

2012 Checkers Fitness Shootout - Results

First Name	Last Name	Gender	Gym	Row	Push Press	Ball Slam	KB Swing	Total Score
Bruce	Marko	M	Ballantyne YMCA	29	103	75	92	299
Lorraine	Castle	F	Ballantyne YMCA Crossfit	33	80	84	77	274
Michelle	Crawford	F	Ballantyne YMCA crossfit	24	162	89	98	373
Mike	Dascal	M	Ballantyne YMCA CrossFit	39	73	51	72	235
Kimberly	Dupuis	F	Ballantyne YMCA Crossfit	28	85	62	80	255
Cricket	Herman	F	Ballantyne YMCA Crossfit	36	30	70	90	176
michelle	lopez	F	Ballantyne YMCA Crossfit	20	58	66	87	231
Kelly	madden	F	Ballantyne YMCA Crossfit	26	58	60	64	208
Jeri	Marko	F	Ballantyne YMCA Crossfit	24	27	88	52	191
beth	mohr	F	ballantyne ymca crossfit	28	52	85	66	231
bob	mohr	M	ballantyne ymca crossfit	47	51	74	67	239
Ericka	Morse	F	Ballantyne YMCA Crossfit	28	90	68	74	260
Michael	Najaka	M	Ballantyne YMCA Crossfit	38	81	66	73	258
Ann	O'Dell	F	Ballantyne YMCA Crossfit	40	64	79	65	248
Peter	O'Dell	M	Ballantyne YMCA Crossfit	24	43	46	59	172
Meredith	Ratajczak	F	Ballantyne YMCA Crossfit	29	24	38	26	117
Mo	robinson	F	Ballantyne YMCA Crossfit	25	50	54	63	192
Holly	Ruebusch	F	Ballantyne YMCA Crossfit	23	77	59	82	241
John	Scerri	M	Ballantyne YMCA Crossfit	28	119	75	108	335
Mike	Shannon	M	Ballantyne YMCA Crossfit	32	81	53	82	248
Victoria	Shannon	F	Ballantyne YMCA Crossfit	35	57	90	71	253
Meredith	Warren	F	Ballantyne YMCA CrossFit	38	47	64	42	191
Jeana	Bader	F	Checkers	19	19	51	52	141
Matthew	Helton	M	Checkers	37	67	34	70	208
Marty	Lorkowski	M	checkers	39	82	83	82	286
Aaron	Smith	M	Crossfit 77	53	86	65	77	281
Boomer	Alred	M	CrossFit Charlotte	45	81	87	81	294
Arlene	Auger	F	Crossfit Charlotte	39	40	69	70	228
Lori	Badgley	F	Crossfit Charlotte	38	49	74	80	241
Jeff	Barnett	M	Crossfit Charlotte	51	93	81	74	299

First Name	Last Name	Gender	Gym	Row	Push Press	Ball Slam	KB Swing	Total Score
David	Bowman	M	Crossfit Charlotte	72	51	80	76	279
Jacob	Burns	M	Crossfit Charlotte	40	96	74	94	304
Taryn	Burns	F	Crossfit Charlotte	43	66	87	73	269
Jason	Caenepeel	M	Crossfit Charlotte	52	73	68	72	265
Brandy	CLEMMER	F	CrossFit Charlotte	33	59	64	51	207
greg	clemmer	M	CrossFit Charlotte	63	103	75	78	319
Greg	Clewis	M	CrossFit Charlotte	54	69	75	71	269
Rob	Dayton	M	CrossFit Charlotte	30	62	57	73	222
pamela	gagnon	F	CrossFit Charlotte	34	114	86	78	312
Dave	Guitano	M	Crossfit Charlotte	51	54	58	50	213
Greg	Kischer	M	CrossFit Charlotte	37	67	62	67	233
Nicholas	Knutson	M	crossfit charlotte	58	89	69	71	297
Michael	Nelson	M	Crossfit Charlotte	76	111	85	89	358
Boyd	Overman	M	Crossfit Charlotte	40	64	63	66	233
ALIA	PAIGE	F	CrossFit Charlotte	34	49	72	64	219
Matt	Rushing	M	Crossfit Charlotte	52	87	80	80	299
Jenneane	Tillman	F	Crossfit Charlotte	34	106	64	76	280
Todd	Walling	M	Crossfit Charlotte	51	68	63	65	247
Alissa	Whaley	F	Crossfit Charlotte	38	57	83	76	254
Chris	Brown	M	CrossFit Dilworth	72	124	87	109	392
Naomi	Decker	F	CrossFit Dilworth	25	63	51	49	188
Brittany	Dickinson	F	Crossfit Dilworth	31	63	61	55	220
Brendan	Foley	M	CrossFit Dilworth	43	133	93	111	380
Ward	Gibson	M	CrossFit Dilworth	39	91	62	85	277
brandon	hedrick	M	Crossfit Dilworth	50	154	88	88	380
gracie	lambeth	F	Crossfit Dilworth	34	89	67	79	269
Eric	Liebich	M	Crossfit Dilworth	57	105	63	73	298
Austin	Alexander	M	Crossfit Eternal	60	66	84	79	289
Ian	Backes	M	Crossfit Eternal	33	34	54	72	193
Frank	Binkiewicz	M	CrossFit Eternal	41	92	67	83	283
Justin	Bridgman	M	CrossFit Eternal	50	86	69	84	289
Matthew	Cagnetta	M	CrossFit Eternal	55	92	53	86	283

