**Zenon “Zen” Luzniak** is a U.S. [soccer](http://en.wikipedia.org/wiki/Soccer) [defender](http://en.wikipedia.org/wiki/Defender_(football)) who spent three seasons in the [American Professional Soccer League](http://en.wikipedia.org/wiki/American_Professional_Soccer_League) and two in the [USISL](http://en.wikipedia.org/wiki/USISL). As a member of the United States men’s national soccer team he earned one [cap](http://en.wikipedia.org/wiki/Cap_(sports)) in a 1-0 win over [Costa Rica](http://en.wikipedia.org/wiki/Costa_Rica_national_football_team) on June 14, 1988.

Zen grew up in [Cooper City, Florida](http://en.wikipedia.org/wiki/Cooper_City,_Florida) where he attended [Cooper City High School](http://en.wikipedia.org/wiki/Cooper_City_High_School) from 1980 to 1984. During his four seasons on the Cooper City soccer team, he led the team in scoring. He then attended [Wake Forest University](http://en.wikipedia.org/wiki/Wake_Forest_University) where he played on the men’s soccer team. In his two seasons, 1987–1988, with the Demon Deacons, Zen scored four goals in thirty-seven games. He tore a ligament in his right knee during his junior season and left Wake to rehab with a Netherlands team. When Zen returned to the United States in 1991, he signed with the [Fort Lauderdale Strikers](http://en.wikipedia.org/wiki/Fort_Lauderdale_Strikers_(1988-1994)) of the [American Professional Soccer League](http://en.wikipedia.org/wiki/American_Professional_Soccer_League) and played four seasons with them. He was drafted by the [Tampa Bay Mutiny](http://en.wikipedia.org/wiki/Tampa_Bay_Mutiny) in the thirteen round (127th overall) in the [1996 MLS Draft](http://en.wikipedia.org/wiki/1996_MLS_Inaugural_Player_Draft). However, he never played for the Mutiny, but joined the [Carolina Dynamo](http://en.wikipedia.org/wiki/Carolina_Dynamo) of the [USISL](http://en.wikipedia.org/wiki/USISL) for the 1996 season. He signed with the Dynamo in 1999, but on May 8, 1999, he tore his anterior-cruciate ligament in a game against the [Myrtle Beach Seadawgs](http://en.wikipedia.org/wiki/Myrtle_Beach_Seadawgs).

Zen has gone on to become a youth coach, first with travel teams in south west Florida, and now as the Director of coaching for Englewood Youth Soccer Association.

Zen has also stepped into the role of head coach for the Lemon Bay High school boys’ soccer team.