

COURSE CATALOG

Expand Your Skills with AYSO Courses



AMERICAN YOUTH
SOCCER ORGANIZATION





AYSO Course Catalog



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Safe Haven Training and Certification Matrix

Volunteer Position	Safe Haven Training	Job Training	*Suggestions for Continuing Education
Regional Commissioner	AYSO's Safe Haven 2 hours	Regional Commissioner Orientation 3 hours RC Training 18 hours	Introductory Management 4 hours 30 min Dispute Resolution 2 hours 30 min
Regional Coach Administrator	AYSO's Safe Haven or Safe Haven Coach prior to 2011 2 hours	Coach Administrator Training 1 hour 15 min	Introductory Management 4 hours 30 min Dispute Resolution 2 hours 30 min
Regional Referee Administrator	AYSO's Safe Haven or Safe Haven Referee prior to 2011 2 hours	Referee Administrator Training 2 hours 30 min	Introductory Management 4 hours 30 min Dispute Resolution 2 hours 30 min
Child and Volunteer Protection Advocate	AYSO's Safe Haven 2 hours	Child and Volunteer Protection Advocate (CVPA) 2 hours	Safe Haven Annual Update 1 hour 15 min Dispute Resolution 2 hours 30 min
Treasurer	AYSO's Safe Haven 2 hours	Treasurer 2 hours 30 min	Budgeting for the Regional Board 1 hour 15 min
Safety Director	AYSO's Safe Haven 2 hours	Safety Director 1 hour 15 min	Safe Haven Annual Update 1 hour 15 min
Regional Registrar	AYSO's Safe Haven 2 hours	Registrar 1 hour 15 min	Registration Day – The Survival Guide 1 hour 15 min
Assistant Regional Commissioner	AYSO's Safe Haven 2 hours	Introductory Management 4 hours 30 min	Dispute Resolution 2 hours 30 min
Auditor	AYSO's Safe Haven 2 hours	Auditor 1 hour 15 min	Treasurer 2 hour 30 min
Division/Age Group Coordinators	AYSO's Safe Haven 2 hours	Division Coordinator	Dispute Resolution 2 hours 30 min
All Other Regional Board & Staff	AYSO's Safe Haven 2 hours	Regional Board Member Training 1 hour 15 min	Any Discipline-Related Training, Workshop or Annual Update, Dispute Resolution 2 hours 30 min
Coaches	AYSO's Safe Haven or Safe Haven Coach prior to 2011 2 hours	Age Appropriate Coach Course Varies	Annual Coach Update 1 hour 15 min
Referees	AYSO's Safe Haven or Safe Haven Referee prior to 2011 2 hours	Appropriate Referee Course Varies	Annual Referee Update 1 hour 15 min
All Instructors	AYSO's Safe Haven 2 hours	Introduction to Instruction Discipline Specific Instructor Course Varies	Any Discipline-Related training or workshop Referee Administrator, Instructor & Assessor Annual Update
Area Director	AYSO's Safe Haven 2 hours	Area Director Training 18 hours	Introductory Management 4 hours 30 min Dispute Resolution 2 hours 30 min
VIP Administrator	AYSO's Safe Haven 2 hours	VIP Volunteer Training 2 hours 30 min	Player Programs Annual Update 1 hour 15 min

**Coach Training Matrix**

Course	Description	Length	Attendee Prerequisites	Minimum Lead Instructor Requirements	Minimum Authorization Required
AYSO's Safe Haven	This course presents information on child & volunteer protection and the key components necessary to create a safe haven.	2 hours	None	Coach, Referee or Management Instructor AYSO's Safe Haven	Regional Administrator in Coach, Referee or Management discipline
U-6 Coach	This training presents information and skills to be taught relevant to the short-sided game (3v3) of the U-6 age group.	2 hours	None	Coach Instructor	Regional Coach Administrator
U-8 Coach	This training presents information and skills to be taught relevant to the short-sided game (5v5) of the U-8 age group.	2 hours	Completion of U-6 Coaching Course is recommended	Coach Instructor	Regional Coach Administrator
U-10 Coach	This training presents information and skills to be taught relevant to the short-sided game (7v7) of the U-10 age group.	3 hours	Completion of U-8 Coaching Course is recommended	Coach Instructor	Regional Coach Administrator
U-12 Coach	This training presents information and skills to be taught relevant to the short-sided game (9v9) of the U-12 age group.	5 hours	Completion of U-10 Coaching Course is recommended	Coach Instructor	Regional Coach Administrator

