



***Soccer  
Starts  
Here***

# We are Centerville Soccer!



**CENTERVILLE  
RECREATIONAL**





# CENTERVILLE RECREATIONAL

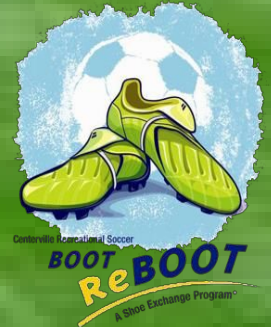
As an affiliate of the Columbus Crew's Youth Development System, we can both expand and enhance the opportunities made available to our members.

By becoming part of one of the most innovative and comprehensive player development systems in the country, our program provides outstanding instruction, exposure, opportunity and experience, as each player in the organization benefits from Crew coaching connections at every level of the Club.

Following a consistent philosophy and age appropriate curriculum throughout the affiliate network and a commitment to continuing education for all Crew Juniors coaches.

# Recreational Programs

- Spring Season
- Spring Crew Soccer Rocks Event
- Fall Season and Tournament
- High School – Spring and Fall
- Recreational Summer Camp
- BOOT/ReBOOT Shoe Exchange Program
- Party on the Pitch
- Winter Indoor Futsal



# Spring 2017 - Key Dates

- Parent/Coaches Meeting – March 21st – 7:00 pm
- Coaches Training / Pick Up Event (uniforms/coaches bags, referee money) – April 1st
- Referee Field Training/Scrimmage Games – April 1st
- Practice May Begin – As soon as rosters are released
- Games Begin – April 8th (U6-U14)  
(Start date depends on approval from CWPDP of Spring season schedule.)
- Games/Sessions Begin – April 11th (U4/U5)
- HS First Games – April 9th
- Mini Camp Trainings Begin – April 10<sup>th</sup>
- Picture Day – April 29<sup>th</sup> (schedule to be published soon)
- Columbus Crew Soccer Rocks – May 16th or 23rd (Crew to determine)
- Last Day of School - May 25th
- No Games – May 29th      Memorial Day Weekend
- Last Games – June 10th
- Games may be cancelled/rescheduled due to inclement weather. The first cancelled game will not be rescheduled; subsequent games will be.



# U4 Program



- 2 sessions
- Sessions lead by Trainers
- Dutch Style Soccer
- No Teams
- Learning fundamentals
- Developing foot skills with trainers



# Division Practices

- Coaches determine practice time & locations
- Practice times per session/Number per week
  - U5/U6: 30 - 45 min. max (1 day per week)
  - U7/U8: 45 - 60 min. max (1 day per week)
  - U10/U12/U14: 60 - 90 min. (1-2 days per week)
- Coaches have pre-plans available and run practices that are developmentally appropriate

# Coaches Required Courses

- Kid Safe – Risk Management Form
- NFHS – Concussion Course – 30 minute online
- **Mandatory that coaches to complete both courses**
  - Email your completed certificate to our compliance coordinator Anna Yarnal at [anna.yarnal@centervillesoccer.com](mailto:anna.yarnal@centervillesoccer.com)

Both of these links can be found in the “**Coaches Corner**” section of our site ([www.centervillesoccer.com](http://www.centervillesoccer.com)).

BOTH courses **MUST** be completed before you have any contact with our recreational players.

Rosters will not be released until above requirements are met.



# Practice Locations

Our soccer club will be utilizing the parks along with other community organizations. All of the Centerville-Washington Township Parks are public, and are first come, first serve, and cannot be reserved. Please try to work together.

Most community parks do not have goals but rather a large amount of green space. Not every practice or team needs a goal.

**Main Practice Location is Iron Horse in the north part of Centerville off Whipp Rd requested of us by the CWPD**

## Others Parks In CWPD:

Beechwood Springs

Green Park

Quail Run

Wagon Trail

Village South

Stubbs Park (City of Centerville Park)

Watts Middle School (Centerville City Schools)

Cherry Hill

Little Mount

Rosewood

Waterbury Wood

Concept Park

Manor Park

Red Coach

Willowbrook

**NO PRACTICES ARE PERMITTED AT OAK GROVE.**

# High School League

## Spring/Fall High School League

- 2 Divisions
  - Minors – Freshmen and Sophomores
  - Seniors – Juniors and Seniors

**NOTE:** These divisions are combined when there aren't enough players

- Tentative start day April 9 running through May 28
- 6 week season with All Star Game
- Games on Sundays at Oak Grove
- Registration closes March 24th

# Trainings, Scheduling and Make-Ups

David Ashdown  
Rec Scheduler

Works with CWPD to create game schedule, field usage for trainings and make ups.

