



STAFFORDLAX

NEWS LETTER



COMMITTEE MEMBERS

Chairman

-Todd Levesque

Secretary

-Sue Messier

Treasure

-Kelly Brengi

Fundraising

-Tish Martin

Head of Coaching/Safety

-Mike Flynn

Equipment Manager

-Dave Race

Parent Liaison

-**VACANT**

Registration/USLacrosse Rep

-**VACANT**

Technology

-Todd Levesque/Dave Race

TIME TO PLAY :

Our season is well underway now. We are on our fields and games have started. We have seen some great lacrosse being played. The kids are communicating, passing and catching and really playing as a team. **But most of all, the kids are having fun!**

Go to staffordlax.org to view all team schedules. We encourage everyone to go to home games and help support each other. It's also a great way for the kids and parents to learn more about the game.



PAUL BOWER TOURNAMENT:

May 31 and June 1 is the Bowers Tournament in Somers. The kids get a chance to play 4 or 5 games and in some cases against teams they never played before. There is food and many lacrosse vendors there. Saturday Bantams will play and Sunday the Seniors will play. It is a great day for the kids and fun for parents, family and friends. We encourage everyone to go and bring friends and family. Bring your chair, food and cheering voice!!

STAFFORDLAX MOVING FORWARD:

The committee is already looking to the future of lacrosse in Stafford. We will be meeting with the High School Athletic Director to discuss the steps to make the High School Club team a varsity team at some point in the near future.

We are looking into different fundraising opportunities that will help support our organization and defray our costs. Our registration fees are the lowest in the CVYL league and we are trying hard to keep it that way.



DATES TO REMEMBER

Tag Day -May 17

Car Wash -May 31

Banquet -June 8

CONTACT

email:
staffordlax@gmail.com

Web:
www.staffordlax.org

Mailing:
 PO Box 314,
 Stafford Springs, CT
 06076



facebook.com/
 Staffordlax

We consider kids safety most important! The town Recreation Commission and the Athletic Director are requiring all youth sports in town to have all volunteers go through a background check and that all coaches go through concussion training. We support this and instituted these procedures this year. Something not required, but Stafford Lacrosse will be doing next year, is basic first aid training for all coaches..

TEAM CORNER: LIGHTNING

The lightning team is for Kindergarten through Second grade. At this level we work on basic skills like, catching, throwing, scooping and team play. We try to make it a fun and active learning environment. This year the lightning team has gear and will have scrimmages against Ellington.

Coaches: Zack Sanders, Cody Levesque and Todd Levesque



BANTAM

The Bantam program builds on the lightening program and adds field positioning and advanced rules of lacrosse. Bantams will have games against other towns who are part of the CT Valley Youth Lacrosse Association (CVYL).

Coaches: Jeremy Figella and Ed Myers



TEAMS

Grades for 2014:

Lightning K-2

Bantams 2-4 **(2-5 this year)**

Juniors 5-6 **(No team this year)**

Seniors 7-8 **(6-8 this year)**

HighSchool 9-12



SENIOR

The Seniors are also part of CVYL and will have play off games based on season play. Senior will work on all aspects of lacrosse.

Coaches: Todd Levesque and Mike Flynn



HIGH SCHOOL CLUB

Currently Stafford does not have a High School Varsity Lacrosse program. Here we provide high school age kids the opportunity to continue playing lacrosse. The high school team has scrimmages with other high school teams. We are working on having the club become a Varsity team in the future.

Coaches: Jeremy Figella and Richie Brengi



FINAL WORDS:

The committee is always looking for help. If you have ideas and want to help, please consider volunteering. Every voice will be heard. We want Stafford Lacrosse to be the best it can be. We would like your help to make this possible.

Lastly, when you have a chance, please thank your coaches team moms/dads and the committee. These volunteers put in a lot of time and effort to make your child's team fun and educational and work hard to ensure that we continue to grow the LAX program in Stafford.