First Name	Last Name	Gender	Gym	Row	Push Press	Ball Slam	KB Swing	Total Score
Stephanie	Fiore	F	Crossfit Eternal	33	42	72	59	206
Jessica	Fischli	F	Crossfit Eternal	38	63	76	67	244
Seth	Lingafeldt	M	CrossFit Eternal	36	116	68	94	314
Kelly	Long	F	CrossFit Eternal	36	37	53	70	196
Jacalyn	McCutchen	F	Crossfit Eternal	34	25	72	47	178
Lee	Monk	F	Crossfit Eternal	27	66	73	90	256
Jennifer	Richfield	F	CrossFit Eternal	22	40	46	57	165
Reid	Strickler	M	CrossFit Eternal	68	73	76	83	300
Kevin	Steele	M	Crossfit Harrisburg	48	56	48	80	232
Beth	Bolick	F	Crossfit Hickory	31	63	81	88	265
Casey	Bolick	M	CrossFit Hickory	41	108	80	98	327
Beth	Curtis	F	CrossFit Hickory	34	55	71	90	250
Vinnie	Curtis	M	CrossFit Hickory	48	91	81	83	303
Kelly	Brock	F	CrossFit Indian Trail	22	79	68	64	233
Russ	Brock	M	CrossFit Indian Trail	32	103	63	81	279
Lauren	Caruso	F	Crossfit Indian trail	33	67	79	62	241
Paul	Caruso	M	Crossfit Indian trail	39	75	74	79	267
Erin	Hershey	F	Crossfit Indian trail	35	85	61	80	261
joe	jackson	M	crossfit indian trail	69	96	72	96	333
Jamie	Mayo	F	CrossFit Indian Trail	36	85	75	67	263
Shawne	Scott	F	CrossFit indian Trail	27	54	80	88	251
Carmen	Smith		CrossFit Indian Trail	56	59	87	66	268
Amanda	Teague	F	CrossFit Indian Trail	25	74	75	64	238
Bryan	Teague	M	CrossFit Indian Trail	34	53	60	80	227
Robert	D'Aveta	M	CrossFit LKN	33	55	52	73	213
jennifer	floyd	F	crossfit lkn	36	56	72	52	216
Christine	Pulley	F	Crossfit LKN	32	82	82	65	261
Stephanie	Campbell	F	Crossfit Monroe	28	55	69	81	233
Timothy	Ferry	M	Crossfit Monroe	29	40	69	61	199
Sarah	Melton	F	Crossfit Monroe	24	54	56	59	193
Erika	Scocco	F	Crossfit Monroe	37	60	60	56	213
Crystal	Trawick	F	Crossfit Monroe	33	58	74	60	230

First Name	Last Name	Gender	Gym	Row	Push Press	Ball Slam	KB Swing	Total Score
Sam	Trawick	M	Crossfit Monroe	47	43	68	62	220
Kevin	Brafford	M	CrossFit NoDa	53	120	85	90	348
Abby	Lackey	F	Crossfit noda	37	46	73	39	215
Patrick	Williams	M	CrossFit NoDa	28	46	38	69	187
Christopher	Yandle	M	Crossfit NoDa	48	48	76	57	229
Jason	Bright	M	CrossFit Northlake	46	99	89	91	325
Lou	Callejas	M	CrossFit Peerless	45	128	82	84	339
Julia	Hartman	F	Crossfit Peerless	34	86	82	79	281
Stephen	Hartman	M	Crossfit Peerless	61	67	82	76	286
Miguel	Nieto	M	CrossFit Peerless	31	71	83	89	274
Alex	Pastrana	M	CrossFit Peerless	40	58	77	56	231
Cristian	Pastrana	M	CrossFit Peerless	27	63	60	67	217
Ricardo	Ramirez	M	crossFit peerless	48	57	104	64	243
Susan	Burke	F	Crossfit QC	24	60	51	47	176
Baryn	Haas	M	CrossFit QC	40	131	67	96	334
Melissa	Magann	F	CrossFit QC	31	82	56	141	223
Heather	Nussbaum	F	Crossfit QC	30	62	64	60	216
Jamie	Talbert	F	Crossfit QC	32	70	66	62	230
Erica	White	F	CrossFit QC	43	40	61	38	182
Brittany	Wilson	F	CrossFit QC	32	57	54	45	188
Ben	Condron	M	Crossfit Queen City	70	73	74	69	286
Mark	Corral	M	CrossFit Queen City	37	77	52	66	232
Daniel	Spaulding	M	CrossFit Rifles	57	69	68	70	264
Jason	Layman	M	Crossfit Rock Hill	51	108	80	77	316
Dan	Martinez	M	Crossfit Rock Hill	45	91	72	96	304
Krysta	Martinez	F	CrossFit Rock Hill	43	80	78	68	269
Patrick	Mitrovich	M	CrossFit Rock Hill	58	117	82	83	340
Lisa	Sayle	F	CrossFit Rock Hill	36	53	70	63	222
Thomas	Sayle	M	CrossFit Rock Hill	49	75	63	90	279
Casey	Smith	F	Crossfit Rock Hill	31	60	62	80	233
Anson	Castelvecchi	M	Crossfit Rowan	36	51	56	50	193
Peter	Arnold	M	Crossfit S3	44	70	79	89	282

