 2/9. You can sign up through 413 Lacrosse @ <http://www.413lacrosse.com/Registration>





DATES TO REMEMBER

Prereg - Now-Jan 14, 2015

Winter Lax? - Jan 18, 2015

Reg - Jan 15, 2015 - March 15, 2015

Season Starts - March

Late Reg - After March 16, 2015

Games start - April 12 week

Playoffs - June 13 weekend

CONTACT

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facebook.com/
Staffordlax

2015 PRE-REGISTRATION RAFFLE:

2015 registration is now open. If you register before January 14, 2015 you will save \$15 Bantam - High School and \$10 for Lightning. Everyone who preregisters and pays in full will be entered into a raffle to win a new pre-strung lacrosse head.



When you set up your account, make sure you put in all contact information. For example, if a grandparent or other relative will be transporting your child, please have them listed so that they will be contacted during the season as well. Also, if you are registering more than one child, make sure they are both under one account so that you can receive the discount.



VOLUNTEERS & COACHES:

We are in need of volunteers. We have heard from a few parents who would like to help but we always need more. **We need more coaches at all levels.** The more coaches we have, the better. One of the comments on our survey was to have more coaches so that players can be split into groups. This is something we would love but we need your help to make this happen. We will have coaches clinics, US Lacrosse online training, and first aid Winter before next season so if you want to help we will teach you the sport of lacrosse and the drills you can run.



We still have positions open. Even if you're interested in a position that is filled let us know, it might actually work out.

REFEREES:



We are looking for High School kids and adults who are interested in becoming referees. This is a great opportunity to be a part of lacrosse, support our organization, and make some extra cash. There will be training and certification sometime over the winter through US Lacrosse. Please contact us if you are interested @ staffordlax@gmail.com.



TEAMS

Grades for 2015:

Lightning - K-2

Bantams - 3-4

Juniors - 5-6

Seniors - 7-8

HighSchool - 9-12

HOLIDAY GIFT IDEAS:

With the holidays coming up you may be looking for ideas for gifts. Lacrosse equipment is a great gift, especially sticks. If your child has been playing with the same stick for a few years it's time to either get a new one or have the current one restrung. The netting on the head wears over time and should be replaced every few years. You can purchase a pre-strung stick, which most have done, or you can purchase mesh and string separately and string the head yourself. Check our website on how to string a head.



We are also working on an on-line store where you can purchase Stafford Lacrosse clothing year-round and have it delivered to your door. Stay tuned for more information on this once we have the store up and running.