Coach Training Matrix					
Course	Description	Length	Attendee Prerequisites	Minimum Lead Instructor Requirements	Minimum Authorization Required
Intermediate Coach	This training focuses on tactical situations and set pieces. This course builds upon the U-12 Coaching Course.	15 hours	Completion of the U-12 Coaching Course is required.	Advanced Coach Instructor	Area Coach Administrator
Advanced Coach	This training focuses on tactical situations, advanced tactics, and observation, evaluation, and implementation techniques. This course builds upon the Intermediate Coaching Course.	18 hours	Completion of the Intermediate Coaching Course is required.	Advanced Coach Instructor	Section Coach Administrator
National Coach	This training provides training in advanced levels of play.	56 hours	Completion of the Advanced Coaching Course is required.	AYSO National Coach Instructor	Director of Player Development
Coach Administrator Training	This training presents the duties and responsibilities of Coach Administrators with tips to enhance performance and enjoyment.	1.25 hours	None	Advanced Coach Instructor	Area Coach Administrator
Annual Coach Update	This training provides continuing education for coaches in the Region. Program updates and program requirements are reviewed in this training session.	1 hour	None	Coach Instructor	Regional Coach Administrator



Referee Training Matrix					
Course	Course Description	Length	Prerequisites	Minimum Lead Instructor Requirements	Verification of Lead Instructor Requirement
AYSO's Safe Haven	This course presents information on AYSO's vision, child & volunteer protection and the key components necessary to create a safe haven.	2 hours	None	Referee, Coach or Management Instructor AYSO's Safe Haven	Regional Administrator in Coach, Referee or Management discipline
U-8 Official	This training includes modules 2 through 7 and trains volunteers to officiate in U-8 matches.	3 hours	None	Referee Instructor	Regional Referee Administrator
U-8 Official to Assistant Referee	Trains U-8 Officials in the basic skills required to serve as an Assistant Referee	3 hours	U-8 Official	Referee Instructor	Regional Referee Administrator
Assistant Referee	This training includes modules 2 through 7 plus 10, 11, and 12 and trains volunteers in the basics of being an Assistant Referee for AYSO matches under FIFA Laws and <i>AYSO National Rules & Regulations</i> .	5 hours	None	Referee Instructor	Regional Referee Administrator
U-8 Official to Basic Referee	Trains U-8 Officials in the basic skills required to serve as a Basic Referee	4 hours	U-8 Official	Referee Instructor	Regional Referee Administrator
Assistant Referee to Basic Referee	Trains Assistant Referees in the basic skills required to serve as a Basic Referee	2 hours	Assistant Referee	Referee Instructor	Regional Referee Administrator
Basic Referee Online Course	This is an online training course located at www.aysotraining.org	1.5 hours	None	Self study	N/A



