

## Indiana Synergy Levels of Development

Direct control of development from ages 6 through 18 is important at both levels. Our goal with this structure is to create the next level of softball development by housing these teams under one roof to maximize developmental opportunities for all players. This comprehensive structure offers year-round training from experienced coaching professionals. Players develop by learning skills and strategies at appropriate age and skill levels. Each player trying out will be offered an opportunity to join at least one of the following programs.

### **Academy**

This is the top level. Players on this team will compete against the best talent in the state, regionally, and nationally. Coaches focus on educating players to reach their potential on and off the field. Whether it is to become a high school standout, college player, or become the best player possible the Academy team fosters the next step in softball development. This level requires a committed player and family.

### **Elite**

The Elite player is inspired with a similar ambition as the Academy level player but cannot commit to the demands of the Academy level. This level competes locally and throughout the state. Player will look to advance themselves to the academy through individual play (players have the opportunity to move up) or team play (teams may advance to more competitive tournaments). Coaches focus on educating elite level players to advance their skills and meet their potential.

### **Practice Player**

Players that do not want to commit to the Academy or Elite levels of play may join as a practice player. A practice player will participate in practicing with the Academy or Elite teams as determined by the players' skill level and coaching staff decision. Practice players benefit from a year-round practice schedule and training from travel coaches without the commitment of a demanding game schedule.

### **Plex All-Stars Winter Clinics**

Another developmental opportunity for players not ready to practice with the travel teams. In this clinic program players are exposed to a travel practice environment to challenge and ultimately develop their skills into a travel ready player. Travel coaches are there every week to provide coaching and instruction.

### **Individual Skills Clinic**

Coaches will be available to individual hitting, pitching, and catching clinics.