



#### **SEPTEMBER 2012**

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#### NRASL BOARD POSITIONS

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U5/U6 ACADEMY DIRECTOR tbd

> AASL REP Debi Schuster

NOGSL REP Paula Fox Greetings to our NRASL Family!

August was a fantastic month for the NRASL with many firsts happening for us. Our *SUPPORT THE SPORT* ball drive is still going strong for another week, now enlisting the help of our schools to help collect those new or gently used soccer balls to donate back to our schools, our program, our struggling families, and our military.

The <u>Cornfest Kickoff</u> was a huge success also, hosting 54 teams from all over and hearing nothing but fantastic reviews from everyone. It will only continue to grow and bring a better and better experience for all those involved, including our teams and community! Again, thank you to all those who gave your own time to help out and make it the success that it was. Your help made all the difference when added up together and so many guest teams complimented our volunteers for their helpfulness and hospitality.

Our travel and rec seasons are now all rolling and we have begun a new step forward with the improvements to our Academy program. The biggest part of that is making sure the parents of our players realize how valuable the foundation is that we are providing these players with. It may not look like much on the field at first, but when EVERY player is working with their ball and learning, it benefits them all more than you know.

The board has also begun preparations for this year's elections. Please check the website at NRASL.com to view more info on these opening positions.

Lastly, your input is always encouraged and welcomed. Please share your thoughts with us constructively through the <u>nrasl1@yahoo.com</u> email address or come to a meeting.

Please enjoy this month's newsletter...

**NRASL PUBLIC RELATIONS** 

# SUPPORT THE SPORT

AUGUST 10th - SEPTEMBER 17th

The SUPPORT THE SPORT ball drive was extended to Sept 17<sup>th</sup>, 2012. Please be active in supporting this great ball drive to support our community.

## NORTH RIDGEVILLE PARKS AND REC SURVEY

Please click on this link or go to the NR Parks and Recreation website and take the Master Plan survey and share your opinion. We are asking that you actively support the city building more soccer fields for our program. Thanks in advance for your help!

http://northridgeville.recdesk.com/recdeskportal/

If you or someone you know may be interested in sponsoring the North Ridgeville Amateur Soccer League, please contact our Public Relations Director, Bret Smith at <u>coachbret71@yahoo.com</u>. Below is the link to a sponsorship package for our league. Packages to sponsor the North Ridgeville Cornfest Kickoff are available as well through Bret Smith.

http://www.nrasl.com/images/images/228/0/nrasl\_sponsorship\_letter\_rev\_20120301.pdf

# NRASL AND CORNFEST KICKOFF SPONSORS

Force Sports Nicole Barnett Agency Black Dog Pub & Eatery Sheetz The Hassler Group Carolyn Jedlicka 2Presspapers (Press & Light/Westlife) Forever Green Lawn Care MVP Trophy All American Sports Center Corso's Greenhouse in Sandusky 1-800-Got-Junk North Ridgeville Corn Festival Convienent Food Mart \*\* NEW - Interstate Hotels Olmsted Ice N. Ridgeville Public Library Kindercare Dr. Casey O'Connor Mayor David Gillock Howard Hanna-Colleen Milner Dan Yanak Insurance Graham Custom Services-Electrical Solutions Copper Valley Construction Dick's Sporting Goods Anthony DePaolo – Allstate Ins.

# **THE PRESIDENT'S PAGE**

With the fall travel season well under way, we're very excited to get the fall in-house season going. I'm particularly excited about our U5 and U6 Academies. We've used the same format for the last few years and have seen excellent results with our current U7 and U8



players. However, after considering areas for improvement and seeking out lots of feedback, we challenged Everett to reinvent the program. The result is a program that enhances both the coaching and the game experience. We're thrilled to have the opportunity to introduce pro coaches that will partner with our volunteer coaches to help guide this program. Further, the new program provides the players an experience of playing on lined fields to goals. Special thanks go out to all of our in-house volunteer coaches for their efforts in getting the teams going.

As we begin the fall season we're already beginning to plan our winter programs. Our travel players will again have the opportunity to participate in some indoor training. We're also considering pursuing some indoor opportunities for our recreational players. Please stay tuned for more information on these topics.

Another big change for NRASL has been the transformation of the property behind Lear North Elementary school. These fields are the 1<sup>st</sup> full sized 11v11 fields that we've been able to line for our U13 and U14 home travel games. This space is also a great place for teams to practice and scrimmage. Our high school teams are also taking advantage of the new facilities. Thanks to NRCS for their continued support of NRASL.

Sincerely, Jeff Grau President, NRASL

# DIRECT FROM THE D.O.C.



Hello NRASL Members,

I hope this message finds everyone in our soccer community doing well!

In the last three newsletters, I wrote about the goal of creating a soccer environment where coaches and players can learn new ways to teach and learn the game. The four components being learned/taught in the NRASL training environment are Technique, Tactics, Physical, and Mental. Also, stated in the first newsletter was the future goal of developing a comprehensive system with the ultimate goal being the NRASL program replicating the training habits, expectations, and style of play of the high school program. Lastly, I introduced the concept of Technical Directors to aid in the development of the players and the coaches.