Referee Training Matrix					
Course	Course Description	Length	Prerequisites	Minimum Lead Instructor Requirements	Verification of Lead Instructor Requirement
Basic Referee Online Companion Course	This training, in combination with the Basic Referee Online Training course trains referees in the basic skills required to serve as a Basic Referee	3 hours	Basic Referee Online Training Course	Referee Instructor	Regional Referee Administrator
Basic Referee	This training includes modules 2 through 13 and trains referees in the basic aspects of refereeing needed to do AYSO matches under FIFA Laws and <i>AYSO National Rules & Regulations</i> .	7 hours	None	Referee Instructor	Regional Referee Administrator
Intermediate Referee	This training includes modules 14 through 19 and trains referees to do more physically demanding and challenging matches under FIFA Laws and <i>AYSO National Rules & Regulations</i>	7.5 hours	Completion of the Basic Referee Course is recommended	Referee Instructor	Area Referee Administrator or Director of Referee Instruction
Advanced Referee	This training includes modules 20 through 24 and trains referees to do most matches under FIFA Laws and <i>AYSO National Rules & Regulations</i>	7.25 hours	Completion of the Intermediate Referee Course is recommended	Advanced Referee Instructor	Area Referee Administrator or Director of Referee Instruction
National Referee	This training is not modularized. The course trains referees to referee all AYSO matches under FIFA Laws and <i>AYSO National Rules & Regulations</i>	15.25 hours	Completion of the Advanced Referee Course is recommended	National Referee Instructor	National Referee Program Coordinator (National Office) or eAYSO



Referee Training Matrix					
Course	Course Description	Length	Prerequisites	Minimum Lead Instructor Requirements	Verification of Lead Instructor Requirement
Referee Assessor	This training is designed to train assessors to assess officiating skills at the Advanced level.	4.5 hours	Intermediate Referee and completion of the Advanced Referee course and test	Advanced Referee Instructor and either an Assessor or National Assessor	Section Referee Administrator or Section Director of Referee Assessment
National Referee Assessor	This training is designed to train Assessors to assess refereeing skills at the National level	5 hours	Referee Assessor	Advanced Referee Instructor and National Referee Assessor	National Referee Program Coordinator or eAYSO
Annual Referee Update	This is continuing education for referees. Program overview, Law changes and points of emphasis will be reviewed	1.25 hours	None	Referee Instructor	Regional Referee Administrator
Annual Update for Referee Administrators, Instructors and Assessors	This is continuing education for Referee Administrators, Instructors and Assessors. Program updates and program requirements are reviewed	1.25 hours	None	Advanced Referee Instructor	Section Referee Administrator or Director of Referee Instruction
Referee Administrator Training	This training is designed to teach Referee Administrators the essential activities needed to manage a Regional referee program	2.5 hours	None	Referee Instructor	Area Referee Administrator or Area Director of Referee Instruction
Area Referee Administrator Training	This training is designed to teach Area Referee Administrators the essential activities to manage an Area level referee program	1.25 hours	Regional Referee Administrator Training	Advanced Referee Instructor	Section Referee Administrator or Section Director of Referee Instruction



Management Training Matrix					
Course	Description	Length	Prerequisites	Minimum Lead Instructor Requirements	Minimum Authorization Required
AYSO's Safe Haven	This course presents information on AYSO's Vision, child & volunteer protection and the key components necessary to create a safe haven	2 hours	None	Management, Coach or Referee Instructor AYSO's Safe Haven	Regional Commissioner
Regional Commissioner Training	Designed for RCs, this course provides extensive Regional operations and leadership training	24 hours	RC and Board Orientation; Appointed Regional Commissioners	Instructors are selected by the AYSO National Management Program Administrator	AYSO National Management Program Administrator
Introductory Management	This training is designed for Regional Commissioners, Regional Coach Administrators, Regional Referee Administrators and other Board Members. It covers general Regional management	4.5 hours	None	Advanced Management Instructor	Area Director or Area Management Administrator
Dispute Resolution (formerly Advanced Management)	This training is for Regional and Area staff on effective handling of people and problem solving	2.5 hours	Completion of the Introductory Management Course.	Advanced Management Instructor	Area Director or Area Management Administrator
Regional Commissioner & Regional Board Orientation	This training is for new Regional Commissioners and Regional Boards to ensure they understand their duties and responsibilities	3 hours	None	Area Director or Advanced Management Instructor authorized by the Area Director	Area Director