First Name	Last Name	Gender	Gym	Row	Push Press	Ball Slam	KB Swing	Total Score
Andrea	Elliott	F	CrossFit S3	32	57	65	67	221
STEFAN	FENCL	M	CROSSFIT S3	62	56	92	80	290
William	Joyce	M	Crossfit s3	51	88	64	94	297
Kirby	LaForce	M	Crossfit S3	54	64	86	76	280
Stefani	McCoy	F	CrossFit S3	33	79	73	79	262
Colleen	McDonough	F	Crossfit S3	39	42	90	89	260
Bradley	Powers	M	Crossfit S3	41	67	61	73	242
Andrew	Staley	M	Crossfit S3	38	92	78	83	291
Buffy	Utz	F	Crossfit S3	27	82	82	89	290
Eric	White	M	Crossfit S3	48	124	88	88	348
Ralph	Geesey	M	Crossfit Southend	48	147	80	97	372
nicole	hollis	F	crossfit southend	30	98	78	82	286
Matthew	Richards	M	Crossfit Southend	48	160	82	111	401
Gwen	Headington	F	Crossfit Steel Creek	48	61	88	76	273
shelly	kinney	F	crossfit steele creek	24	44	58	66	192
Stephen	Alexander	M	Crossfit Steele Creek	36	82	78	84	280
David	Ballauer	M	Crossfit Steele Creek	24	45	51	69	191
Christian	Disher	M	CrossFit Steele Creek	32	86	66	66	250
Kellie	Disher	F	CrossFit Steele Creek	27	56	62	59	204
Nick	Frega	M	Crossfit Steele Creek	56	57	65	79	258
Andrea	Hilderbrand	F	Crossfit Steele Creek	36	62	92	70	260
Renee	Jenkins	F	CrossFit Steele Creek	38	32	71	65	206
timothy	kinney	M	crossfit steele creek	42	56	115	80	293
Natividad	Lewis	F	CrossFit Steele Creek	33	56	50	64	203
Tiffany	Pace	F	Crossfit Steele Creek	34	25	73	62	194
Donna	Philbeck	F	CrossFit Steele Creek	24	66	65	80	235
Robert	Rudisill	M	Crossfit Steele Creek	45	54	80	83	262
Pamela	Scovill	F	Crossfit Steele Creek	27	59	61	60	207
Kate	Siegel	F	CrossFit Steele Creek	50	33	63	59	205
Mike	Sykes	M	CrossFit Steele Creek	38	71	73	106	288
Jennifer	Wilken	F	Crossfit Steele Creek	30	84	72	81	267
Deuce	Wright	M	Crossfit Steele Creek	59	138	78	76	296