With the conclusion of the CornFest Tournament and the beginning of the season I can say we are off to a great start. I have had the opportunity to attend a few girl's games and one boy's league game and each game provided excellent insight into the environment we are working to create for NRASL. The coaches at every game I attended were excited to have the support of a DOC and Technical Director and even received phone calls and emails to the affect (Thank you for all the positive feedback!).

In an effort to keep the soccer community aware of the latest things within the program we are working on our delivery. This season during the coaching clinics coaches, we will spend more time training and experiencing the game by playing. This will help with the learning of the possession concepts (style of play) being introduced in the curriculum. Most importantly we will be working on our game day delivery. The game should be an extension of training and therefore a time for teaching and learning. Please encourage your coach to attend the clinics and soak up as much information as possible to share with the kids.

Thank you all coaches, administrators and other volunteers of NRASL for all you do for the children. I am really excited to be a part of the program and look forward to a successful future!

Next month we will discuss the new development approach and the introduction of pro coaching in the U5/U6 Academy. (Yeah!)

Thanks Coach Everett Palache Director of Coaching NRASL

# **RAVING ABOUT REC!!!**

#### **Greetings All!**

The fall 2012 season is closing in. Registration is complete, teams and coaches have been formed and introduced, and referees have been recruited and trained. All that is is left is opening day for the games at Root Rd!

The one thing I would like to address as we move into the season is weather related game delays; more specifically, thunder and lightning. I have been on the field in every capacity when the game has been effected by the weather. As a parent, the frustration of sitting in the rain wishing the game would commence so that it would end and I could dry off. As a coach, the thought of having the desire leave my players as we wait for the "Okay" to resume play is unnerving. Even though I dislike the situation when I face it from either of these situations, nothing is more uncomfortable as being the referee in charge of giving the orders that are regulated by mother nature.

As a referee, I find one of the most uncomfortable situations to be those times that I am obligated to delay, suspend or abandon a game due to weather. The discomfort comes from the aspect of knowing how every other person at the field feels. They want to watch their child make that game winning goal, or that game saving stop, but here I am checking my watch each time I hear thunder or see lightning, and starting a 30 minute timer from that point.

For a while I felt that the guidelines were childish... I mean, really... what is the likelihood that My field would be hit by lightning? Fortunately, it never has, but I have also researched some instances of weather disrupting various games of sport. A quick search on youtube can allow you to see some of the same.

Once my eyes were opened to seriousness of issue, I realized that as a U.S. Soccer Referee, I am held to a standard that holds the safety of every player, coach and spectator at the game in the highest regard. This means that I must also teach the same responsibility to the young referees that work for NRASL's in-house program. Not only do these young boys and girls rely on me to keep things fun, interesting and safe; but their parents place a high amount of trust in me. I reassure them that their child will not be treated in the disgusting ways that certified referees are often treated at travel games and tournaments. It is with these things in mind that I remind every participant of an NRASL game, that I have instructed our referees to practice the 30-30 rule when it applies to thunder and lightning. If there is 30 seconds or less between lightning strikes or thunder bursts, shelter should be taken for a minimum of 30 minutes. Following this rule would comply with the <u>OYSAN lightning</u> guidelines which are in place to keep everyone safe.

Trust me, I know that inconsiderate loud-mouthed storm can be an inconveince, but as it can be seen in <u>A study on lightning</u>, it could even protect the referee's liability when the rule is followed as required. Think about it, who would you blame if a referee resumed play after 10 minutes, and then your child was struck by lightning?

So... this fall, if one of NRASL's dedicated young referees makes a call to delay the game due to weather. Instead of becoming upset and complaining; consider thanking the referee for keeping the safety of your child and you at the top of their priority list. Once the storm passes... we can all have fun!

See you on the pitch!

Wayne Fox NRASL Commissioner US Soccer Grade 8 Referee / Assignor wcfpjf@gmail.com

#### 2012 FALL RECREATION SEASON DATES:

Online Registration Begins: July 1st

> In Person Sign ups: Was already held

Late Fee (\$25) Registration: 08-13-12 (Online Only)

**Registration Closed:** 08-17-12 is Last Day

FALL Season Begins: September 8th

**FALL Referee Registration** From now until Aug 11th

**Referee Clinic Dates:** August 18<sup>th</sup> 11:30-3:30

#### 2013 SPRING RECREATION SEASON DATES:

Online Registration Begins: <u>To be determined</u>

> In Person Sign ups: <u>To be determined</u>

Late Fee (\$25) Registration: <u>To be determined</u>

> Registration Closed: <u>To be determined</u>

#### **FUTURE LEAGUE DATES**

"SUPPORT THE SPORT" 2012 BALL DRIVE August 10 – September 10

2012 CORNFEST KICKOFF SOCCER TOURNAMENT: August 10 - 12

2013 Community Pride Day: TO BE DETERMINED

> **2013 Family Fun Day:** TO BE DETERMINED

# <u>LET'S TALK TRAVEL</u>

#### FROM THE GIRLS SIDE:

No news at this time.

