



LEXINGTON LITTLES RULES



At the start of your scheduled time you will have 20 minutes for practice followed by a game of four 6 minute quarters. *(If the teams were late you may have to shorten the quarters so that they end on time. There may be another game scheduled for that field.)* Breaks will be 2 minutes between quarters & 5 minutes at half time.

Please be sure to start your game on time. Play stops many times in soccer. The clock only stops for injury or to hand out penalties.

Teams will play equal number of players (4v4 3v3). You may share players between teams so the game will be played 4 on 4. Each player in attendance for an entire game shall play a minimum of two quarters. Games will be played at Slack field.

Only 1 coach may be on the field for **each** team. Bring a whistle and a watch. You are the Referees. No hand-balls. No pushing, shoving, or holding. No tripping. No slide-tackling.

A player may not kick the ball while he/she is on the ground. There are **no penalty kicks**.

There are **No Goalies**. Do not post your defenders directly in front of the Goal.

All players must wear shin guards. Soccer cleats or sneakers may be worn, no Baseball cleats. (Baseball cleats have a cleat on the toe.)

A **Free kick** is given if a move that breaks the rules is made (a foul). **Those rules are:** 1) no kicking an opponent; 2) no jumping into opponent; 3) no charging in a violent way; 4) no charging from behind, violent or not; 5) no tripping; 6) no hitting or even trying to hit opponent; 7) no pushing; 8) no holding; 9) no touching the ball with your hand.

🚫 **Throw-in**

Ball goes over the sideline = The other team throws in.

On the throw-in the player must use 2 hands; ball goes behind & over the head while keeping both feet on the ground behind the sideline. Teams cannot score directly from the throw.

Ball must touch another player before it can go into the net.

🚫 **Goal Kick**

Attacker kicks the ball over the end line of field but not a goal = Defending team gets a free goal kick. Place ball in the corner of the goal box and the defender kicks. No attackers allowed in the penalty area. Defenders may be in the penalty area but may not play the ball until it has been touched outside the box.

No one can touch the ball until it leaves the penalty area.

🚫 **Corner Kick**

The ball is sent over the end line but not into the goal by the defenders = Corner kick to the attackers. ***They can score on this shot without anyone touching it.***

IN CASE OF QUESTIONABLE WEATHER:
VISIT THE **LSA** WEBPAGE AT <http://lexsoccer.org>