First Name	Last Name	Gender	Gym	Row	Push Press	Ball Slam	KB Swing	Total Score
Megan	Reeh	F	CrossFit Steelescreeke	24	88	76	78	267
Sharon	Crook	F	CrossFit Strength	36	40	71	57	204
Bridget	Fondo	F	Crossfit Strength	46	72	79	77	274
Andrew	Hudson	M	CrossFit Strength	43	85	82	71	281
Jonathan	McDermott	M	Crossfit Strength	40	65	80	70	265
Jennifer	Wolf	F	Crossfit Strength	26	83	87	71	267
Derrick	Arledge	M	CrossFit Vitality	38	89	84	81	292
Ginger	Holloway	F	Crossfit Vitality	35	61	80	90	266
Hurl	Holloway	M	Crossfit Vitality	30	38	39	71	177
Ryan	Horn	M	Crossfit Vitality	54	95	76	89	314
Derick	Pegram	M	Crossfit Vitality	37	51	63	84	235
Amy	Peterman	F	Crossfit Vitality	37	37	64	66	204
Jessica	Pinkerton	F	CrossFit Vitality	47	82	103	83	315
Les	Watson	M	Crossfit Vitality	47	52	80	76	255
Robyn	Watson	F	Crossfit Vitality	22	38	55	70	185
Kyrie	Weant	F	Crossfit Vitality	38	66	83	76	263
Jake	Blau	M	CrossFit Voltage	52	88	87	83	310
Timothy	Caso	M	CrossFit Voltage	42	64	83	77	266
Kevin	Beilke	M	Crossfit Weddington	51	48	69	60	228
Tracey	Buckingham	F	Crossfit Weddington	35	59	97	78	264
Jennifer	Cesaro	F	Crossfit Weddington	42	40	88	61	231
sarah	erickson	F	CrossFit Weddington	32	42	53	73	194
Erin	Frankovich	F	Crossfit Weddington	37	71	51	70	229
Greg	Hopkins	M	Crossfit Weddington	47	37	68	70	222
Keith	Kandrack	M	Crossfit Weddington	47	110	85	90	322
Darice	Klein	F	CrossFit Weddington	28	19	60	69	176
hayden	lancaster	M	crossfit weddington	48	115	78	101	372
Carlos	Lopez	M	Crossfit Weddington	62	93	60	68	285
Frank	Mitsos	M	Crossfit Weddington	39	59	75	84	257
Tom	O'Donoghue	M	Crossfit Weddington	34	100	56	78	268
Mark	Ouellette	M	CrossFit Weddington	60	55	63	55	233
Lindsey	Pagano	F	CrossFit Weddington	43	65	86	83	277

First Name	Last Name	Gender	Gym	Row	Push Press	Ball Slam	KB Swing	Total Score
Kevin	Patton	M	Crossfit Weddington	32	48	62	88	230
Sondra	Patton	F	Crossfit Weddington	36	51	64	56	207
Daniel	Reese	M	CrossFit Weddington	42	45	68	73	236
Greg	Roach	M	CrossFit Weddington	53	69	87	78	287
Keri	Sibley	F	Crossfit Weddington	33	42	66	56	197
Hannah	Stokes	F	CrossFit Weddington	35	43	51	58	207
Stephen	Stokes	M	CrossFit Weddington	42	85	75	86	288
Cory	Worf	M	Crossfit Weddington	55	95	80	81	311
Nicole	Young	F	Crossfit weddington	37	37	56	64	194
Robert	Young	M	Crossfit Weddington	42	80	95	77	294
Matthew	Zielke	M	CrossFit Weddington	48	107	67	78	300
Carmen	Garcia	F	Crossfit-Monroe	46	108	58	96	157
Julia	Nichols	F	crossfit-monroe	25	66	67	59	217
Cristina	Ibello	F	Energy Charlotte	39	46	75	70	230
Chris	Plyler	M	Fitness factory	47	100	73	98	318
Colleen	Beamon	F	Fort Mill Crossfit	30	28	75	42	175
Christy	Dunson	F	Fort Mill CrossFit	39	52	71	53	215
John	Shepherd	M	Harris YMCA	42	94	68	82	286
Allison	Buchy	F	Harris YMCA Crossfit	41	32	72	54	199
Phil	Buchy	M	Harris YMCA Crossfit	52	72	74	79	283
Drew	Hammond	M	Harris YMCA CrossFit	119	91	82	357	65
Brendan	McNeirney	M	Harris YMCA CrossFit	43	120	87	111	361
Kate	Jenis	F	Metro CrossFit	40	94	82	73	282
Melissa	Murphy	F	Metro CrossFit	46	95	86	52	279
Kevin	Jones	M	Morrison YMCA	54	46	68	63	231
David	Mobley	M	N/A	48	56	67	69	240
Jacob	Baertlein	M	N/A - Charlotte Athletic Club	62	85	54	76	277
Joshua	Carter	M	No Quit Crossfit	47	83	78	73	281
John	Pasquarello	M	None	59	146	86	108	399
Tony	Pasquarello Jr.	M	None	70	103	90	93	356
Billy	Etter	M	Personal Gym	42	71	83	74	270
Tiffany	Black	F	South Charlotte CrossFit	30	26	78	49	182

First Name	Last Name	Gender	Gym	Row	Push Press	Ball Slam	KB Swing	Total Score
Patrick	Grogg	M	south charlotte crossfit	45	68	100	71	284
Chris	Carey	M	Ultimate Crossfit	67	111	84	90	352
Erin	Jedlikowski	F	Ultimate Crossfit	43	55	89	69	256
Susan	Manassah	F	Ultimate Crossfit	40	52	84	71	247