Management Training Matrix					
Course	Description	Length	Prerequisites	Minimum Lead Instructor Requirements	Minimum Authorization Required
Area Director Training	This training provides a comprehensive review of the Area Director's job and problem solving	24 hours	Appointed Area Directors and selected personnel by invitation.	Instructors are selected by the AYSO National Management Program Administrator	AYSO National Management Program Administrator
Division Coordinator	Covers roles, responsibilities and the importance of functioning as an intermediary between the RC, RCA, RRA, coaches, referees and parents	1.25 hours	None	Management Instructor	Regional Commissioner
Regional Board Member	This training provides general Regional management and job specific information for all Regional staff except the RC, RCA, RRA, CVPA, Safety Director, Treasurer, or Registrar	1.25 hours	None	Management Instructor	Regional Commissioner
Registrar	Designed to provide new Regional Registrars with information about the job, its duties, and requirements	1.25 hours	None	Management Instructor	Regional Commissioner
Safety Director	Provides new Regional Safety Directors with information about the job, its duties, and requirements	1.25 hours	None	Management Instructor	Regional Commissioner
Treasurer	Provides new Treasurers with information about the job, its duties and requirements	2.5 hours	None	Management Instructor	Regional Commissioner



Management Training Matrix					
Course	Description	Length	Prerequisites	Minimum Lead Instructor Requirements	Minimum Authorization Required
Auditor	Reviews the duties and responsibilities of the Auditor and required forms and procedures	1.25 hours	Treasurer	Advanced Management Instructor	Regional Commissioner
Child and Volunteer Protection Advocate (CVPA) Training	Designed to create an understanding of the position description, volunteer form processing, screening protocols, AYSO's Criminal Background Check Policy, and how to identify signs of abuse and what to do if you suspect abuse	2.0 hours	AYSO's Safe Haven	Advanced Management Instructor with CVPA Training, the current CVPA Annual Update	Section Director, Section CVPA or Section Management Administrator
Child and Volunteer Protection Advocate Annual Update	This training offers continuing education for CVPAs while covering what's new with CVPA duties	1.25 hours	CVPA Training	Advanced Management Instructor with CVPA Training, the current CVPA Annual Update	Section Director, Section CVPA or Section Management Administrator



Instructor Training Matrix					
Course	Description	Length	Prerequisites	Minimum Lead Instructor Requirements	Minimum Authorization Required
Introduction to Instruction	This training is designed to teach potential instructors their role as instructors and general aspects of presenting AYSO courses using AYSO directed teaching plans	3 hours	None	Advanced Instructor in any discipline	Area or Section staff in any discipline
Coach Instructor	This training is designed to teach Instructor candidates how to conduct introductory coach training courses at the U-6, U-8, U-10 & U-12 levels using AYSO directed teaching plans	8 hours	Introduction to AYSO Instruction AYSO's Safe Haven U-12 Coach Course	Advanced Coach Instructor	Area or Section Coach Administrator
Advanced Coach Instructor	This training is designed to prepare Coach Instructors to teach the Intermediate Coach Course using AYSO directed teaching plans, and to meet the educational requirements for becoming a Coach Instructor	8 hours	Coach Instructor Advanced Coach	Advanced Coach Instructor	Section Coach Administrator
National Coach Instructor	This training (not a course) is accomplished through mentoring	Variable	National Coach Advanced Coach Instructor Assist as instructor at National Coaching Course Have contributed to National Coaching Program Approved by the National Coach Instructor	AYSO National Coach Instructor	Director of Player Development