David is our one point of contact with the Parks District. Keeps the master schedule.

Please do not call the Parks District to re-schedule games due to conflict or make-ups.



# Mini-Camp Training Format

- 4-5 Trainers per age group
- “Training Stations” format
- Each age group will be broken into groups of 12-15 players
- Each player will spend 10-12 minutes at a station, then change
- Each session will end with a small sided game/scrimmage that is appropriate to the age
- Team coaches are welcome to participate and help
- Players should wear team uniforms

# Who Plays Where?

Oak Grove is Broken down into different sections for different field sizes.

40's fields (includes #39) – West side as you drive in from Social Row. Mostly played by U8-U12.

50's fields – centrally located in the middle of Oak Grove. These are 11v11 fields – U14 & High School

60's field – East side of park, abuts Gebhart Road. Used by U5-U8.

Please note that is unlawful to park along Gebhart Road.



New Recommendations from the US Soccer Federation with respect to eliminating heading the ball for players under age 12



# Safety Plans

- Concussion Awareness – Coaches Education – Return to Play It's the law.
- Weather
  - Thunder / Lightning – 30 minute policy – Must be under a shelter or in a vehicle. Standing on the sidewalk or the side of the field is not acceptable. This includes all functions with Centerville Rec Players
    - Games / Mini-Camps
    - Practices
- Field Conditions and Goals (do not hang on goals)
- Traffic Safety – Lots of moving cars and kids
- Injury / Sports Team First Aid Kits / Ice Packs in Coaches Bags
- Player Equipment
  - Shin Guards Are Required Under Socks
  - No earrings or bracelets
  - No front toe or metal cleats (no Football or Baseball Style)
  - No casts of any type or ridged splints or braces of any type

# Concussion Signs & Symptoms

- Athletes do not have to be “knocked out” to have a concussion. In fact, less than 1 out of 10 concussions result in loss of consciousness. Concussion symptoms can develop right away or up to 48 hours after the injury.

## **Signs Observed by Parents of Guardians:**

- Appears dazed or stunned.
- Is confused about assignment or position.
- Forgets plays.
- Is unsure of game, score or opponent.
- Moves clumsily.
- Answers questions slowly.
- Loses consciousness (even briefly).
- Shows behavior or personality changes (irritability, sadness, nervousness, feeling more emotional).
- Can't recall events before or after hit or fall.

# Concussion Signs & Symptoms (cont.)

## **Symptoms Reported by Athlete:**

- Any headache or “pressure” in head. (How badly it hurts does not matter.)
- Nausea or vomiting.
- Balance problems or dizziness.
- Double or blurry vision.
- Sensitivity to light and/or noise
- Feeling sluggish, hazy, foggy or groggy.
- Concentration or memory problems.
- Confusion.
- Does not “feel right.”
- Trouble falling asleep.
- Sleeping more or less than usual.

*Information taken from <http://www.healthy.ohio.gov>*

**All of our coaches are given concussion cards for their bags to recognize signs and symptoms**

**Centerville Rec Soccer does not take responsibility for parents who refuse, at their own discretion to NOT have players evaluated by professionals if a concussion is suspected**

# **John McKeny**

## Head Referee



[referee@centervillesoccer.com](mailto:referee@centervillesoccer.com)

# Our Referees

- Vital to our game
- They deserve support and encouragement
- Most are teenagers
- New referees per season
- 12 hours of intense classroom training
- Required to pass 100 question exam
- Preseason on-field training

# Technical Trainers

## Nate Bias

Coordinator of player development, training staff and special training-based events

- Manages all training staff
- Developing Coaches Corner with age group specific training
- Training program outlines by division
- Training tips online in Coaches Corner
- Futsal Chair
- Adult Summer League Chair



# Training Staff

Some of our training staff include:

Nate Bias - All Ohio from Kettering Fairmont, played for Lake Erie College, and plays for Dayton Dynamo

Kelsey Sedlock - Beaver Creek HS, plays at Wright State in her junior year

Tyler Washington - Xenia HS, played for WVA, Latorps FC in Sweden, and now plays with the Dayton Dynamo

Trae Collins - Carroll HS, with 4 state championships. Attended Cincinnati State

# Soccer Rocks

- Long standing relationship with the Columbus Crew SC
- Largest and longest-running Soccer Rocks event
- On field, interactive experience with Crew SC Players, playing side by side with Rec players
- Players wear uniforms, divided by divisions and grouped with Players
- Night ends with player autograph session (one item)





# CENTERVILLE RECREATIONAL TRAINING CAMP



## Summer Camp July 24 - 28 2017

Dates subject to change with park availability

9am-11am  
Oak Grove Park  
\$75

(included soccer ball & camp shirt)