Jeff Hassler Girls Travel Director jeff.hassler@gmail.com

#### **GIRLS TRAVEL DATES:**

Upcoming Team Announcements: TBDUniform Night: TBDFall Travel Soccer Camp: August 6-9Cornfest Kickoff Tournament: August 10-12Fall Season: August 26<sup>th</sup>, 2012Spring Season: To Be Determined2013 Try Outs: To Be Determined

#### **UPCOMING TOURNAMENT DATES:**

FLAG CITY CLASSIC – Sept 28th COLUMBUS DAY CHALLENGE – Oct 5th



BOYS TRAVEL DATES:Upcoming Team Announcements: TBDUniform Night: TBDFall Travel Soccer Camp: August 6-9Cornfest Kickoff Tournament: August 10-12Fall Season: August 19thSpring Season: To Be Determined2013 Try Outs: To Be Determined

#### FROM THE BOYS SIDE:

The vision of our travel program is to develop players with technically sound abilities for high school competition. Technical ability is driven by the number of touches on the ball, in fact, 1500 touches per week are recommended. Outside of our training sessions, an excellent way to get those touches is to practice Coerver skills. Please have your child use the links found on YouTube as your guide (http://www.youtube.com/watch?v=aQc2HVWoLn4, http://www.youtube.com/watch?v=RwsUBXrq9UQ).

In the spirit of development, NRASL will offer additional training opportunities:

- Chris Moore, our Boy's Technical Director, is offering free goalie clinics for travel players on 9/7,14,21,28 and 10/12 from 6:00-7:00pm (arrive at 5:45) behind the high school. No registration is needed.
- Secondly, we will once again be offering indoor training sessions this winter at a reasonable cost. Please be on the lookout for an initiation to register via email within the next several weeks.

Lastly, feel free to pursue other training opportunities outside of our organization. Both the Soccer Sportsplex in North Olmsted and Force Sports in Rocky River have programs available. See their websites for details (<u>www.soccersportsplex.com</u>, <u>www.force-sports.com</u>). Thanks.

Greg Fry, NRASL Boys Travel Director

# HIGH SCHOOL HOT SPOT



### From the High School Girls Side:

Nothing to report

## From the High School Boys side:

Varsity Season Stats 1-3

@ Westlake 0-4 L
vs. Olmsted Falls 0-1 L
vs. Avon 0-1 L
@ Riverside 5-2 W

## Next Up

@ Lakewood 9/5 @ Amherst 9/10

### JV is 3-1 on the season

Thank-you to all the volunteer ballboys that have helped at our home games.

-Coach Tinsley

# SOCCER WORLD WIDE

## COLUMBUS CREW UPCOMING SCHEDULE

DATE	TIME	HOME		AWAY	VENUE
Sept 5	8:00 ET	New England	VS	Columbus	Gillette Stadium
Sept 15	7:00 ET	New York	VS	Columbus	Red Bull Arena
Sept 19	7:30 ET	Columbus	VS	Chivas USA	Columbus Crew Stadium
			-		
Sept 22	8:30 ET	Chicago	VS	Columbus	Toyota Park
Sept 29	7:30 ET	Columbus	VS	Philidelphia	Columbus Crew Stadium



http://www.thecrew.com/

## **US SOCCER**

DATE	TIME	HOME		AWAY	VENUE
Sept 7	8:00PM	U.S. MEN	Vs	Jamaica	Kingston, Jamaica
Sept 8	6:10AM	U20 Woman	Vs	U20 Germany	Tokyo, Japan
Sept 11	11:00AM	U18 Men	Vs	Netherlands	
Sept 11	8:00PM	US Men	Vs	Jamaica	Columbus Crew Stadium
Sept 16	12:30PM	US Woman	Vs	Australia	Home Depot Center, Carson, CA
Sept 19	8:00PM	US Woman	Vs	Austalia	Dicks Sporting Goods Park, Colorado
Sept 22	6:00AM	U17 Woman	Vs	France	Lankaran, Azebaijan
Sept 25	8:00AM	U17 Woman	Vs	Gambia	Baku, Azerbaijan
Sept 29	8:00AM	U17 Woman	Vs	Korea DPR	Baku, Azerbaijan
Sept 29	10:00AM	U17 Men	Vs	Azerbaijan	
Sept 30	6:00AM	U17 Men	Vs	Georgia	

http://www.ussoccer.com/



#### OTHER GREAT SOCCER WEBSITES:

http://www.concacaf.com/page/Home/0,,12813,00.html - CONCACAF http://www.uefa.com/ - UEFA http://www.premierleague.com/en-gb.html - BARCLAYS Premier League http://www.mlssoccer.com/ - MLS SOCCER http://espn.go.com/sports/soccer/ - ESPN SOCCER http://www.uefa.com/uefaeuro/index.html - UEFA WEBSITE http://www.london2012.com/football/ - 2012 OLYMPICS