Instructor Training Matrix					
Course	Description	Length	Prerequisites	Minimum Lead Instructor Requirements	Minimum Authorization Required
Referee Instructor	This training is designed to teach Instructor candidates how to conduct introductory and intermediate referee training courses using AYSO directed teaching plans	7.5 hours	Intermediate Referee AYSO's Safe Haven Introduction to Instruction	Advanced Referee Instructor	Area Referee Administrator or Area Director of Referee Instruction
Advanced Referee Instructor	This training is designed to teach Referee Instructors how to conduct advanced referee training courses using AYSO directed teaching plans	6.5 hours	Referee Instructor Advanced Referee	Advanced Referee Instructor	Section Referee Administrator or Section Director of Referee Instruction
National Referee Instructor	This training (not a course) is accomplished through mentoring while assisting with national referee training courses	Variable	Advanced Referee Instructor National Referee Referee Instructor Evaluator Referee Assessor Recommended by Section Director of Referee Instruction (SDI) Recommended by a National Referee Instructor other than a member of the recommending SDI's section staff based on teaching portions of the National Referee Course and satisfying the evaluation criteria for National Referee Instructor	National Referee Administrator or National Director of Referee Instruction assigns mentor	National Referee Administrator or Director of Referee Instruction



Instructor Training Matrix					
Course	Description	Length	Prerequisites	Minimum Lead Instructor Requirements	Minimum Authorization Required
Referee Instructor Evaluator	This training is designed to teach Referee Instructors to evaluate other instructors and to provide positive constructive feedback	5.5 hours	Referee Instructor	Advanced Referee Instructor and Referee Evaluator	Section Referee Administrator or Section Director of Referee Instruction
Management Instructor	This training is designed to teach instructor candidates how to use AYSO directed teaching plans to teach all management workshops excluding Introductory Management, Dispute Resolution, CVPA and Auditor courses	6 hours	Introduction to Instruction AYSO's Safe Haven	Advanced Management Instructor	Area or Section Director Area or Section Management Administrator
Advanced Management Instructor	This training is designed to prepare management instructors to use AYSO directed teaching plans to teach all management workshops including Introductory Management, Dispute Resolution, CVPA and Auditor courses. Instructors learn advanced presentation skills and techniques to address the needs of all class sizes and longer sessions.	6 hours	Current Management Instructor Must have taken: Introductory Management, Dispute Resolution, Registrar, Safety Director and Treasurer. Must have been the lead instructor in three of five certification courses since achieving the status of Management Instructor: Registrar, Safety Director, Treasurer, Division Coordinator or Regional Board Member Training.	Advanced Management Instructor	Section Director Section Management Administrator



Instructor Training Matrix					
Course	Description	Length	Prerequisites	Minimum Lead Instructor Requirements	Minimum Authorization Required
National Management Instructor	This training (not a course) is accomplished through mentoring while assisting with national management training courses.	Variable	Under review.	National Management Administrator assigns mentor.	National Management Administrator
VIP Instructor	This training prepares volunteers to fulfill the VIP Instructor needs at the Section level, to train VIP Instructors at the Area level and to teach the VIP Volunteer Training at all levels using AYSO directed teaching plans.	3 hours	Introduction to Instruction OR Current Coach, Referee or Management Instructor AYSO's Safe Haven VIP Volunteer Training	Advanced Coach, Referee or Management Instructor VIP Volunteer Training	Section Director, National VIP Coordinator or National Director of Special Programs



VIP Training Matrix					
Course	Description	Length	Prerequisites	Minimum Instructor Requirements	Lead Minimum Authorization Required
AYSO's Safe Haven	This course presents information on AYSO's Vision, child & volunteer protection and the key components necessary to create a safe haven	2 hours	None	Coach, Referee or Management Instructor	Regional Commissioner
VIP Volunteer Training	This training prepares volunteers to work with individuals with disabilities. Note: This training is the same in all disciplines	2.5 hours	None	VIP Instructor or Coach, Referee or Management Instructor VIP Volunteer Training	Regional Commissioner, Area Director, Area Coach, Referee or Management Administrator
VIP Buddy Training	This training prepares buddies to work with individuals with disabilities. Buddies may also take VIP Volunteer Training	1 hour	None	VIP, Coach, Referee or Management Instructor VIP Volunteer Training.	Regional Commissioner, Area Director, Area Coach, Referee or Management Administrator