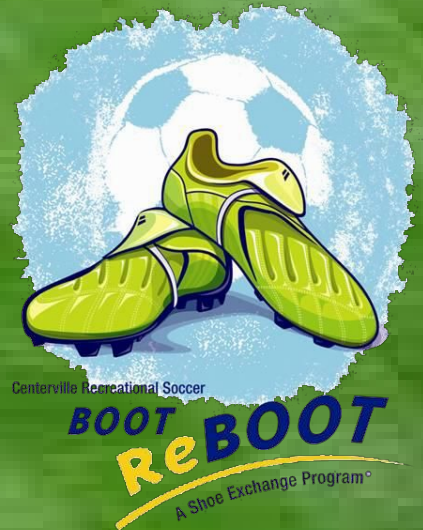


Friday Fun Day

# BOOT/ReBOOT

## Shoe Exchange Program

- Donate gently used cleats and shin guards and take a pair when your child needs a new size
- Check our inventory before buying a new pair
- 8 years for this highly successful program
- Reached milestone with over 700 exchanges
  - Over \$17,500 savings for Rec families based on \$25/shoes



# Party on the Pitch

- Family Fun Night at Oak Grove
- Large 20' Movie Screen shown on stadium field
- “Blanket Zone”, bring a chair or sit in the bleachers
- On-field activities
- Movie shown rain or shine

Dates to Be Determined





# Interested In Being a Board Member?

## We Need You!

No Soccer background needed. We have a fun time organizing our highly successful league and working with kids.



**CENTERVILLE  
RECREATIONAL  
BOARD**



# Board Membership

## 3 Levels of Participation

1. Active Board – voting member
2. Associate Board Member – non-voting
3. Volunteer Committee Member

Please e-mail us ([info@centervillesoccer.com](mailto:info@centervillesoccer.com)) if interested or for more information.

# Commissioners - Spring 2017

Division	Commissioner	Email
U5 B	Anna Yarnal	yatakimou@gmail.com
U5 G	Anna Yarnal	yatakimou@gmail.com
U6 B	Jennifer Kirts	kjkirts99@yahoo.com
U6 G	Jennifer Kirts	kjkirts99@yahoo.com
U7 B	Michael Durand	paradocs@ameritech.net
U7 G	Michael Durand	paradocs@ameritech.net
U8 B	Jamey Lankford	jhlank1010@yahoo.com
U8 G	Jamey Lankford	jhlank1010@yahoo.com
U10 B	JT McKeny	j.mckeny@gmail.com
U10 G	Daniel Garman	daniel.garman@centervillesoccer.com
U12 B	Christina Frost	christina.frost@centervillesoccer.com
U12 G	Christina Frost	christina.frost@centervillesoccer.com
U14C	Todd Schluter	thetodd@woh.rr.com

# Help us keep our fees the lowest in town

- Kroger Rewards #84948
- Very easy to sign up
- Does not affect fuel points
- Helps our program develop new programs and buy training equipment



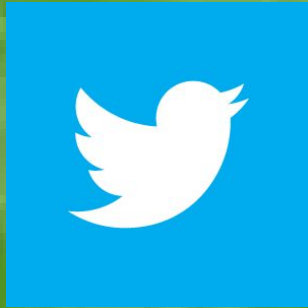
## Other ways we keep fees low:

- Fundraising at local establishments, roaming concession cart, spirit wear sales
- Utilize Blue Sombrero site for registration – it is a free service available to us
- Simple donations - We are a 501(c)3 – donations can be deducted from your taxes

# Communications

- Mass Emails through Blue Sombrero which can be directed down to specific teams or the program as a whole
- Text system through Blue Sombrero
- Website: [www.centervillesoccer.com](http://www.centervillesoccer.com)

# Social Media



Centerville Rec Soccer  
@centrecsoccer



[www.facebook.com/](http://www.facebook.com/CentervilleRecreationalSoccer)

CentervilleRecreationalSoccer



**Please  
Remember...**

**Our organization  
is 100% volunteer  
driven.**

**It's for the kids &  
the love of the  
game!**





# Future Programs

To fulfill the needs of our soccer community Centerville Rec Soccer are partnering with CWPD to offer

- Summer Adult League Forming for 2017  
U18 and up

Further information forthcoming  
on our website





We love our four legged family members,  
whatever shape or form they come in.

CWPD offers one of the best dog parks in the area

Please visit the Dog Park rather  
than bring you dog with you to your  
soccer match for safety reasons.



Please visit the dog park, rather than games, and  
please don't leave your pets in the hot car



**Thanks for Playing  
Centerville Rec Soccer  
Have a Great Season!**



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